


# 2020 Update on ER and PR Testing in Breast Cancer

Megan Troxell, MD/PhD



**Stanford**  
MEDICINE | Pathology

**ISIMm**   
International Society for IHC  
and Molecular Morphology

# Objectives

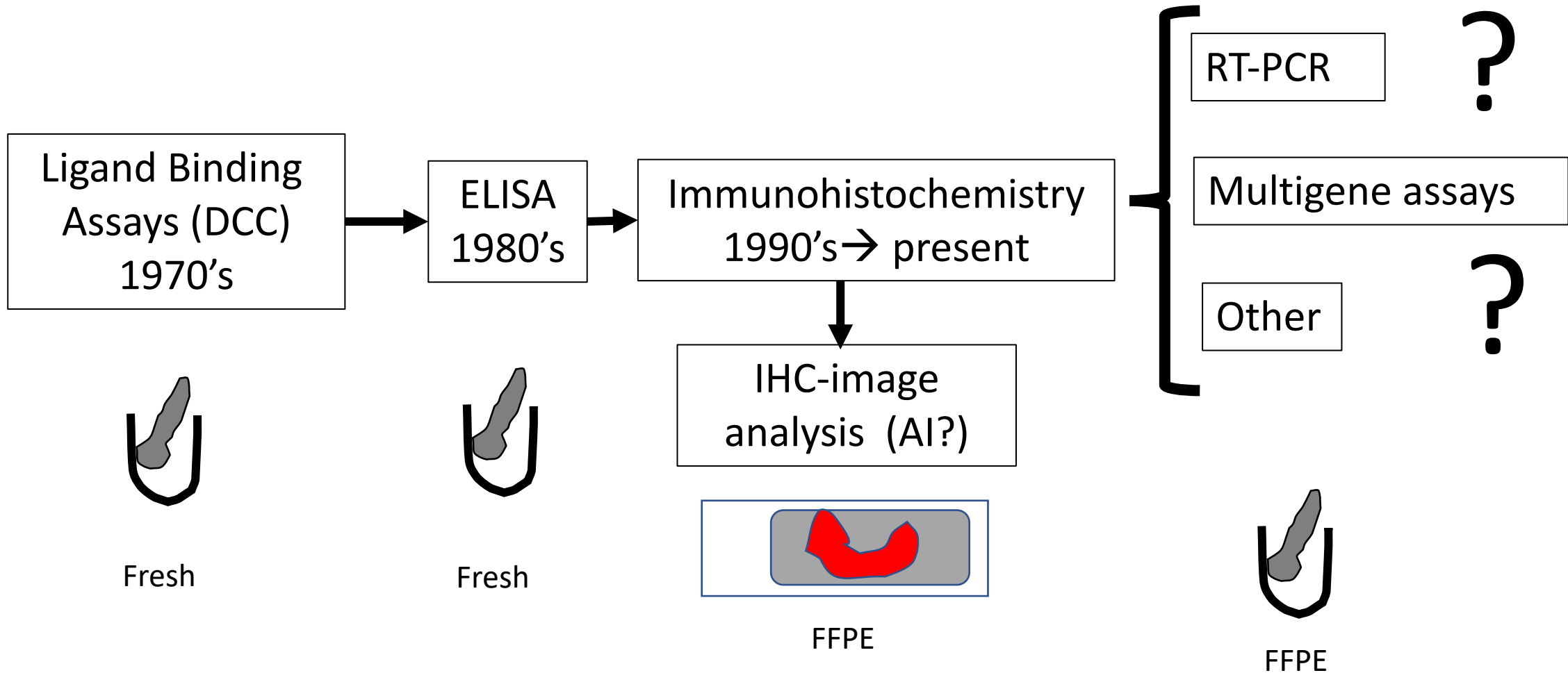
- Recognize the role of ER as both a prognostic and predictive marker
- Describe the criteria and clinical implications for the newly proposed ER 'low positive' category
- Apply and evaluate recommended external and internal controls
- Recognize discordant ER and PR as informed by breast cancer morphology

# Prognostic & Predictive markers in breast cancer

<b>Feature</b>	<b><u>Prognostic:</u> general outcome</b>	<b><u>Predictive:</u> response to specific therapy</b>
Estrogen receptor (ER)	ER+ tumors less aggressive	ER+ tumors respond to anti-hormonal therapy
HER2	HER2+ tumors more aggressive	HER2+ tumors respond to anti-HER2 Rx
Recurrence score (if ER+)	Low recurrence score less aggressive	Low recurrence score less benefit from cytotoxic chemotherapy

# ER: The first predictive marker

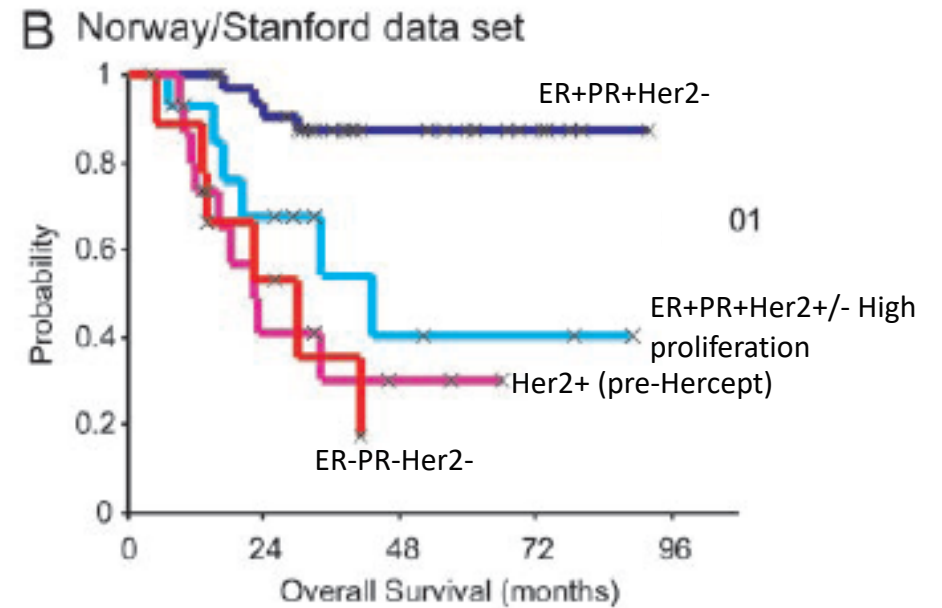
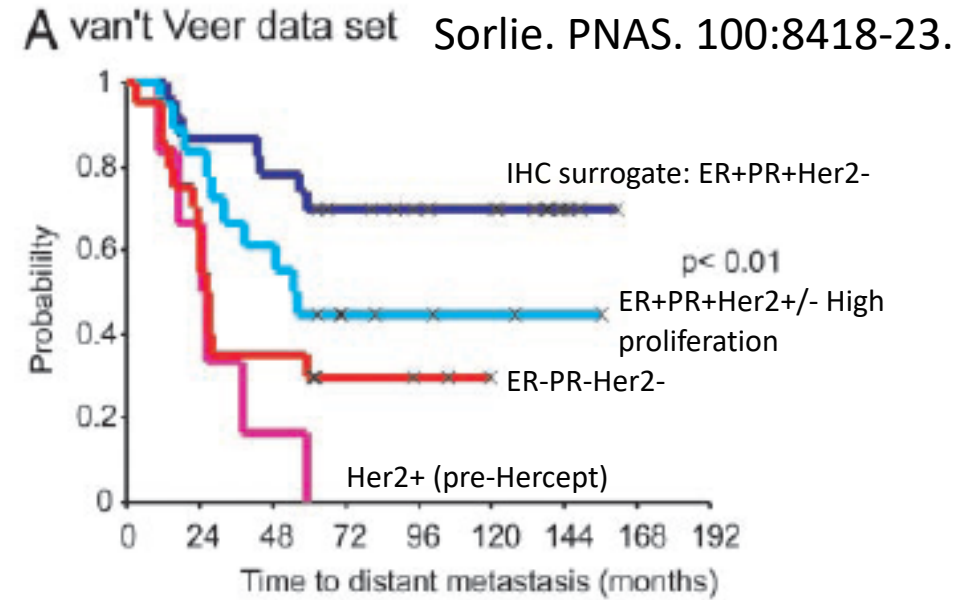
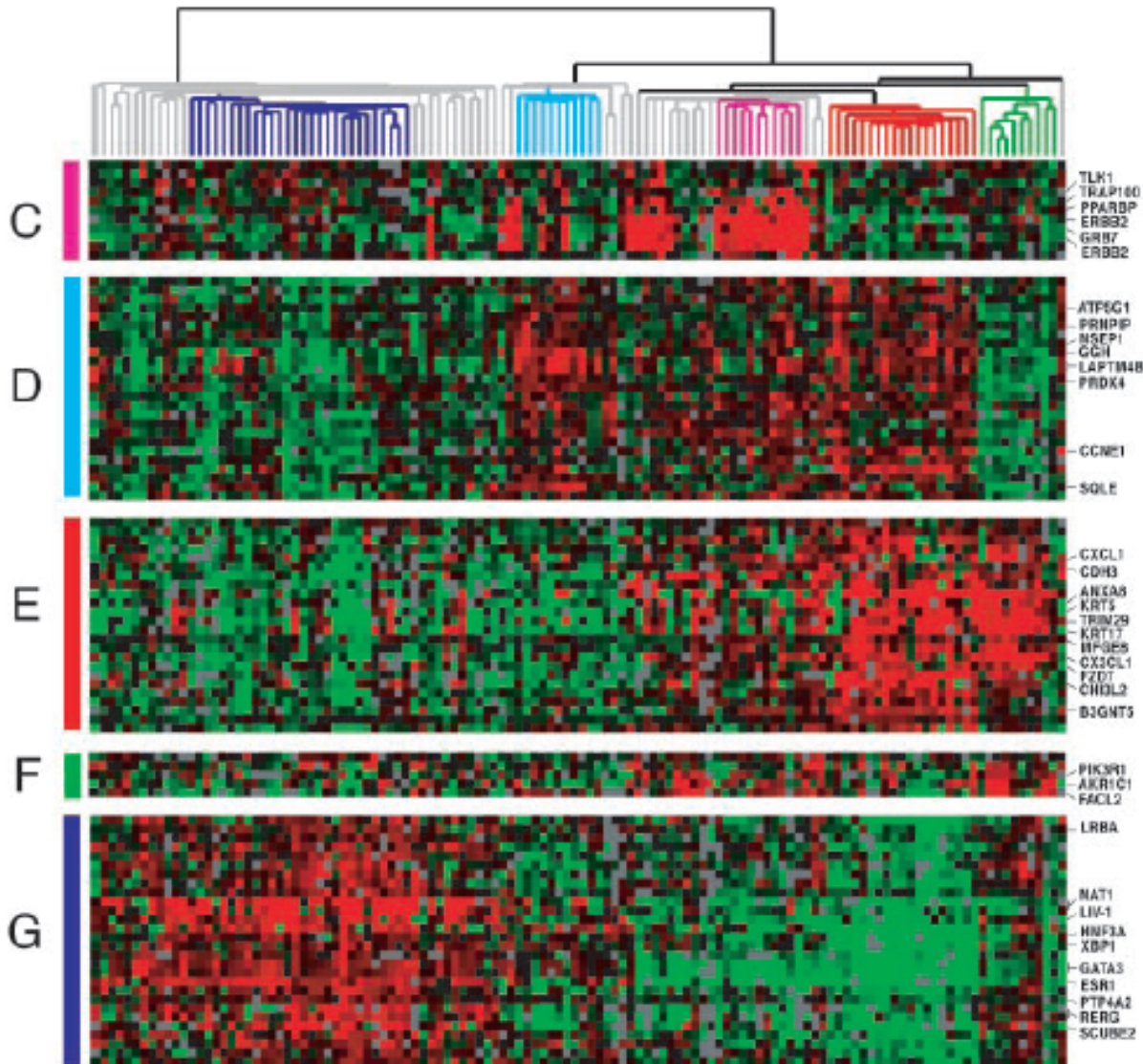
Molecular era



**“No other assay types are recommended as the primary screening test for ....predicting benefit from endocrine therapy”**

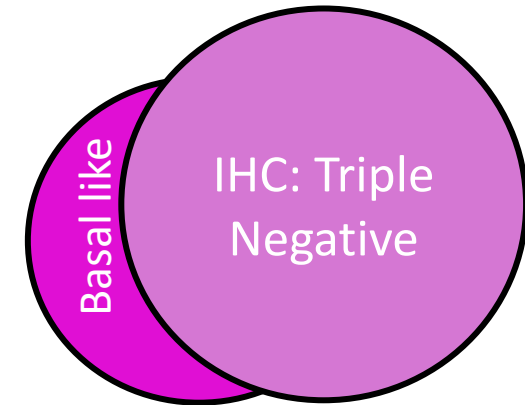
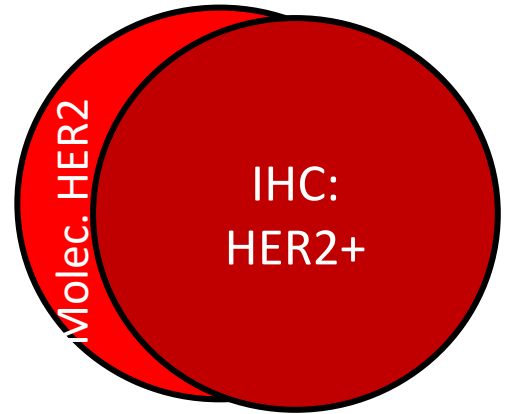
# Gene Expression Profiling

Molecular (intrinsic) subtypes:  
luminal, HER2, basal



# Correlation of Breast Cancer Molecular Subtypes with Clinicopathologic Features

Molecular Subtypes:	Basal	HER2-E	Luminal B	Luminal A
% of breast cancers:	15-20%	10-20%	20-30%	40-60%
Receptor expression:				
Histologic grade:				
Recurrence risk:				
Therapies used:				



TNBC: other subclasses

# Immunohistochemical Surrogates for Molecular Classification of Breast Carcinoma

Tang & Tse. Arch Pathol Lab Med. 2016;140:806–14; WHO 5<sup>th</sup> edition

	Luminal A-like	Luminal B-like	Luminal HER2+	HER2+	TN-Basal	TN-other
ER	+	+	+	-	-	-
PR	+	+/low/-	+	-	-	-
HER2	-	-	+	+	-	-
Ki-67	Low*	High*	Any	Any	Often high	-
CK5/ER					+	-

\*Ki-67 cut point varies between 14% and 20% in St. Gallen criteria & WHO  
Luminal B: low PR or high Ki-67

# Special Types of Breast Cancer

Type	Rate	Hormones
Lobular, classic	5-15%	ER+ Her2-
Tubular, pure	<2%	ER+ Her2-
Cribriform, pure	0.8-3.5%	ER+ Her2-
Mucinous, pure	~2%	ER+ Her2-
Neuroendocrine	2-5%	ER+ Her2-
Micropapillary	<2%	ER+ Her2+/-
Apocrine	<4%	ER- Her2- AR+ (TN*)
Adenoid cystic	0.1%	ER- Her2- (TN*)
Secretory	<0.15%	ER- Her2- (TN*)
Metaplastic	<1%	ER- Her2- (TN)

**Low grade IDC/ILC should be ER+**

**\*Some special types of TN less aggressive**

Nadji. AJCP2005;123:21-27

Type of Carcinoma	ER+	PR+
Infiltrating ductal, not otherwise specified (n = 4,396)	3,255 (74)	2,330 (53)
Tubular (n = 237)	237 (100)	225 (95)
Colloid (n = 184)	184 (100)	133 (72)
Papillary (n = 44)	44 (100)	35 (80)
Apocrine (n = 40)	0 (0)	0 (0)
Medullary (n = 96)	0 (0)	0 (0)
Metaplastic (n = 120)	0 (0)	0 (0)
Infiltrating lobular (n = 380)	380 (100)	293 (77)

Weigelt & Reis-Filho Nat Rev Clin Oncol 2009; 6:718-30.



# Estrogen and Progesterone Receptor Testing in Breast Cancer

## American Society of Clinical Oncology/College of American Pathologists Guideline Update

*Arch Pathol Lab Med.* 2020;144:545-563; *JCO* 2020;38:1346-66

*Kimberly H. Allison, MD<sup>1</sup>; M. Elizabeth H. Hammond, MD<sup>2</sup>; Mitchell Dowsett, PhD<sup>3</sup>; Shannon E. McKernin<sup>4</sup>; Lisa A. Carey, MD<sup>5</sup>; Patrick L. Fitzgibbons, MD<sup>6</sup>; Daniel F. Hayes, MD<sup>7</sup>; Sunil R. Lakhani, MD<sup>8,9</sup>; Mariana Chavez-MacGregor, MSc<sup>10</sup>; Jane Perlmutter, PhD<sup>11</sup>; Charles M. Perou, PhD<sup>5</sup>; Meredith M. Regan, ScD<sup>12</sup>; David L. Rimm, MD, PhD<sup>13</sup>; W. Fraser Symmans, MD<sup>10</sup>; Emina E. Torlakovic, MD, PhD<sup>14,15</sup>; Leticia Varella, MD<sup>16</sup>; Giuseppe Viale, MD<sup>17,18</sup>; Tracey F. Weisberg, MD<sup>19</sup>; Lisa M. McShane, PhD<sup>20</sup>; Antonio C. Wolff, MD<sup>21</sup>*

### **THE BOTTOM LINE—Estrogen and Progesterone Receptor Testing in Breast Cancer: American Society of Clinical Oncology/College of American Pathologists Guideline Update**

#### **Guideline Questions**

1. What are the optimum quality assurance (QA), tissue handling, scoring system, and reporting for determining potential benefit from endocrine therapy?
2. What additional strategies can promote optimal performance, interpretation, and reporting of immunohistochemistry (IHC) assays, particularly in cases with low estrogen receptor (ER) expression?
3. Are other ER expression assays acceptable for identifying patients likely to benefit from endocrine therapy?
4. Should ductal carcinoma in situ (DCIS) be routinely tested for hormone receptors?

# Estrogen and Progesterone Receptor Testing in Breast Cancer

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Kimberly H. Allison, MD<sup>1</sup>; M. Elizabeth H. Hammond, MD<sup>2</sup>; Mitchell Dowsett, PhD<sup>3</sup>; Shannon E. McKernin<sup>4</sup>; Lisa A. Carey, MD<sup>5</sup>; Patrick L. Fitzgibbons, MD<sup>6</sup>; Daniel F. Hayes, MD<sup>7</sup>; Sunil R. Lakhani, MD<sup>8,9</sup>; Mariana Chavez-MacGregor, MSc<sup>10</sup>; Jane Perlmutter, PhD<sup>11</sup>; Charles M. Perou, PhD<sup>5</sup>; Meredith M. Regan, ScD<sup>12</sup>; David L. Rimm, MD, PhD<sup>13</sup>; W. Fraser Symmans, MD<sup>10</sup>; Emina E. Torlakovic, MD, PhD<sup>14,15</sup>; Leticia Varella, MD<sup>16</sup>; Giuseppe Viale, MD<sup>17,18</sup>; Tracey F. Weisberg, MD<sup>19</sup>; Lisa M. McShane, PhD<sup>20</sup>; Antonio C. Wolff, MD<sup>21</sup>

**Table 1. Summary of All Recommendations**

2010 Recommendation	Updated Recommendation
<p><b>Clinical Question 1.</b> What are the optimum QA, specimen handling, positive threshold, scoring system, and reporting for determining potential benefit from endocrine therapy?</p> <p><b>Optimal algorithm for ER/PgR testing</b></p> <p>Positive for ER or PgR if finding that <math>\geq 1\%</math> of tumor cell nuclei are immunoreactive.</p> <p>Negative for ER or PgR if finding that <math>&lt; 1\%</math> of tumor cell nuclei are immunoreactive in the presence of evidence that the sample can express ER or PgR (positive intrinsic controls are seen).</p> <p>Uninterpretable for ER or PgR if finding that no tumor nuclei are immunoreactive and that internal epithelial elements present in the sample or separately submitted from the same sample lack any nuclear staining.</p> <p><b>Optimal testing conditions</b></p> <p>Large (preferably multiple) core biopsies of tumor are preferred for testing if they are representative of the tumor (grade and type) at resection.</p> <p>Accession slip and report must include guideline-detailed elements.</p> <p><b>Optimal tissue handling requirements</b></p> <p>Time from tissue acquisition to fixation should be as short as possible. Samples for ER and PgR testing are fixed in 10% NBF for 6 to 72 hours. Samples should be sliced at 5-mm intervals after appropriate gross inspection and margins designation and placed in sufficient volume of NBF to allow adequate tissue penetration. If tumor comes from remote location, it should be bisected through the tumor on removal and sent to the laboratory immersed in a sufficient volume of NBF. Cold ischemia time, fixative type, and time the sample was placed in NBF must be recorded.</p> <p>As in the ASCO/CAP HER2 guideline, use of slides cut more than 6 weeks before analysis is not recommended.</p>	<p><b>Optimal algorithm for ER/PgR testing</b></p> <p>Samples with 1%–100% of tumor nuclei positive for ER or PgR are interpreted as positive.</p> <p>For reporting of ER (not PgR), if 1%–10% of tumor cell nuclei are immunoreactive, the sample should be reported as ER Low Positive with a recommended comment (Table 2; Figure 1).</p> <p>A sample is considered negative for ER or PgR if <math>&lt; 1\%</math> or 0% of tumor cell nuclei are immunoreactive.</p> <p>A sample may be deemed uninterpretable for ER or PgR if the sample is inadequate (insufficient cancer or severe artifacts present, as determined at the discretion of the pathologist), if external and internal controls (if present) do not stain appropriately, or if preanalytic variables have interfered with the assay's accuracy (Figures 1 to 4).</p> <p>Clinicians should be aware of and be able to discuss with patients the limited data on ER–low positive cases and issues with test results that close to a positive threshold.</p> <p><b>Optimal testing conditions (no changes)</b></p> <p>Large (preferably multiple) core biopsies of tumor are preferred for testing if they are representative of the tumor (grade and type) at resection.</p> <p>Accession slip and report must include guideline-detailed elements.</p> <p><b>Optimal tissue handling requirements (no changes)</b></p> <p>Time from tissue acquisition to fixation should be as short as possible. Samples for ER and PgR testing are fixed in 10% NBF for 6 to 72 hours. Samples should be sliced at 5-mm intervals after appropriate gross inspection and margins designation and placed in sufficient volume of NBF to allow adequate tissue penetration. If tumor comes from remote location, it should be bisected through the tumor on removal and sent to the laboratory immersed in a sufficient volume of NBF. Cold ischemia time, fixative type, and time the sample was placed in NBF must be recorded.</p> <p>As in the ASCO/CAP HER2 guideline, use of unstained slides cut more than 6 weeks before analysis is not recommended.</p>

Comprehensive tables & helpful flow charts

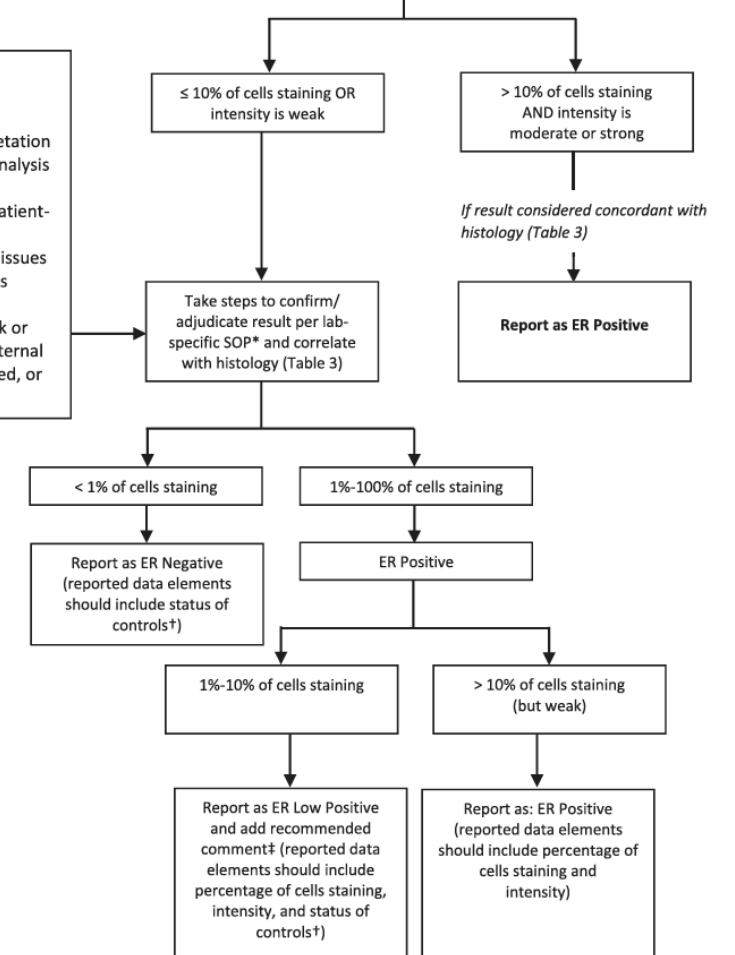
### Step 1: Checklist for initial quality control\*

- The sample is adequate for biomarker testing:  
Receptor testing should not be interpreted on any specimen that has insufficient invasive cancer for interpretation or severe processing artifacts
- External and internal controls (if present) stain appropriately  
If controls are not working as expected, the test should not be reported until the issue has been addressed
- Preanalytic variables (fixative type, time to fixation, time in fixation) are documented  
If this information is not available to the laboratory, a comment should be added to the report that the results should be interpreted with caution

### Step 2: Evaluate percentage of cancer cells staining and stain intensity

#### Steps to consider including in SOP (Supplement Figure 1):

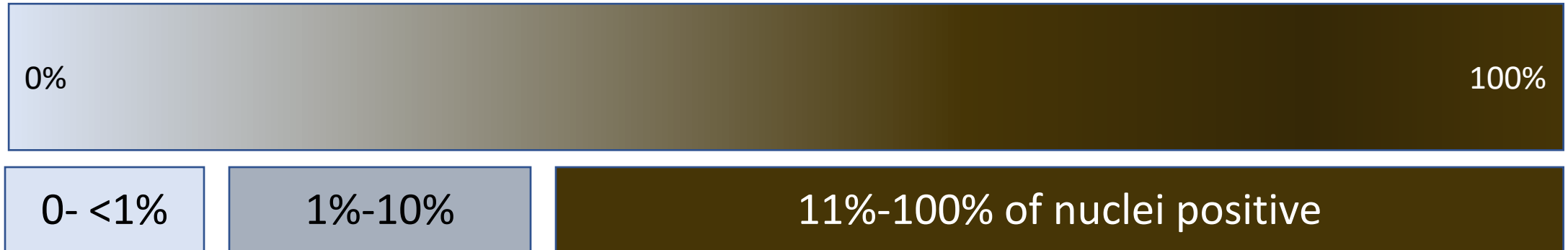
- Re-review of controls
- A second reviewer to confirm interpretation
- Validated quantitative digital image analysis to confirm interpretation
- Comparison of result with any prior patient-specific results
- Retesting the same sample if analytic issues suspected (e.g., controls did not work as expected)
- Repeating the test on a different block or subsequent specimen if there are no internal controls, preanalytic issues are suspected, or result is unusual or unexpected



# Appropriate ER threshold?

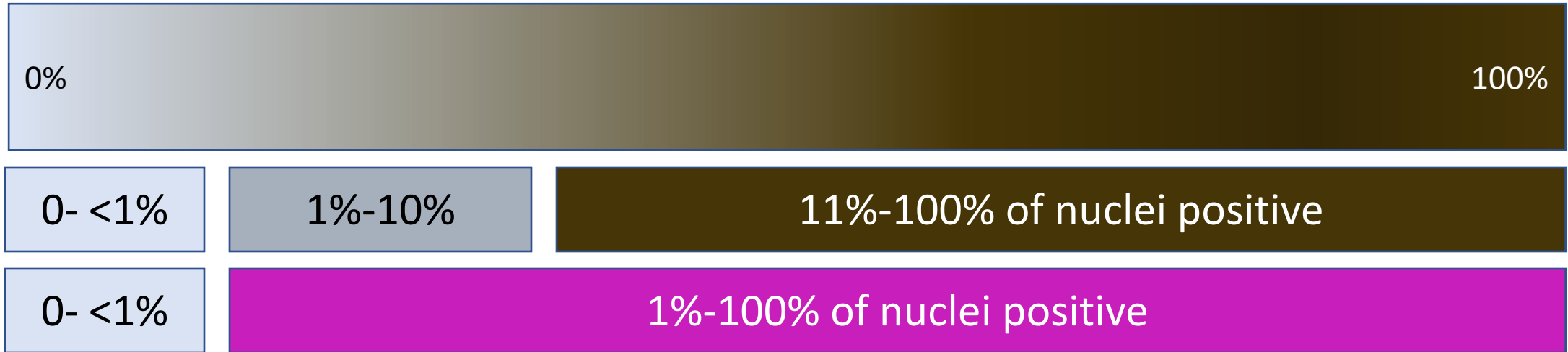
- Focus on ER Low positive
  - 1-10% of tumor cell nuclei immunoreactive
- Biologic low mRNA/protein expression?
- Erroneously low ER results in a truly ER-positive tumor?
- Borderline (false) positive IHC results in an ER negative tumor?
  - Test reproducibility?
- Small ER+ subpopulation

# Focus on ER Low positive: 1-10% of tumor cell nuclei immunoreactive



Biologic continuum with arbitrary cut points

# Focus on ER Low positive: 1-10% of tumor cell nuclei immunoreactive

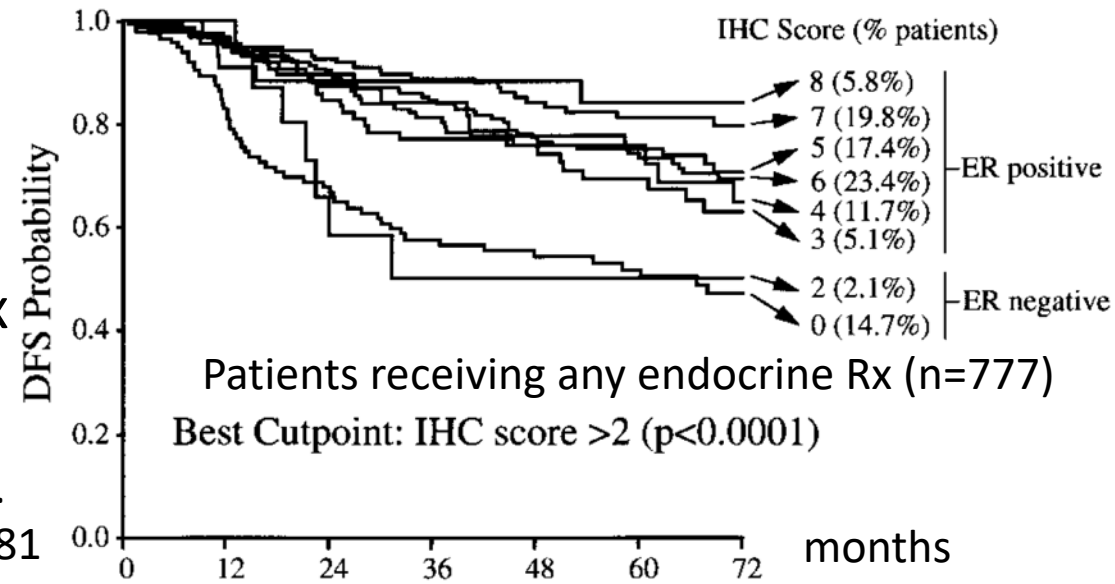


To select high likelihood of benefit from Endocrine Rx

→ use 1%

To select those who will not benefit from Endocrine Rx

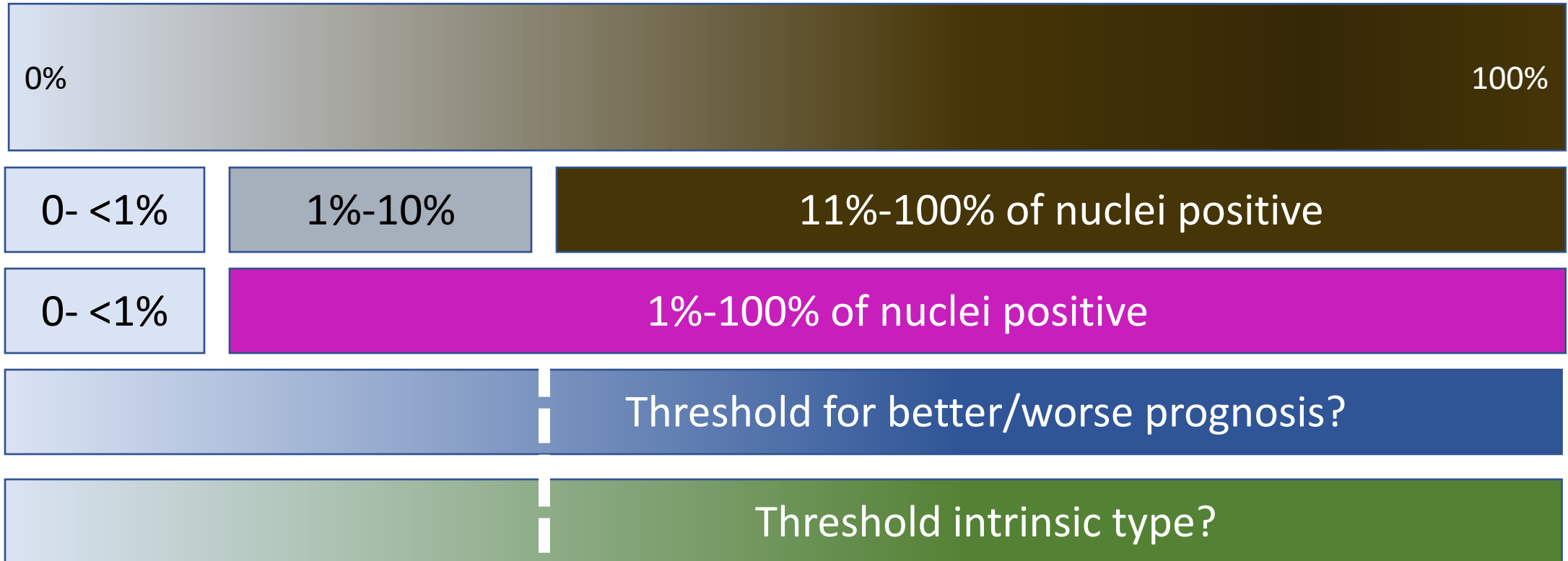
→ use <1%



After Allison KH unpublished

Harvey...Allred.  
1999;17:1474-81

# Focus on ER Low positive: 1-10% of tumor cell nuclei immunoreactive



To select overall treatment pathway → use 10%

Triple negative trials, neoadjuvant chemotherapy

To forecast overall prognostic group → use 10%

# ER Low Positive: 1-10% of tumor cell nuclei immunoreactive

- May benefit from hormonal therapy
- BUT, heterogeneous group
  - “clinical outcomes and biologic/molecular profiles that are often more similar to those of ER-negative cancers”
  - “base decisions on the totality of information available”

Intrinsic type	ER 0 (n=183)	ER 1-9% (n=25)	ER>10% (n=251)
Luminal A	1%	0%	48%
Luminal B	<1%	8%	24%
Basal	61%	48%	6%

ER Low Positive should not disqualify appropriate patients from TNBC trials or therapy

ER Low positive: 1-10% tumor nuclei immunoreactive

Recommended comment:

“The cancer in this sample has a low level (1%–10%) of ER expression by IHC. There are limited data on the overall benefit of endocrine therapies for patients with low level (1%–10%) ER expression, but they currently suggest possible benefit, so patients are considered eligible for endocrine treatment. There are data that suggest invasive cancers with these results are heterogeneous in both behavior and biology and often have gene expression profiles more similar to ER-negative cancers.”

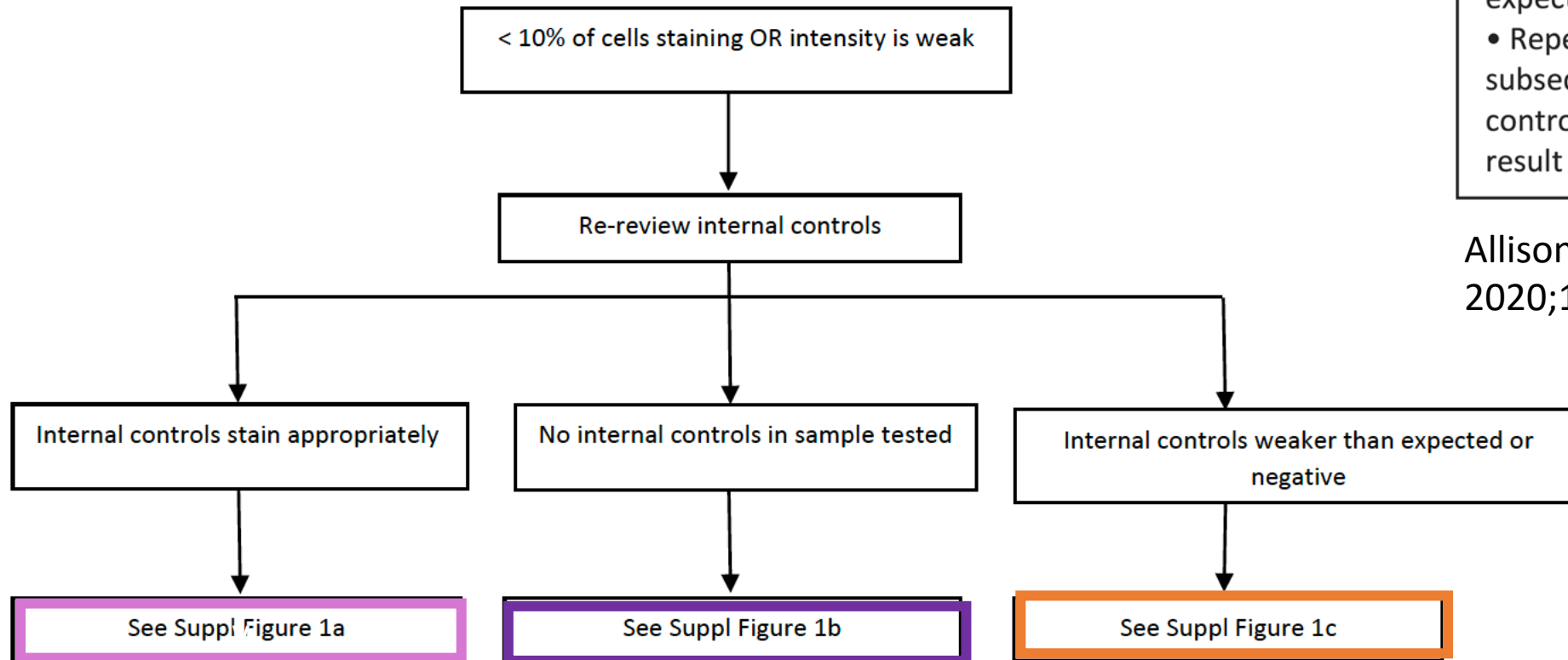


# ER Low positive: 1-10% tumor nuclei immunoreactive

- Reproducibility
- Laboratories should **establish and follow an SOP** stating the steps the laboratory takes to confirm or adjudicate ER results for cases with weak stain intensity or 10% of cells staining
- The status of internal controls should be reported for cases with 0%–10% staining. For cases with these results without internal controls present and with positive external controls, an additional report comment is recommended

# Guideline supplement: ER Weak or Low positive SOP

Data Supplement 2: Figure 1. Example of a Lab-Specific Standard Operating Procedure for cases with initial ER IHC result with < 10% of cells staining or stain intensity is weak

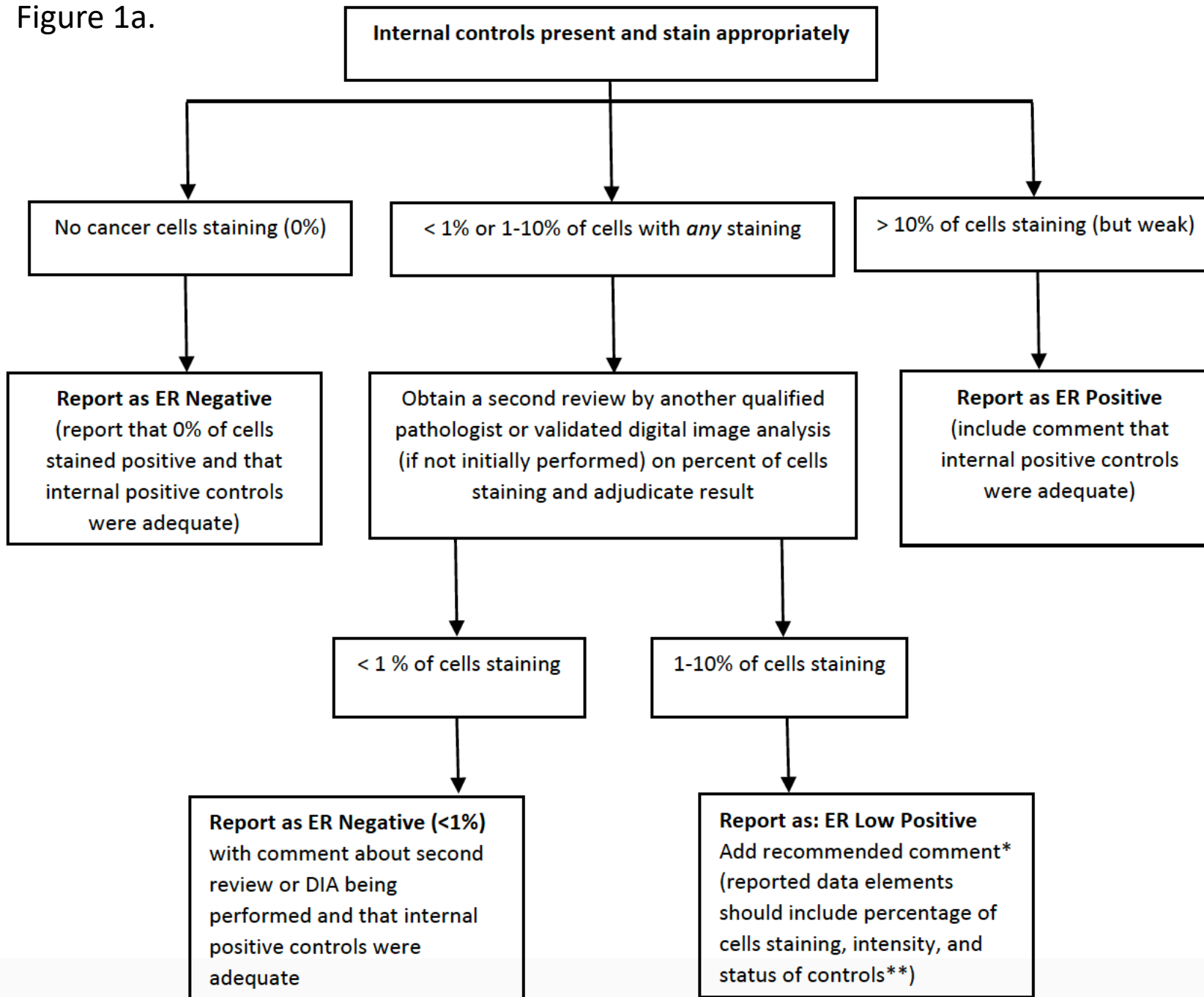


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Allison. *Arch Pathol Lab Med.*  
2020;144:545-563

Figure 1a.

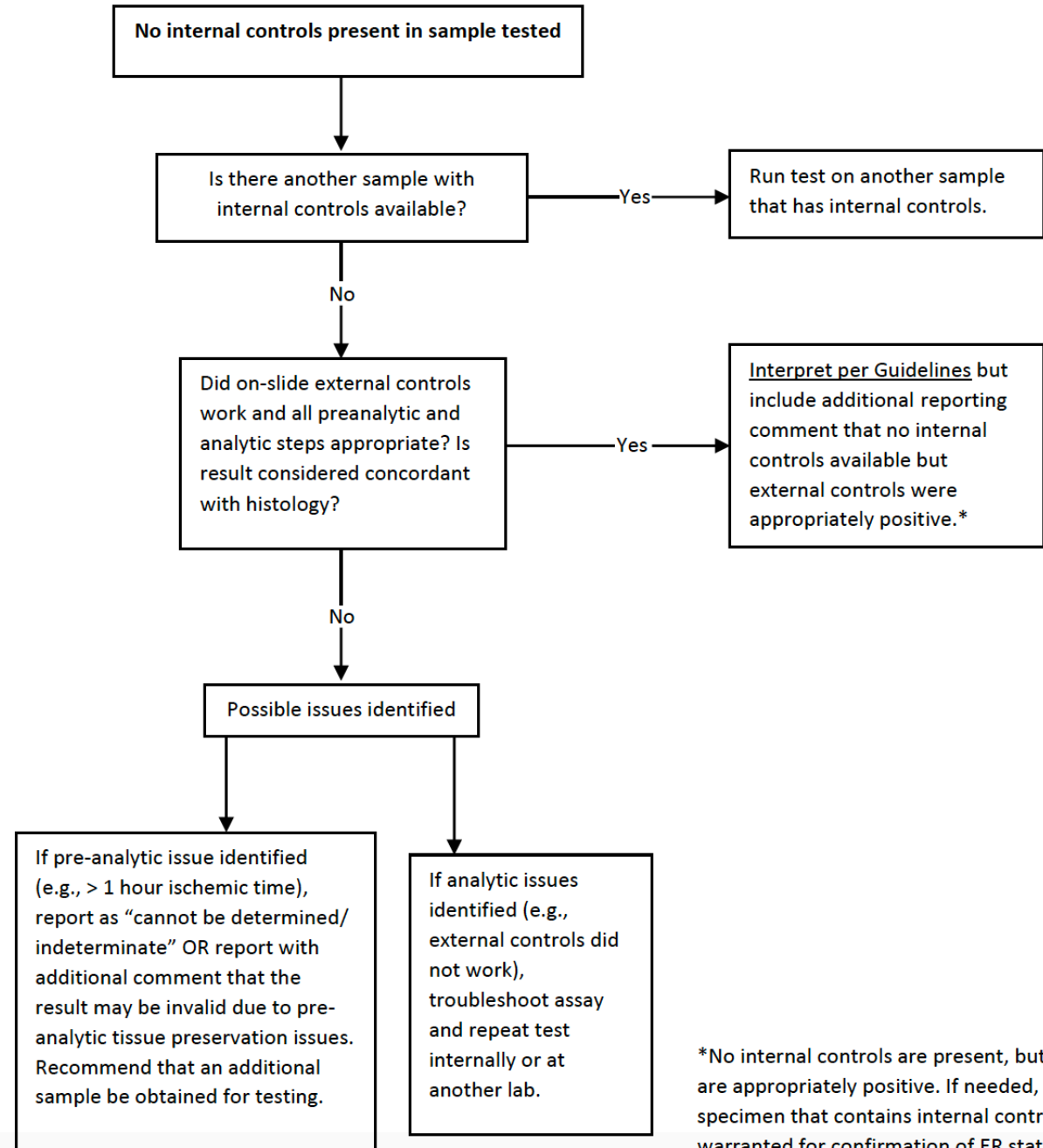


Allison. *Arch Pathol Lab Med.* 2020;144:545-563

# Guideline supplement

Allison. *Arch Pathol Lab Med.* 2020;144:545-563

Figure 1b. No internal controls present in sample tested

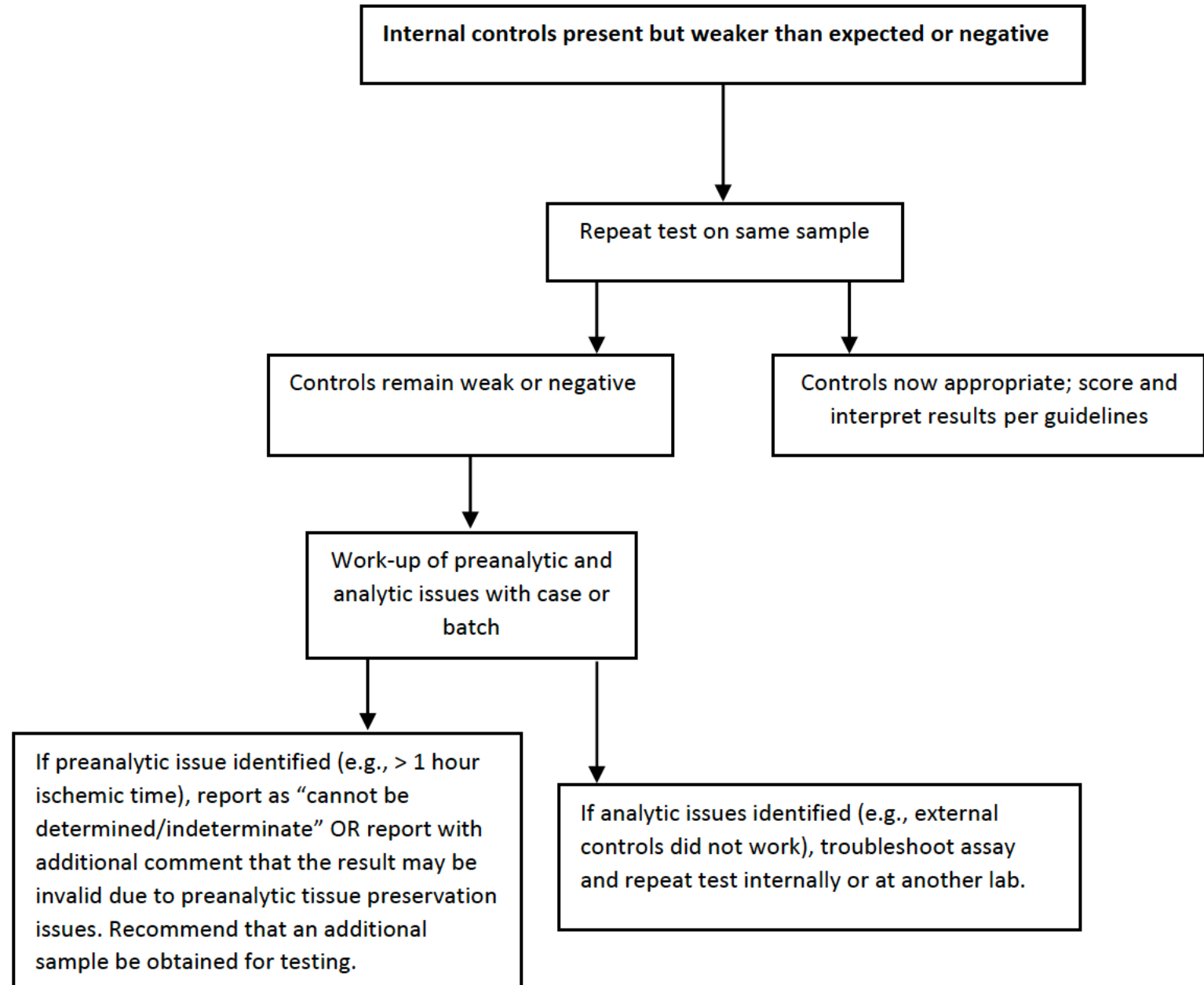


\*No internal controls are present, but external controls are appropriately positive. If needed, testing another specimen that contains internal controls may be warranted for confirmation of ER status.

# Guideline supplement

Allison. *Arch Pathol Lab Med.*  
2020;144:545-563

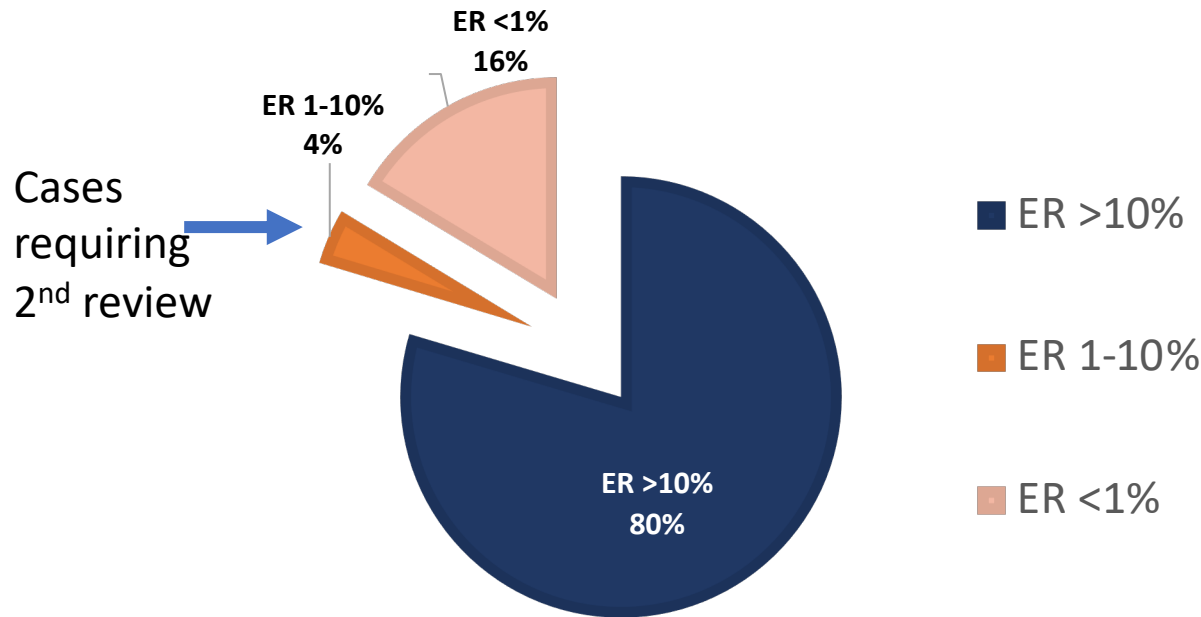
Figure 1c. Internal controls present but weaker than expected or negative



# ER low positive: our experience

Category (Based on Majority)	# Cases	Cases with 100% (6 of 6) agreement	Cases with >80% (5 of 6) agreement
Negative (<1%)	16	67%	87%
Low Positive (1-10%)	6	0%	17%
Positive (>10%)	8	75%	100%

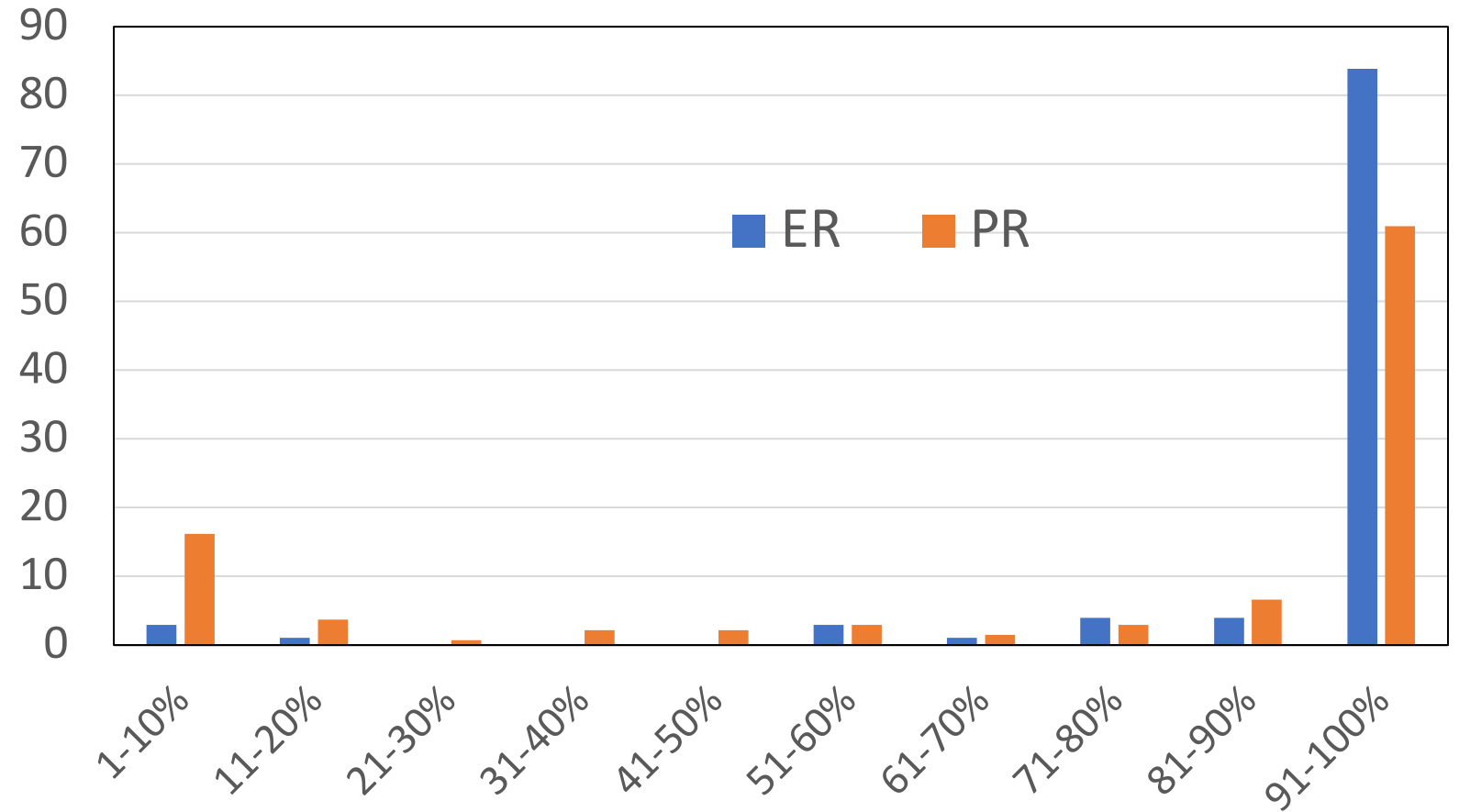
- Disagreements esp. between Negative v Low Positive results (61%)
- All disagreements close to the 1% threshold
- SOP now requires a second pathologist review:
  - Prior to reporting any case with 1-10% ER staining
  - Consider if close to <1% threshold.



# CAP Q-probes

- CAP Q-probes
- N=21 labs
- 687 breast cancer cases (2019)
- Overall
  - 86% ER+
    - ER 1-10%: 3% of cases
  - 75% PR+
    - PR more heterogeneity

Positive hormone receptors:  
% of tumor nuclei staining



- Yale 1% low ER

Caruana D, et al. NPJ Breast Cancer. 2020 Feb 5;6:5.  
doi: 10.1038/s41523-020-0146-2.

# Pre-analytic factors

- Testing of core biopsies reaffirmed
- Ischemia/fixation parameters reaffirmed
  - Ischemia as short as possible
  - 10% NBF 6-72 hours
  - Document
- Age of cut slides >6 weeks

Further impromptu comments on:

- Rapid processing
- **Decalcification**
- **Cytology fixative (alcohol based)**
  - **Widely variable between labs**
  - **Very important for correct therapy of metastatic disease**

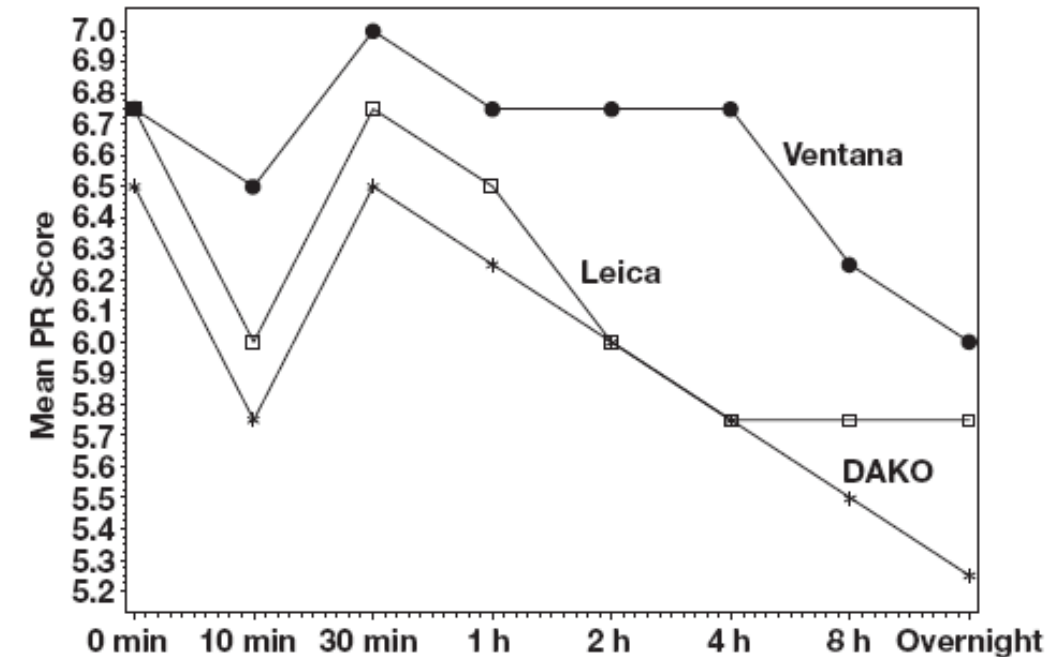
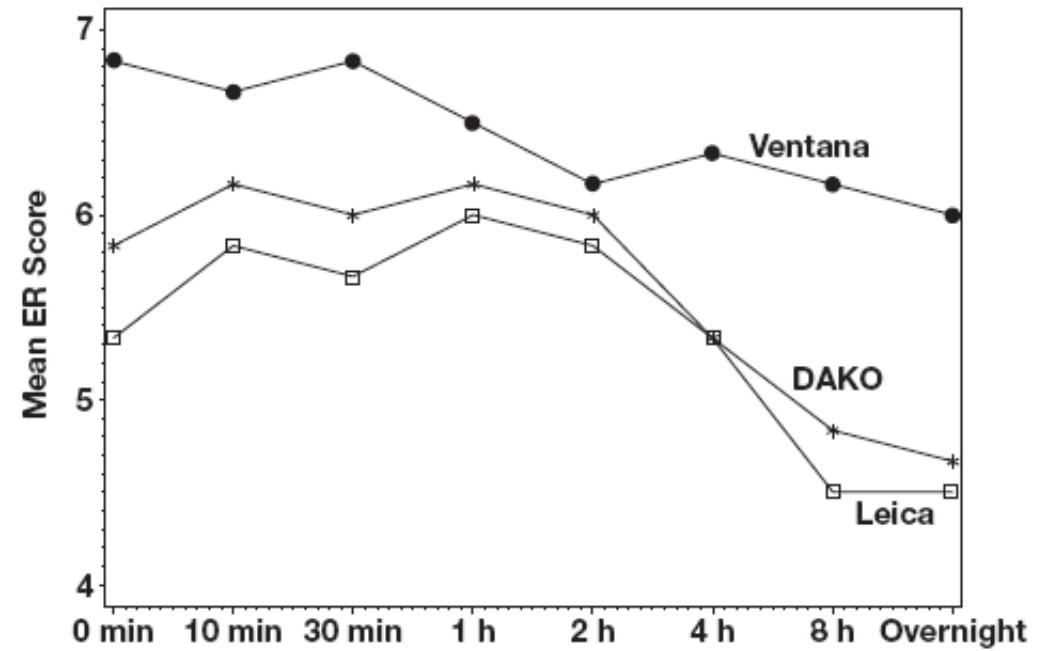
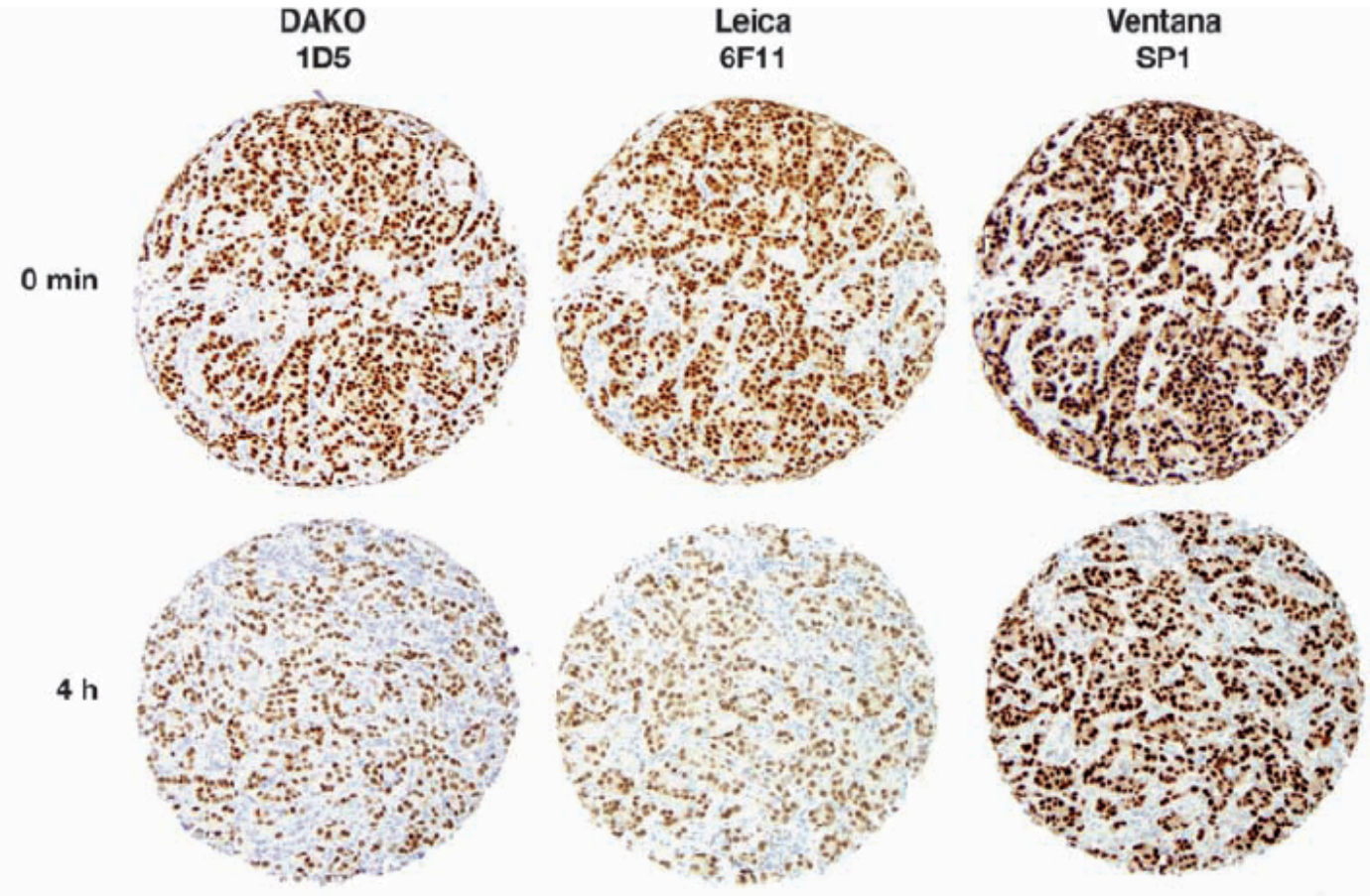


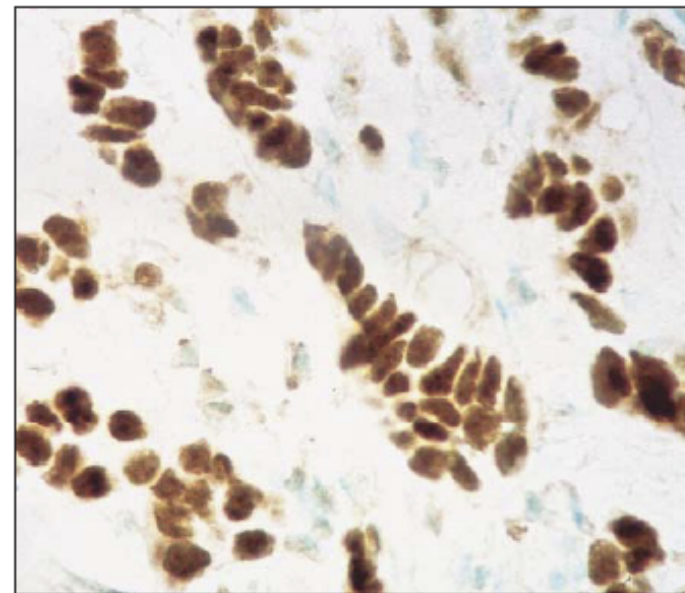
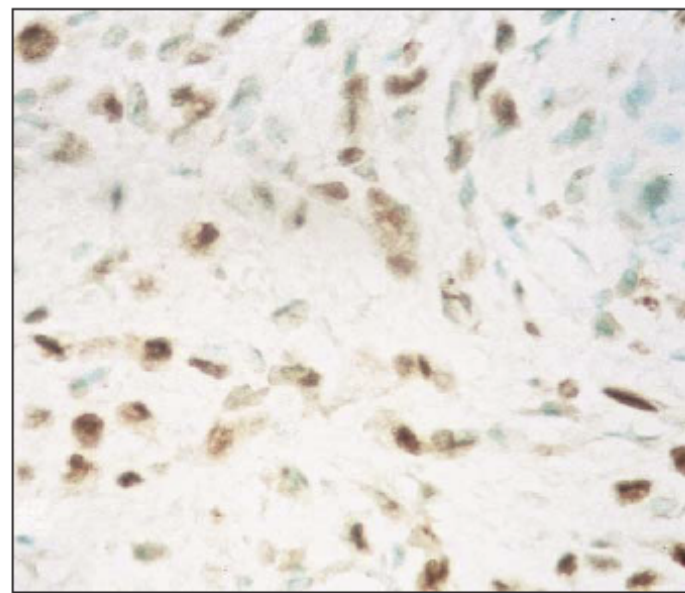
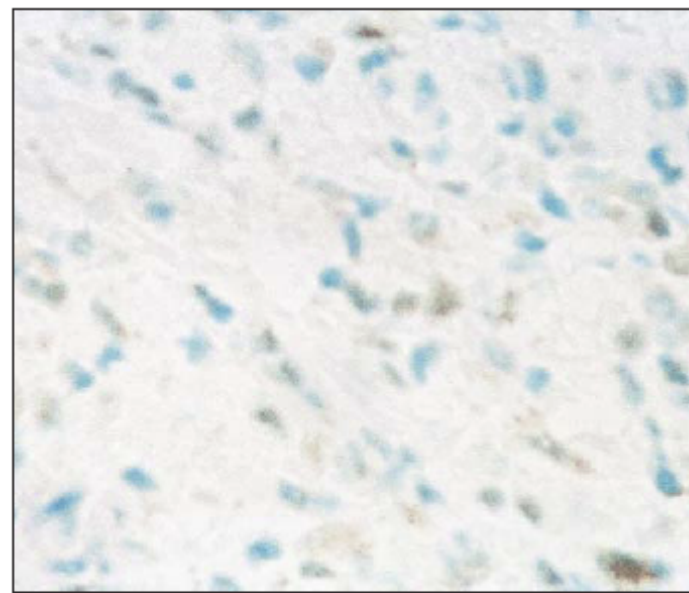
# Effect of Delayed Formalin Fixation on Estrogen and Progesterone Receptors in Breast Cancer

A Study of Three Different Clones AJCP. 2010. 134:813-9

Jingxin Qiu, MD, PhD,<sup>1</sup> Swati Kulkarni, MD,<sup>2</sup> Rameela Chandrasekhar,<sup>3</sup> Mark Rees, PhD,<sup>4,6</sup> Kathryn Hyde,<sup>5</sup> Gregory Wilding, PhD,<sup>3</sup> Dongfeng Tan, MD,<sup>6</sup> and Thaer Khoury, MD<sup>1</sup>

## ER: Ischemic time





**Image 1** Fixation, 3 h; antigen retrieval, 40 min.

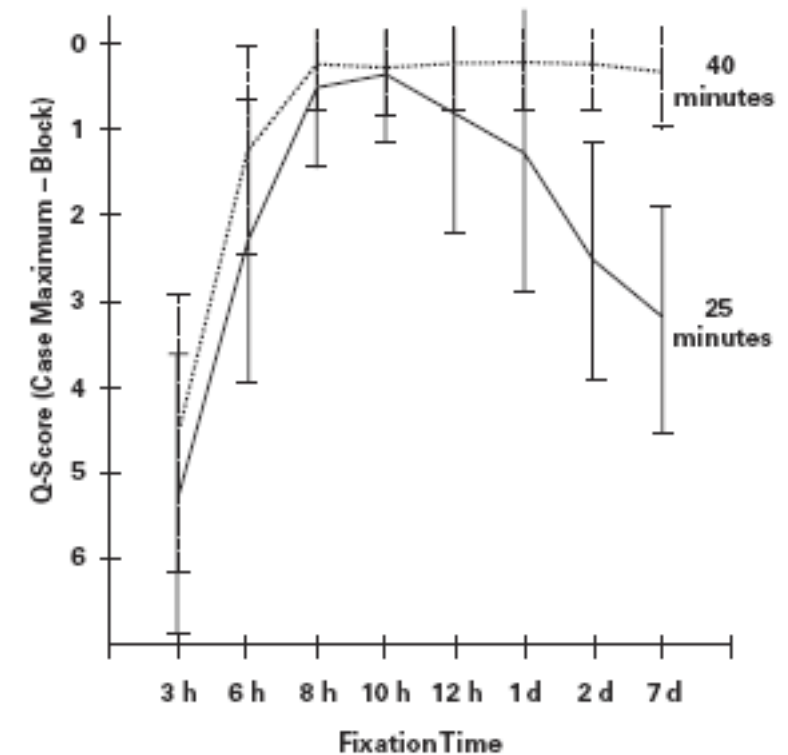
**Image 2** Fixation, 6 h; antigen retrieval, 40 min.

**Image 3** Fixation, 8 h; antigen retrieval, 40 min.

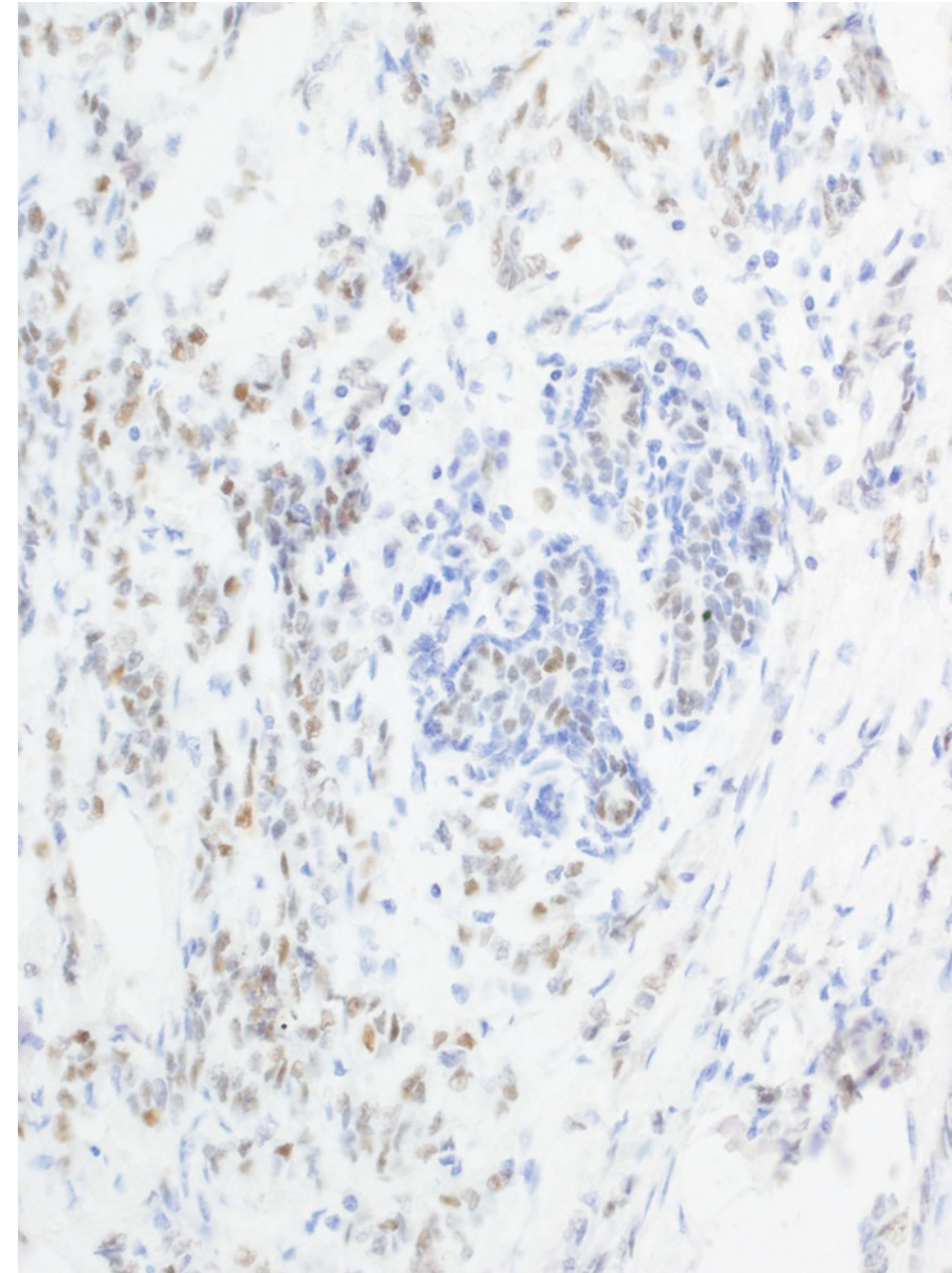
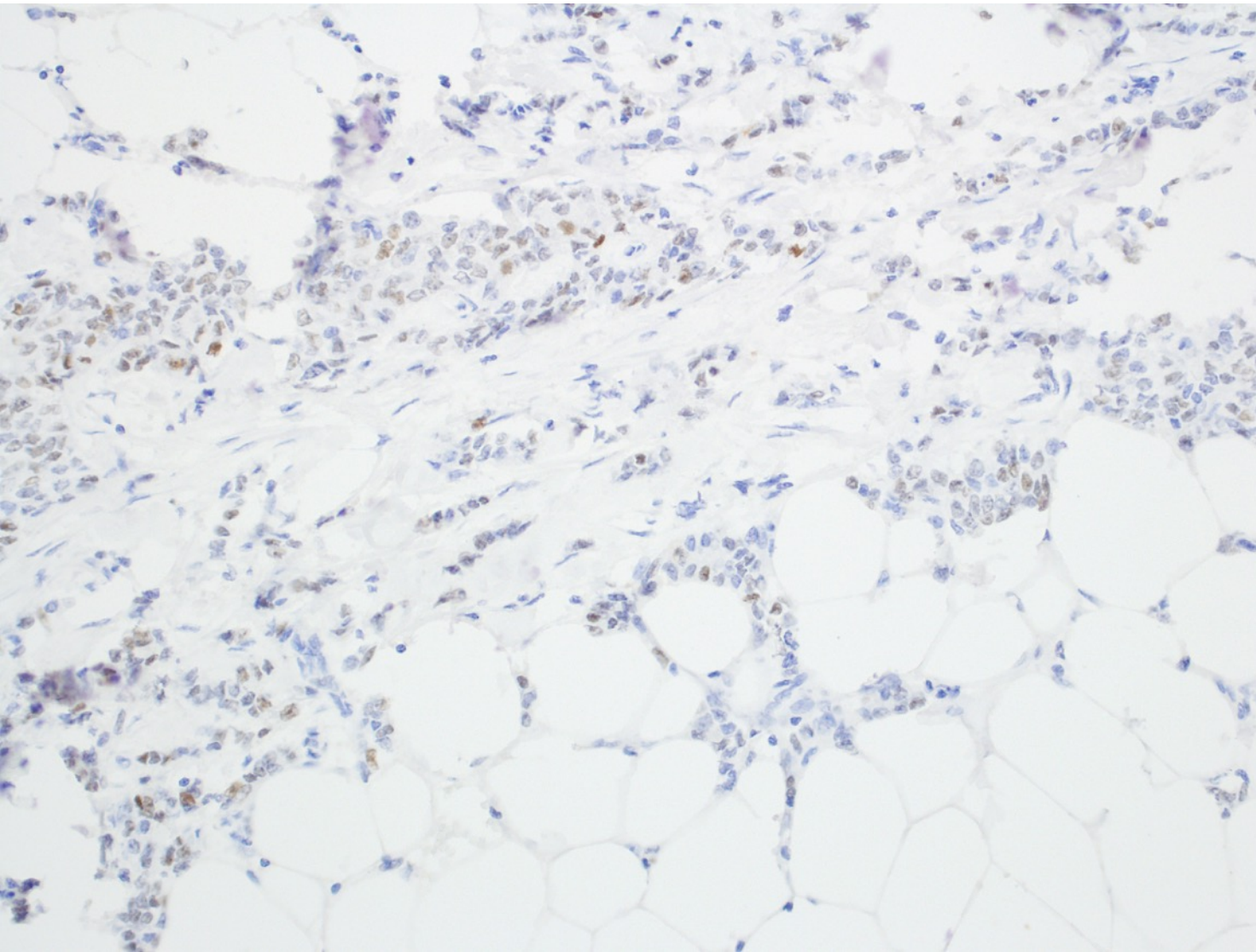
## ER: fixation time

24 Large breast tumors

Timed fixation (3, 6, 8, 12, 24, 48, 168 hr)  
of subsamples

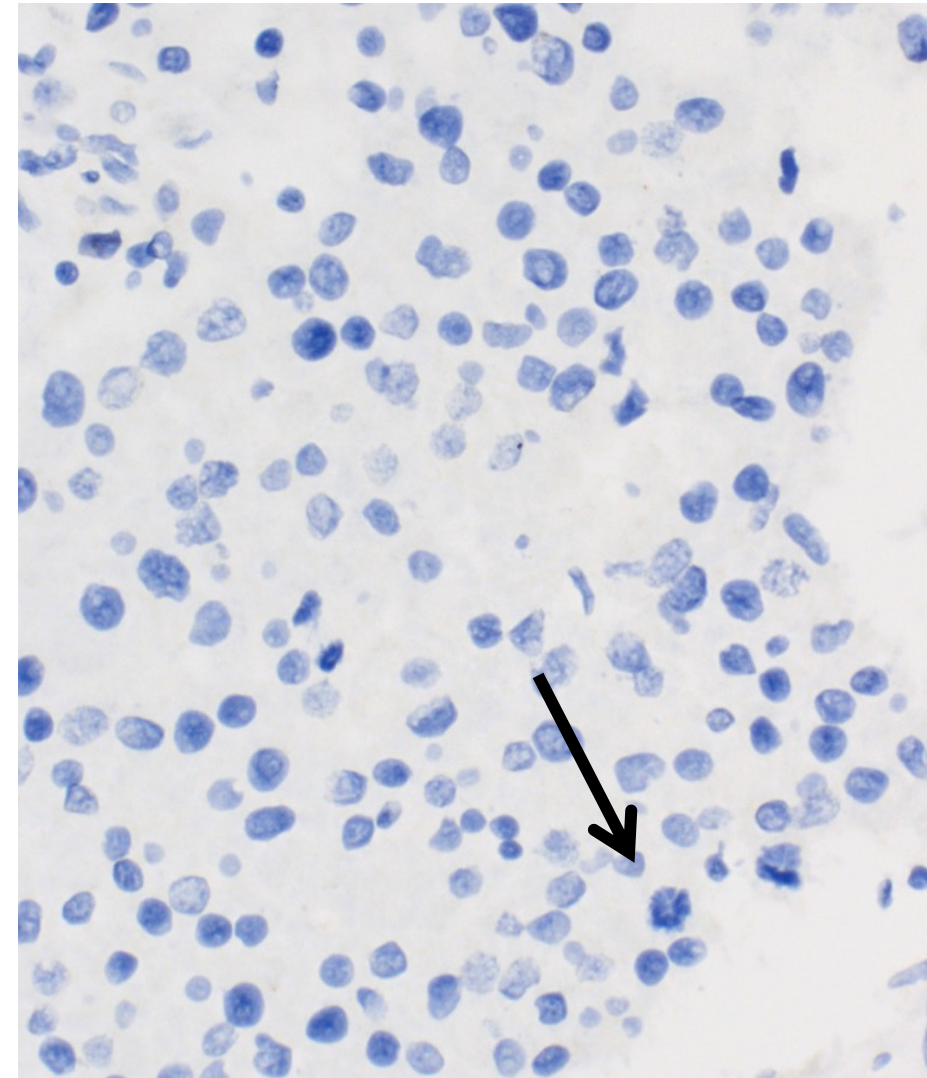
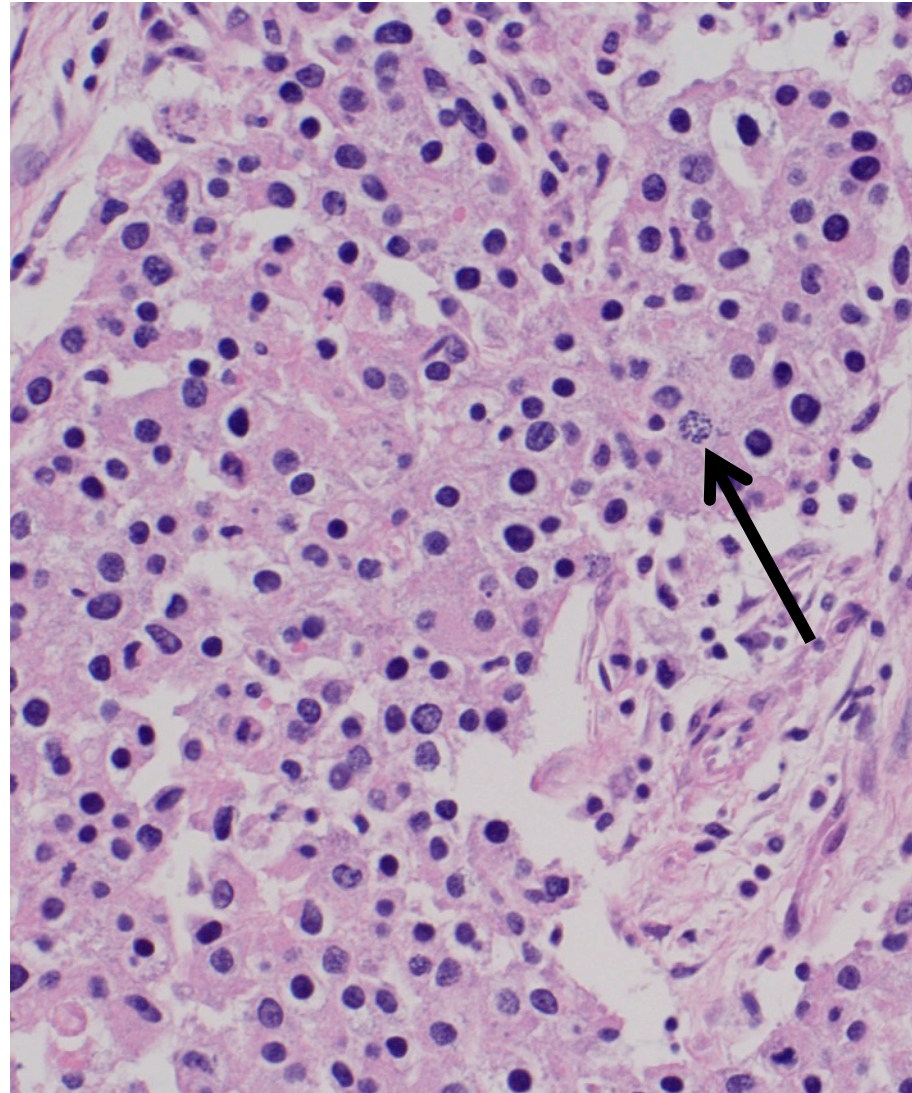
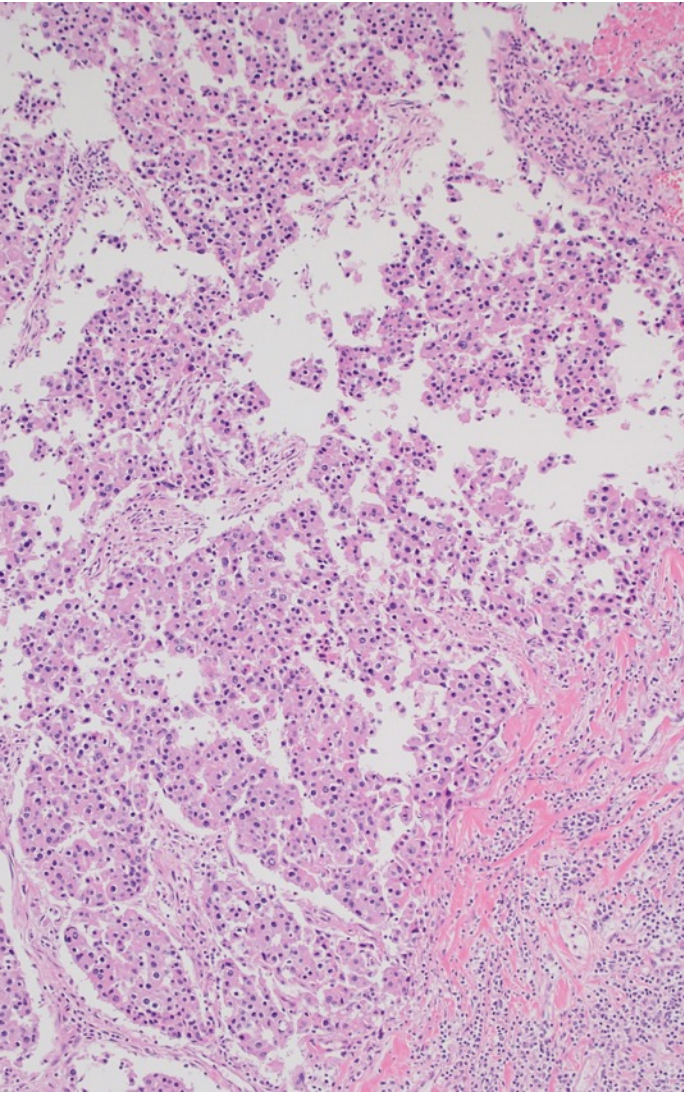


# Fixation: weak ER in low grade tumor



Check internal controls for ER, PR, Ki-67

# Fixation: Ki-67 negative w/ mitotic figures



Check internal controls for ER, PR, Ki-67

# Brief Fixation Does Not Affect Assessment of Hormone Receptor Expression in Invasive Breast Carcinoma Biopsies

*Paving the Road for Same-day Tissue Diagnostics*

AJSP 2014;38:1071–78

*Shona Kalkman, MD,\* Maarten W. Barentsz, MD,† Arjen J. Witkamp, MD, PhD,‡  
Elsken van der Wall, MD, PhD,§ Helena M. Verkooijen, MD, PhD,†  
and Paul J. van Diest, MD, PhD\**

## **The Effects of Under 6 Hours of Formalin Fixation on Hormone Receptor and HER2 Expression in Invasive Breast Cancer**

Am J Clin Pathol 2014;142:16-22

A Systematic Review

*Shona Kalkman, MD,<sup>1</sup> Maarten W. Barentsz, MD,<sup>2</sup> and Paul J. van Diest, MD, PhD<sup>1</sup>*

Rapid processing?

Brief fixation enables same-day breast cancer diagnosis with reliable assessment of hormone receptors, E-cadherin and HER2/Neu

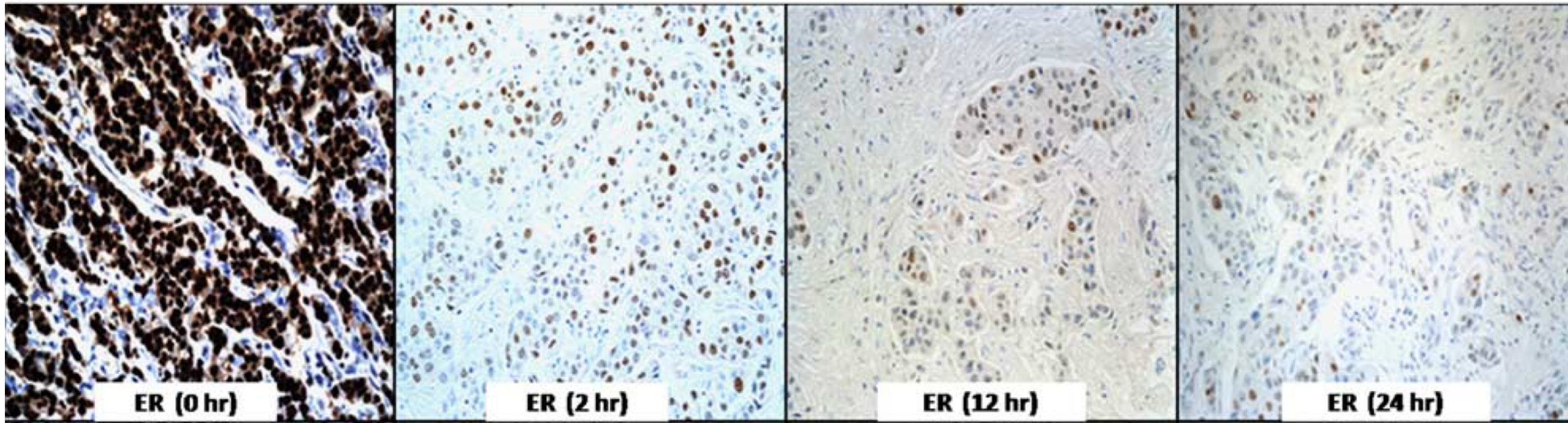
Altuna Halilovic,<sup>1</sup> Joris Bulte,<sup>2</sup> Yvonne Jacobs,<sup>1</sup> Hanneke Braam,<sup>1</sup> Patricia van Cleef,<sup>1</sup> Margrethe Schlooz-Vries,<sup>2</sup> Annelies Werner,<sup>2</sup> Oliver Boelens,<sup>3</sup> Iris Nagtegaal,<sup>1</sup> Hans de Wilt,<sup>2</sup> Peter Bult<sup>1</sup>  
J Clin Pathol 2017;70:781–786.

**Not  
recommended.**

# Effect of Hydrochloric Acid Decalcification on Expression Pattern of Prognostic Markers in Invasive Breast Carcinomas

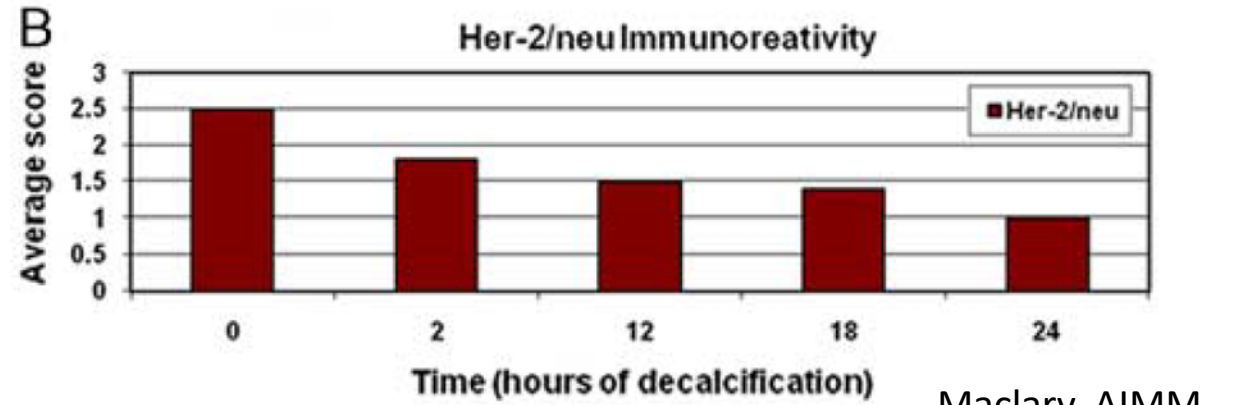
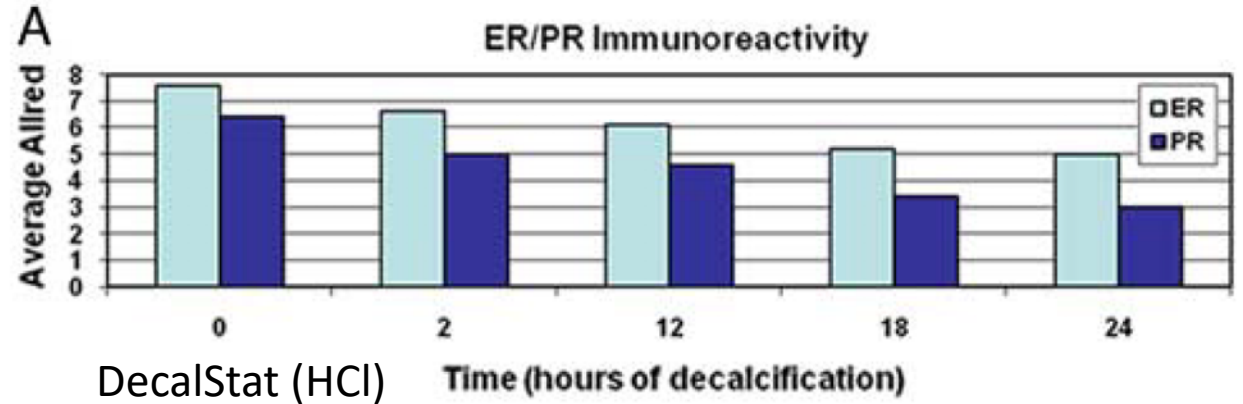
Appl Immunohistochem Mol Morphol 2017;25:144–149)

*Shawn C. Maclary, PA(ASCP), MLSCM, Sambit K. Mohanty, MD, Shikha Bose, MD, Fai Chung, BS, and Bonnie L. Balzer, MD, PhD*

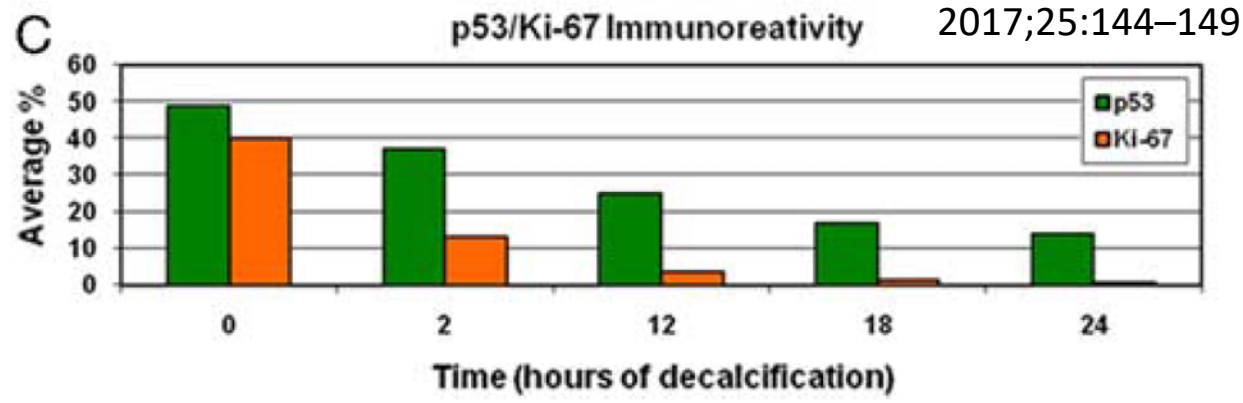


# Decalcification

- Bone biopsies are often done to obtain biomarker data!
- Recommend separating grossly:
  - Bony fragments → decal
  - Non-bony fragments → **NO DECAL**
  - Helpful for FISH & molecular



Maclary. AIMM. 2017;25:144-149



See also: Clark. AIMM. 2019;27:223-30

Schriber. Mod Pathol. 2016;29:1460-70

Gertych. Diagn Pathol. 2014;9:213

Miquelestorena-Standley Mod Pathol. 2020;33:1505-17 (not breast markers)

- Validate **your lab's** decal/FFPE/Ab if high volume
- Evaluate internal control, if any
- Clinician request for stains on decal:
  - + result, report as not validated
  - - result, report as not validated with disclaimer re: false negative
    - CAP checklist disclaimer “This assay has not been validated on decalcified tissues. Results should be interpreted with caution given the possibility of false negative results on decalcified specimens.”
- Helpful to consider primary breast CA data

See also: Clark. AIMM. 2019;27:223-30  
 Schrivjer. Mod Pathol. 2016;29:1460-70  
 Gertych. Diagn Pathol. 2014;9:213  
 Miquelstorena-Standley Mod Pathol. 2020;33:1505–17 (not breast markers)

# Decalcification

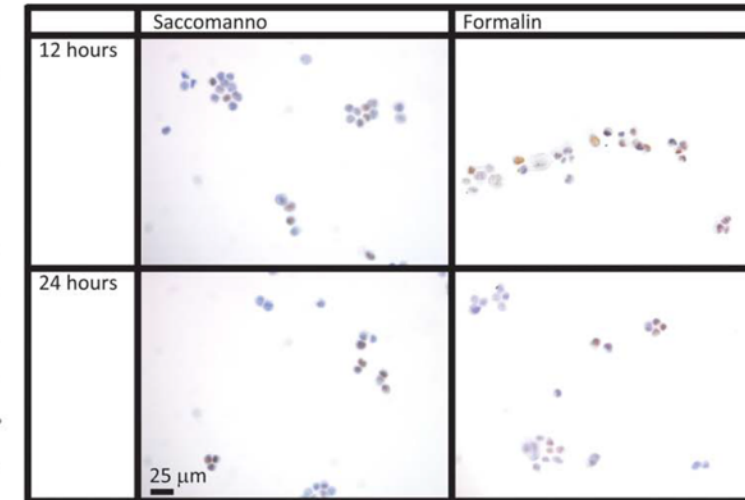
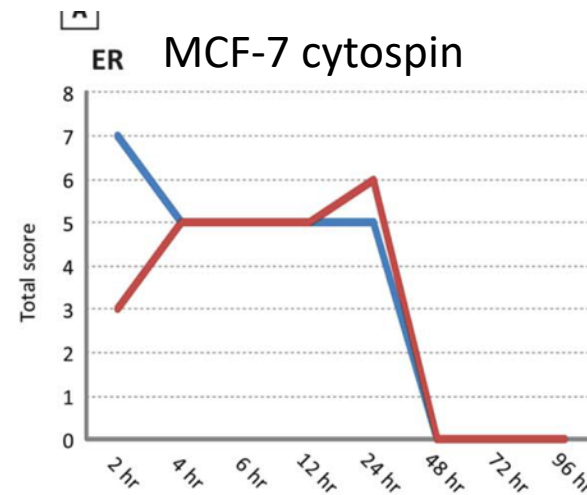
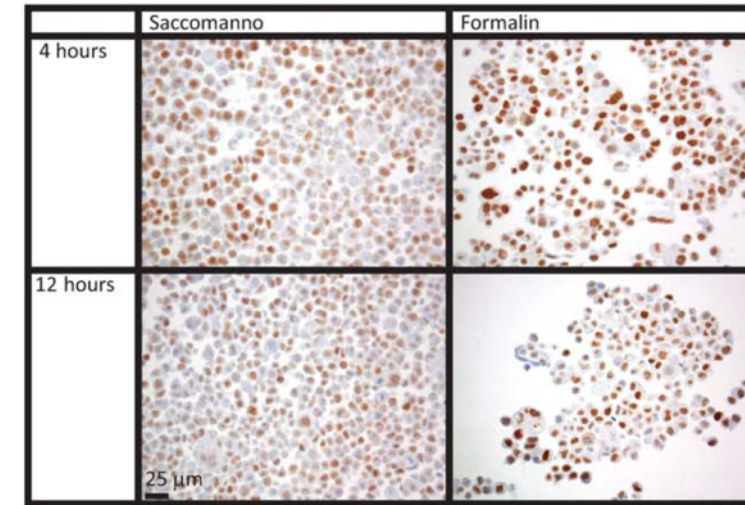
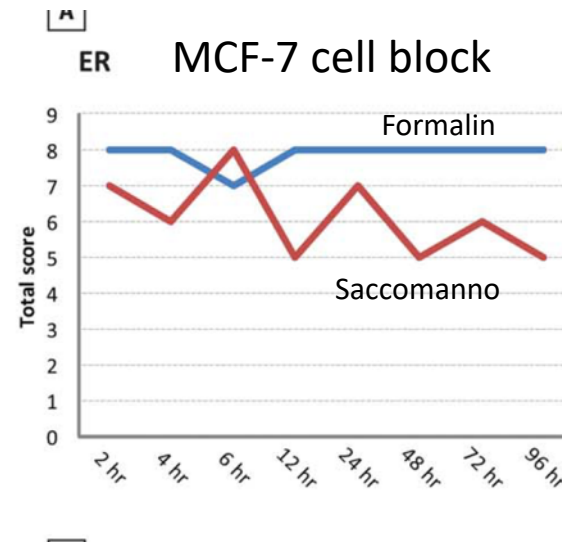
Decal	EDTA	Acetic	HCl/ Formic
ER % change	-0.5%	-2.5%	-21%
ER false neg	0	0	42%
PR % change	-1.5%	-0.5%	-14.5%
PR false neg	0	0	33%
HER2 change	-0.3	-0.3	-0.8
ISH failure	1/16	15/16	all

Van Es. AJSP. 2019;43:1355–60



# Cytologic fixative

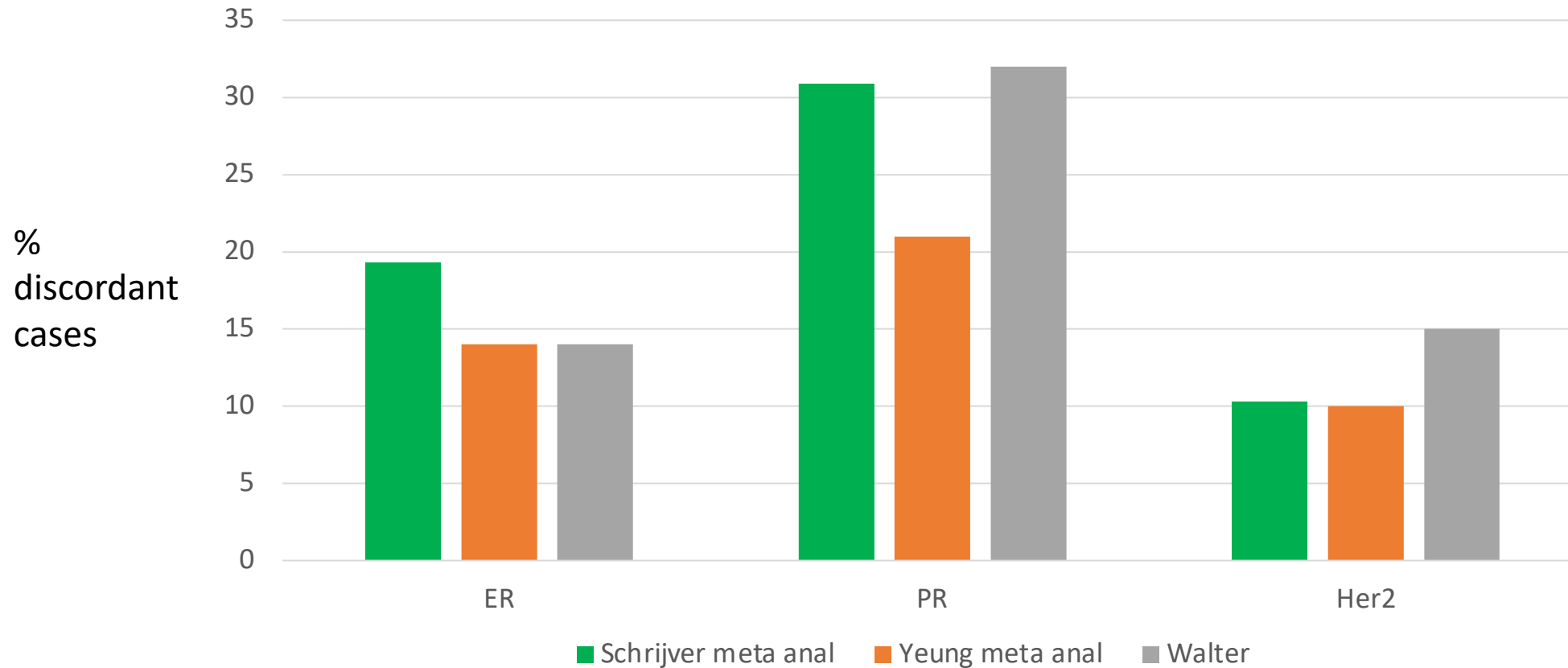
- FNAB are often done to obtain biomarker data!
- Most cyto fixatives alcohol based
- Differ widely between labs
- Many labs use formalin-only for suspected breast metastasis, or
- Validate **your lab's** cyto fix/cell block/Ab
- Evaluate internal control, if any



Maleki. Diagn. Cytopathol. 2013;41:864-70  
(one of many various examples)

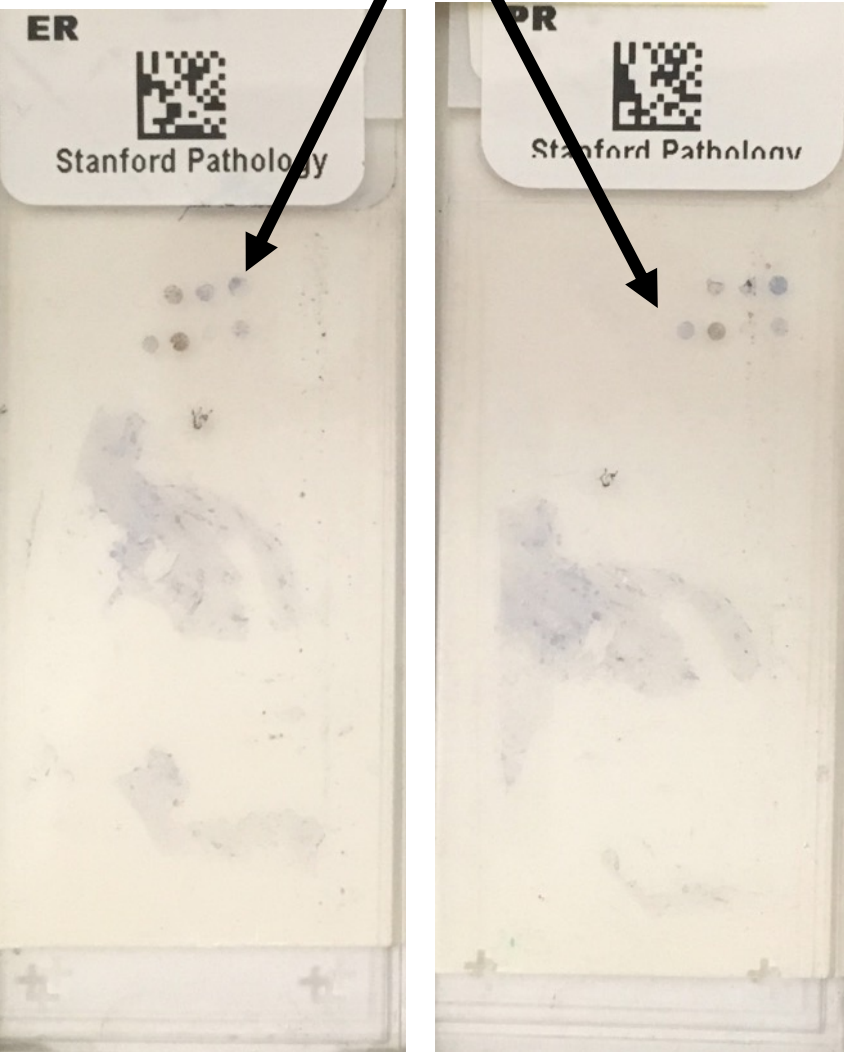
# Retest metastatic disease is well-established

Discordance in biomarker: Primary vs. Metastasis



IHC, ISH and molecular are affected  
by pre-analytic factors in other  
organs also

External on-slide TMA  
or multi-tissue  
controls



## Controls & validation

- Routine use of external controls
- Routine evaluation of internal controls
  - Including + and – samples
  - Including samples with lower % ER+ (tonsil)
  - **On slide controls** are recommended
- Assay validation: deferred to upcoming CAP IHC analytic validation guideline update
- External PT as required by accreditors (semi-annual CAP)
  - primarily based on ER

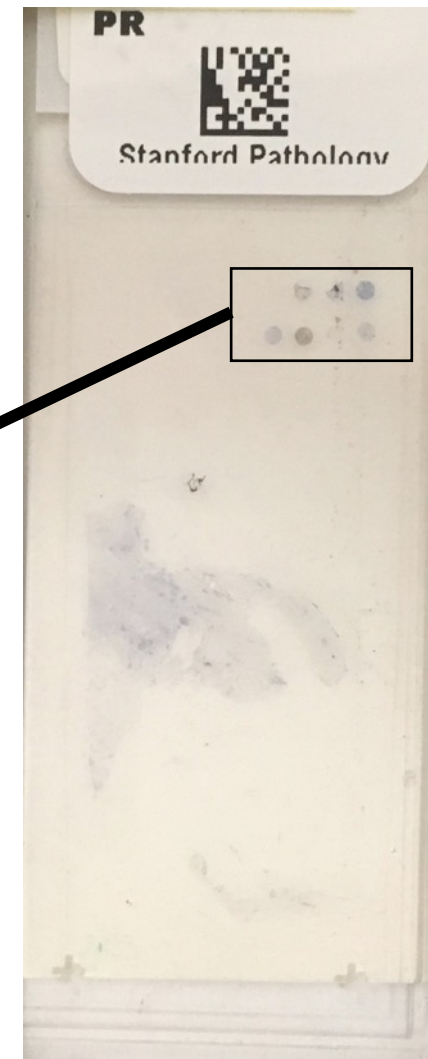
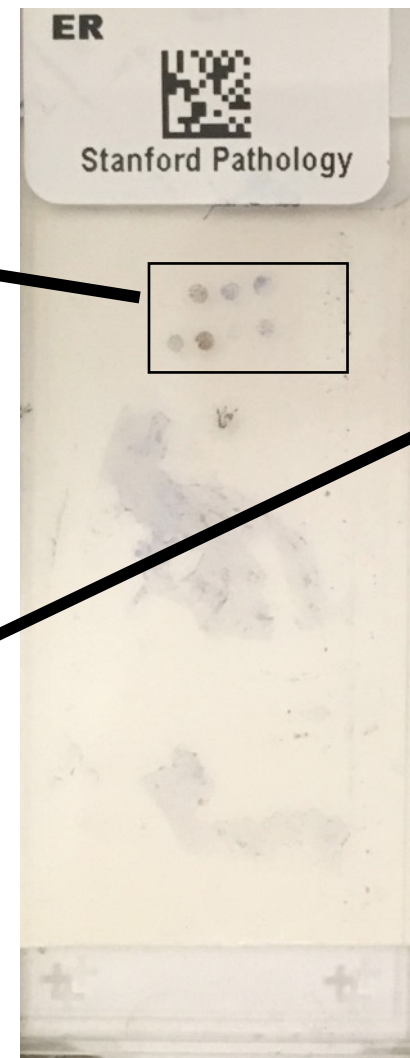
# ER PR controls

Onslide TMA external: ER stained

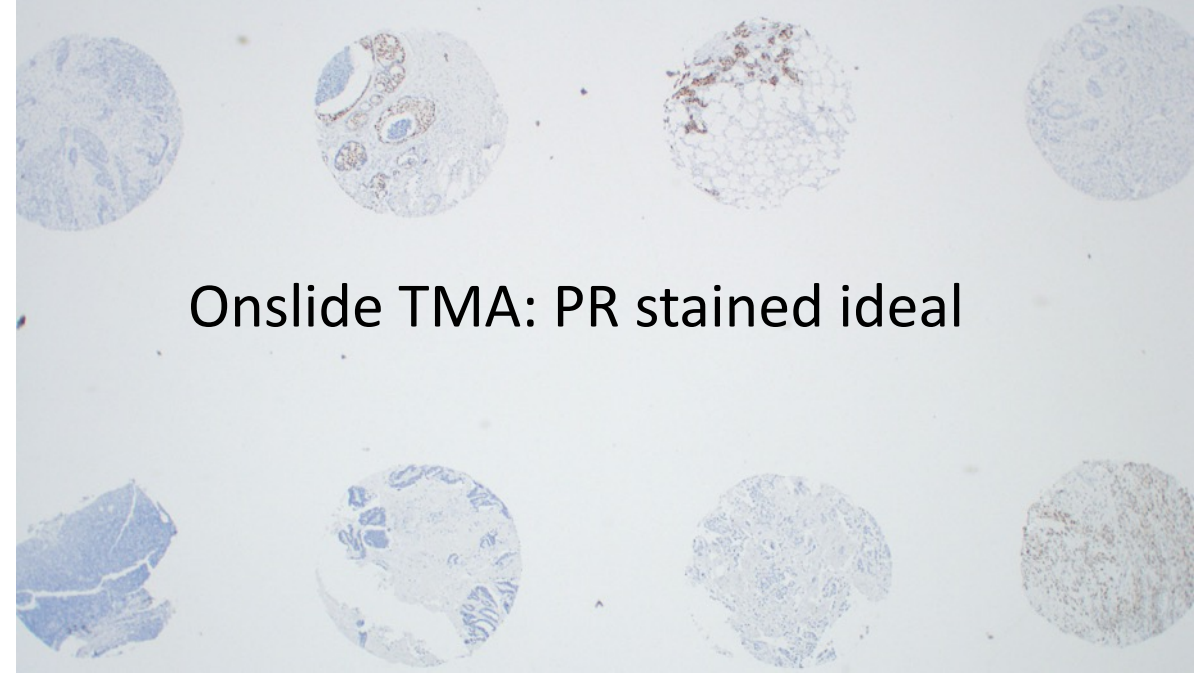
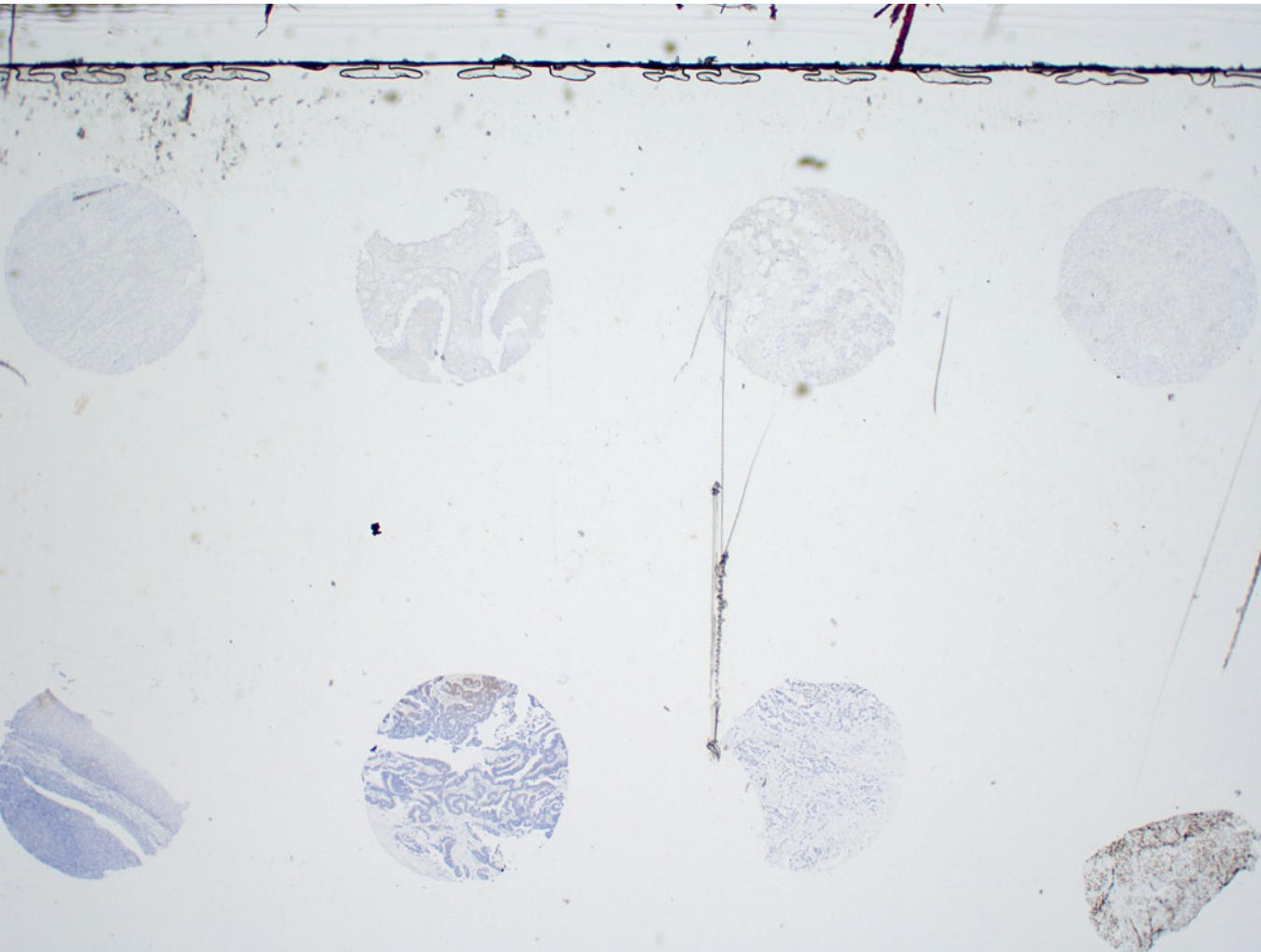
External on-  
slide TMA or  
multi-tissue  
controls

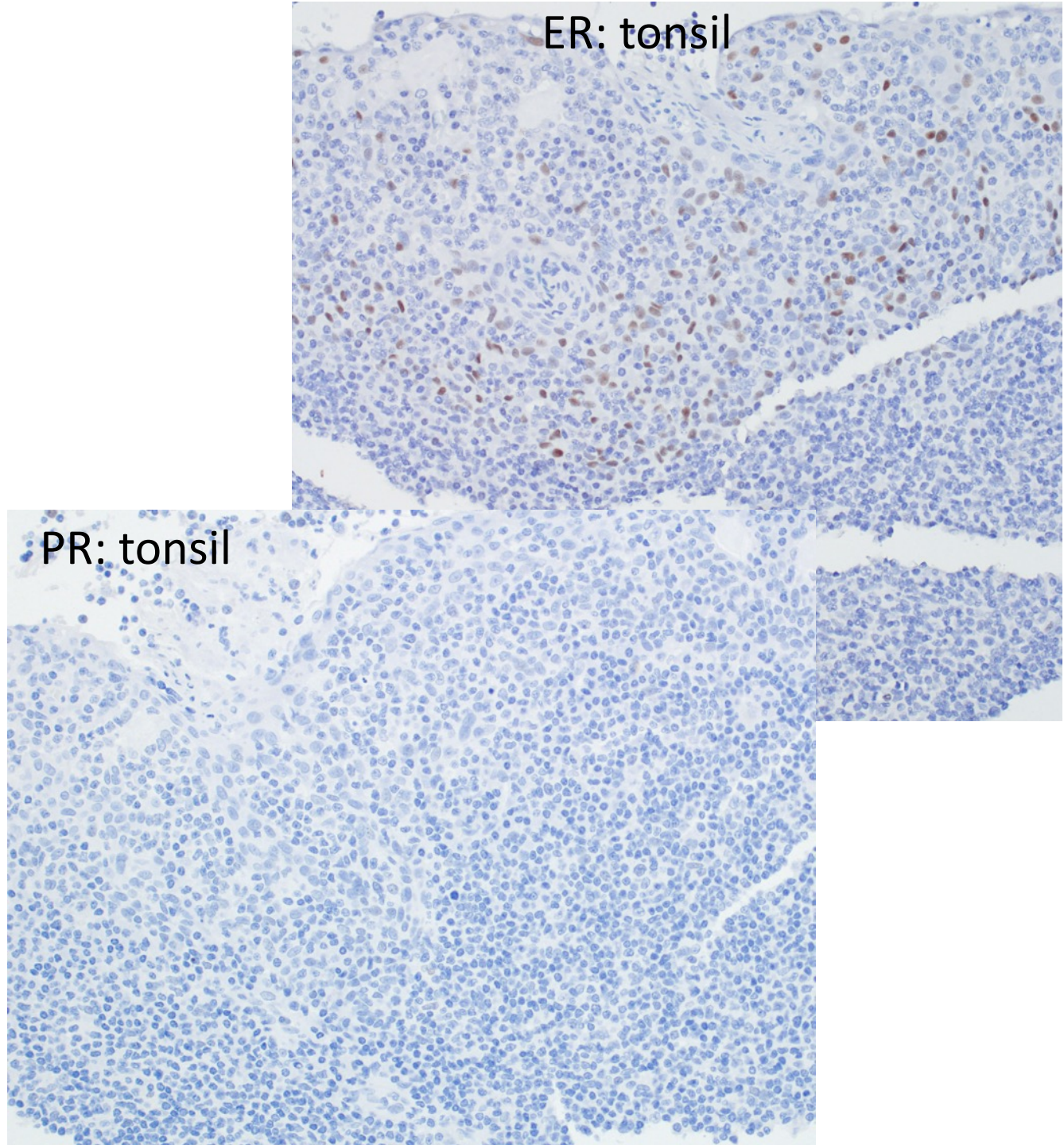
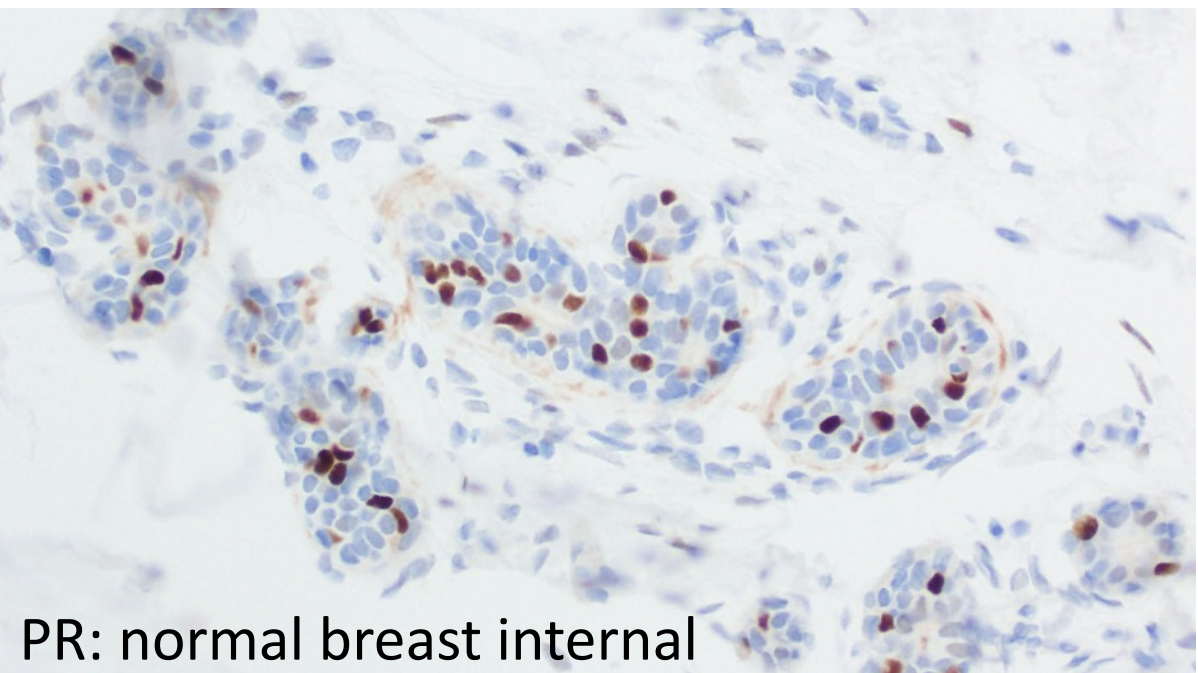
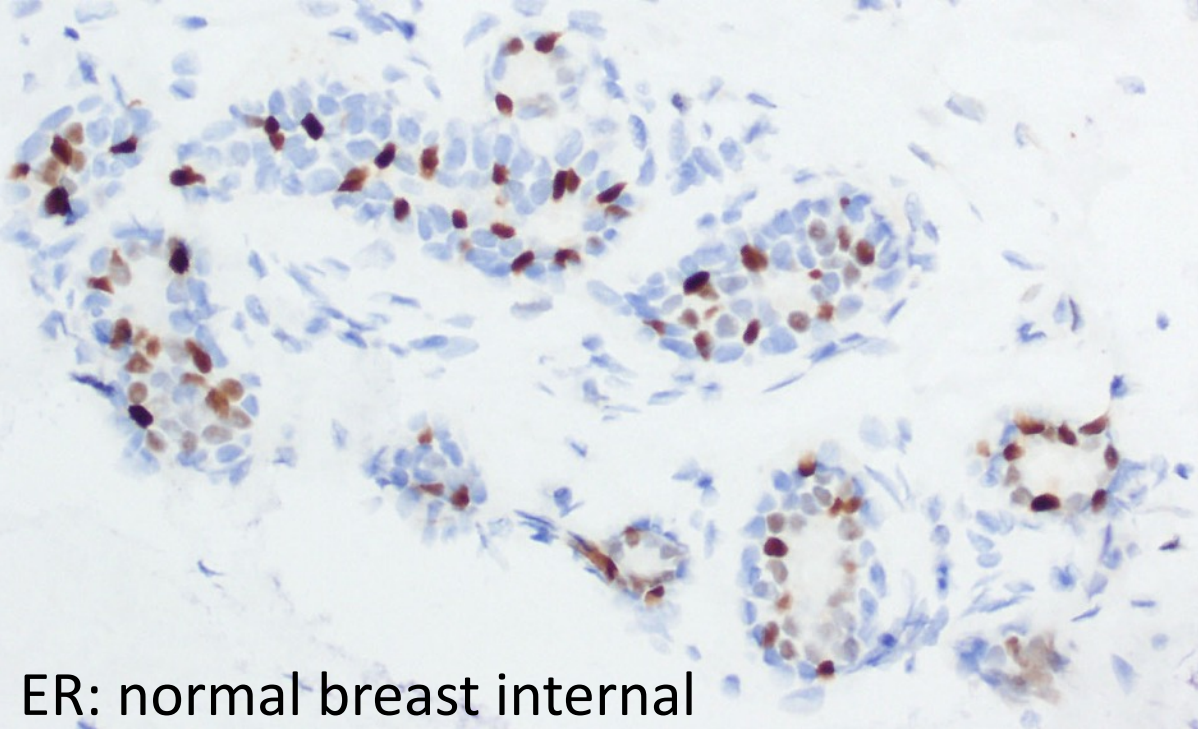
Onslide TMA external: PR stained

Range of +  
intensity



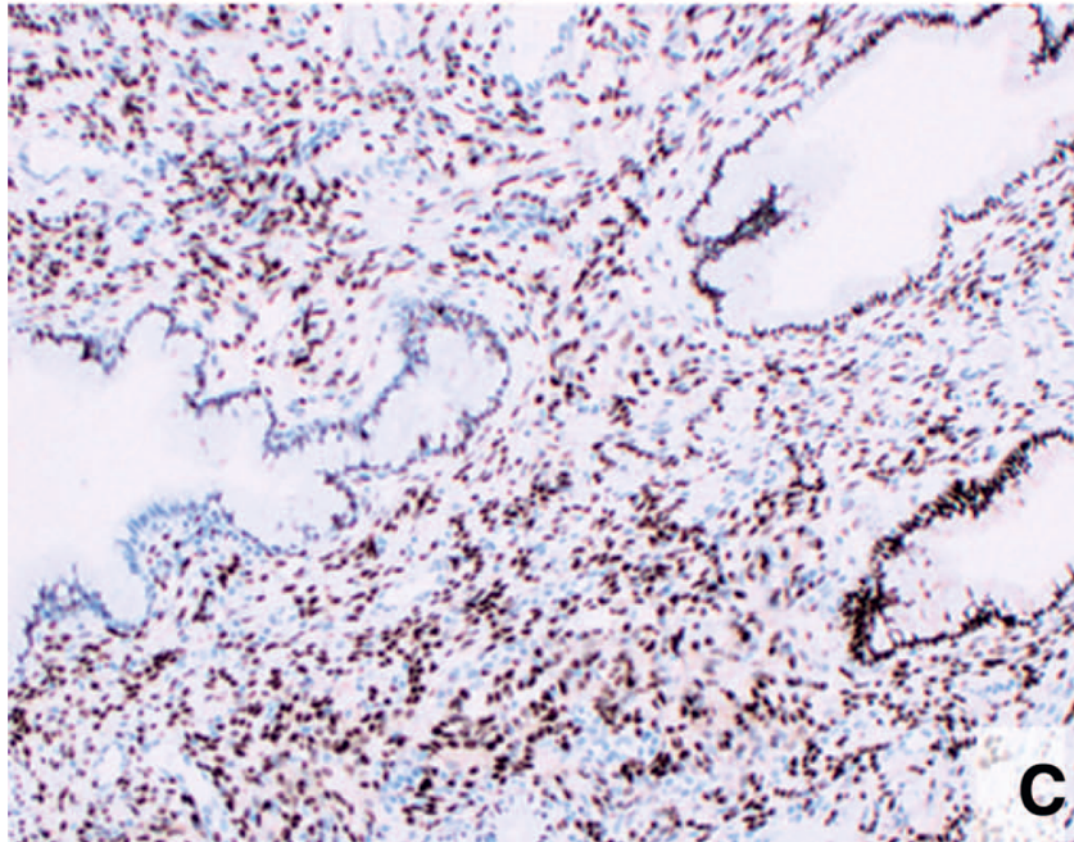
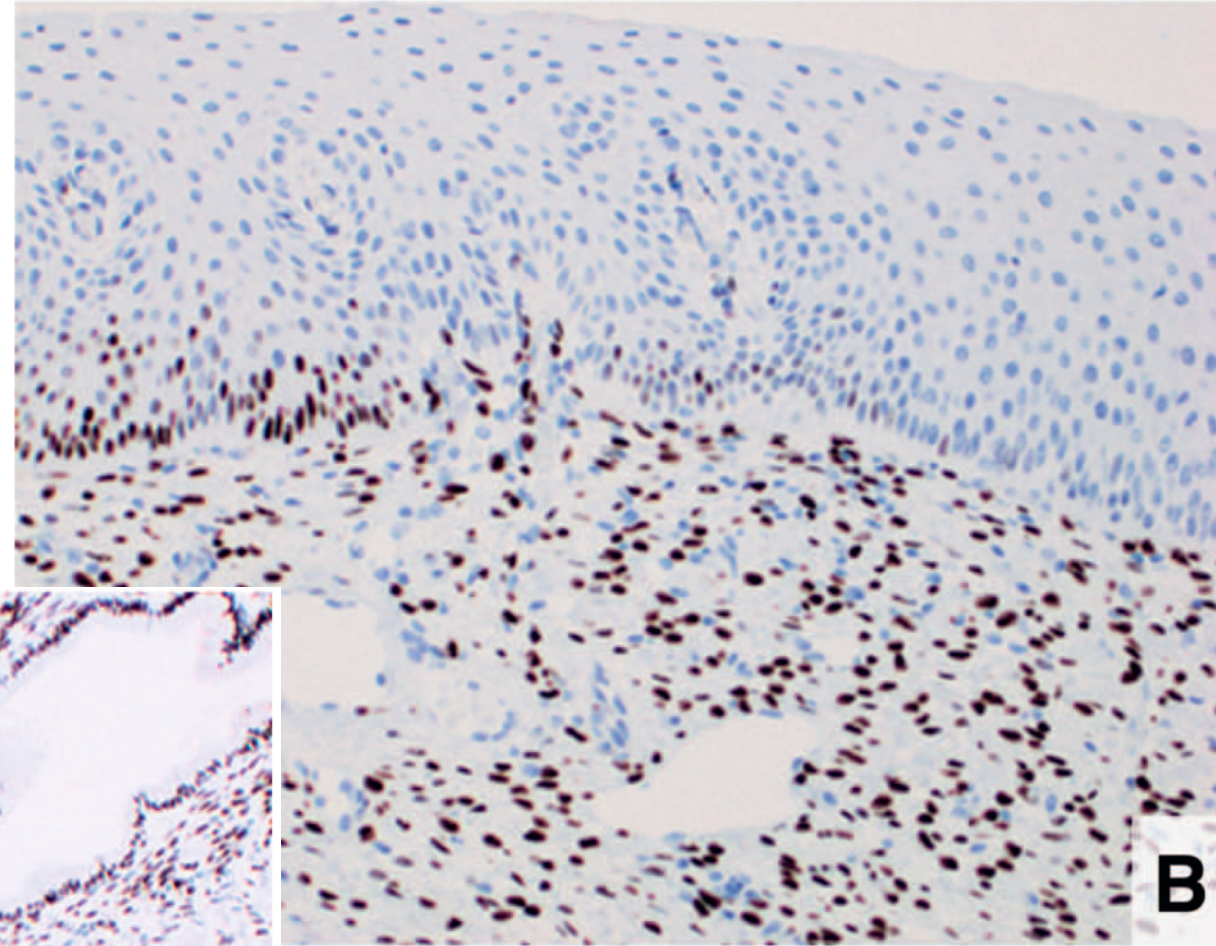
Onslide TMA: PR stained  
What happened?





# PR control: cervix

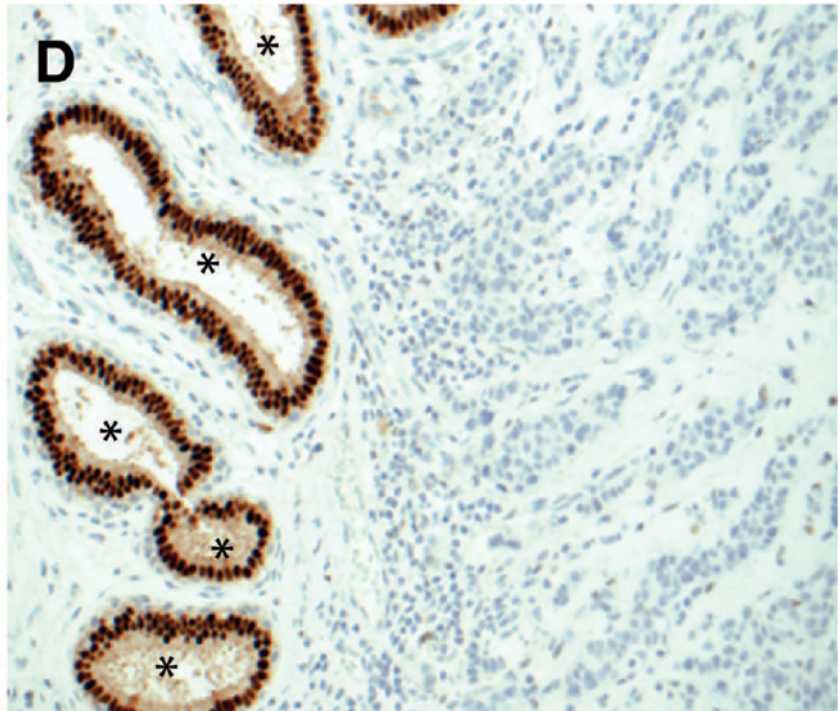
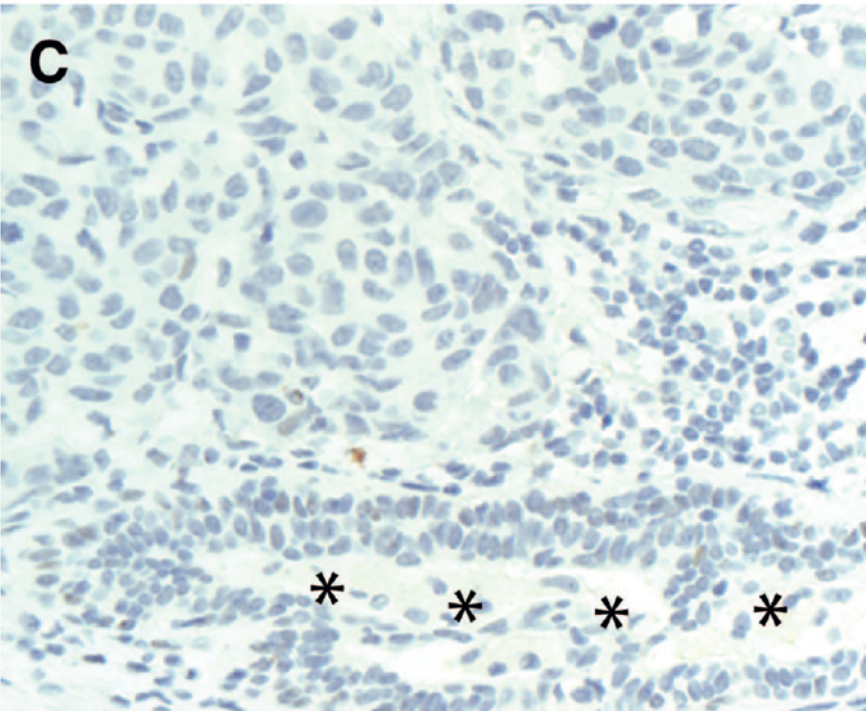
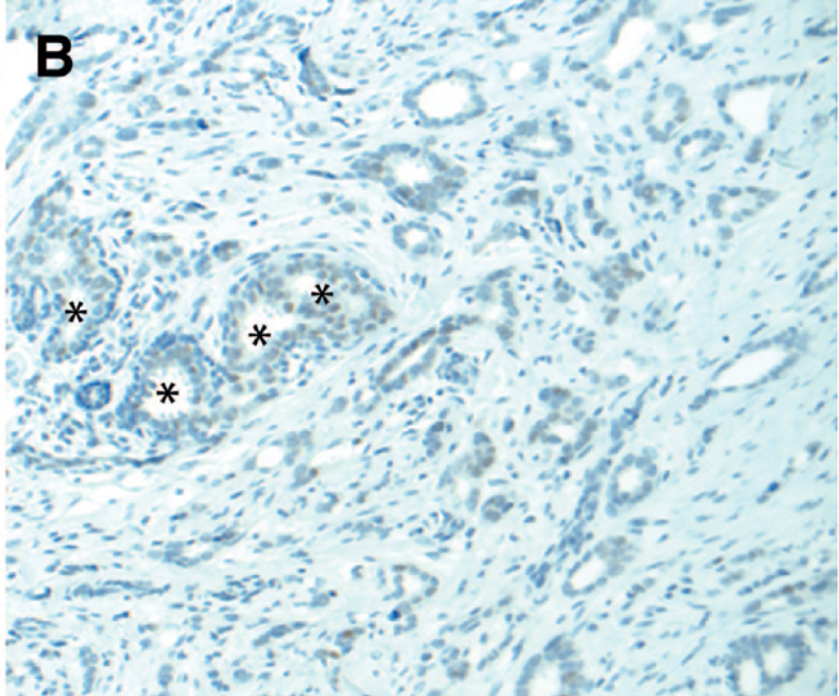
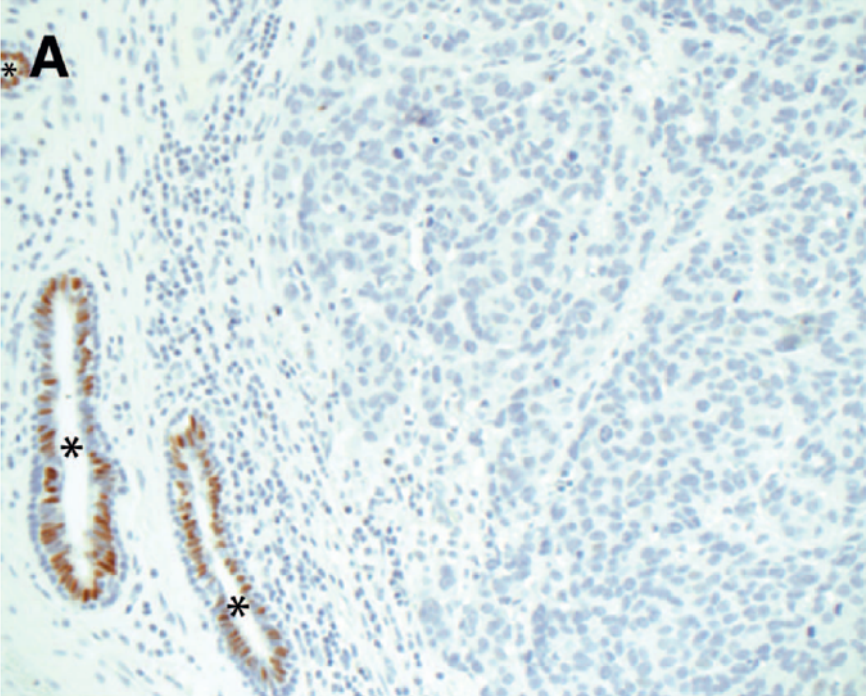
- PR stains basal squamous layer only
- PR stains stromal cells
- PR stains glands, variable





# Carcinoma & benign breast

B & C concern for weak internal control



# High Fidelity of Breast Biomarker Metrics: A 10-Year Experience in a Single, Large Academic Institution


AIMM. 2018;26:697–700

Huina Zhang, MD, PhD, Min Han, MD, PhD, Kavita R. Varma, MD, Beth Z. Clark, MD, Rohit Bhargava, MD, and David J. Dabbs, MD

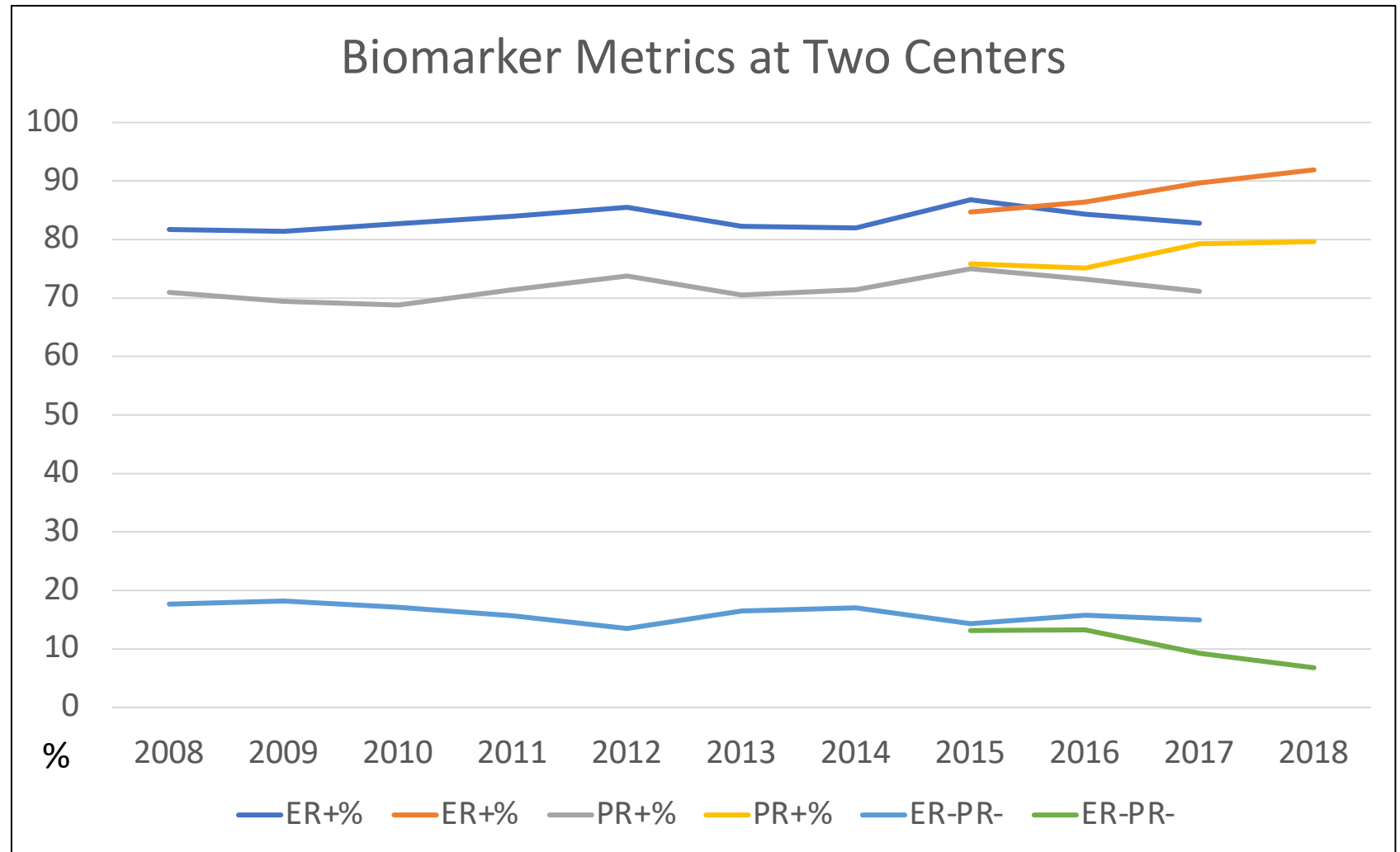
# Variability of predictive markers (hormone receptors, Her2, Ki67) and intrinsic subtypes of breast cancer in four consecutive years 2015–2018

Journal of Cancer Research and Clinical Oncology

2019;145:2983–94

Lidija Stevanovic<sup>1</sup> · Matthias Choschzick<sup>1</sup> · Linda Moskovszky<sup>1</sup> · Zsuzsanna Varga<sup>1</sup> 

- Track lab predictive marker statistics
- Internal consistency
- External benchmark %
- Differs by population
  
- Concordance with sendout (or RT-PCR)





COLLEGE of AMERICAN  
PATHOLOGISTS

Surveys and Anatomic Pathology  
Education Programs

ER and PgR  
Immunohistochemistry  
Tissue Microarray  
PM2-A 2019  
Participant Summary

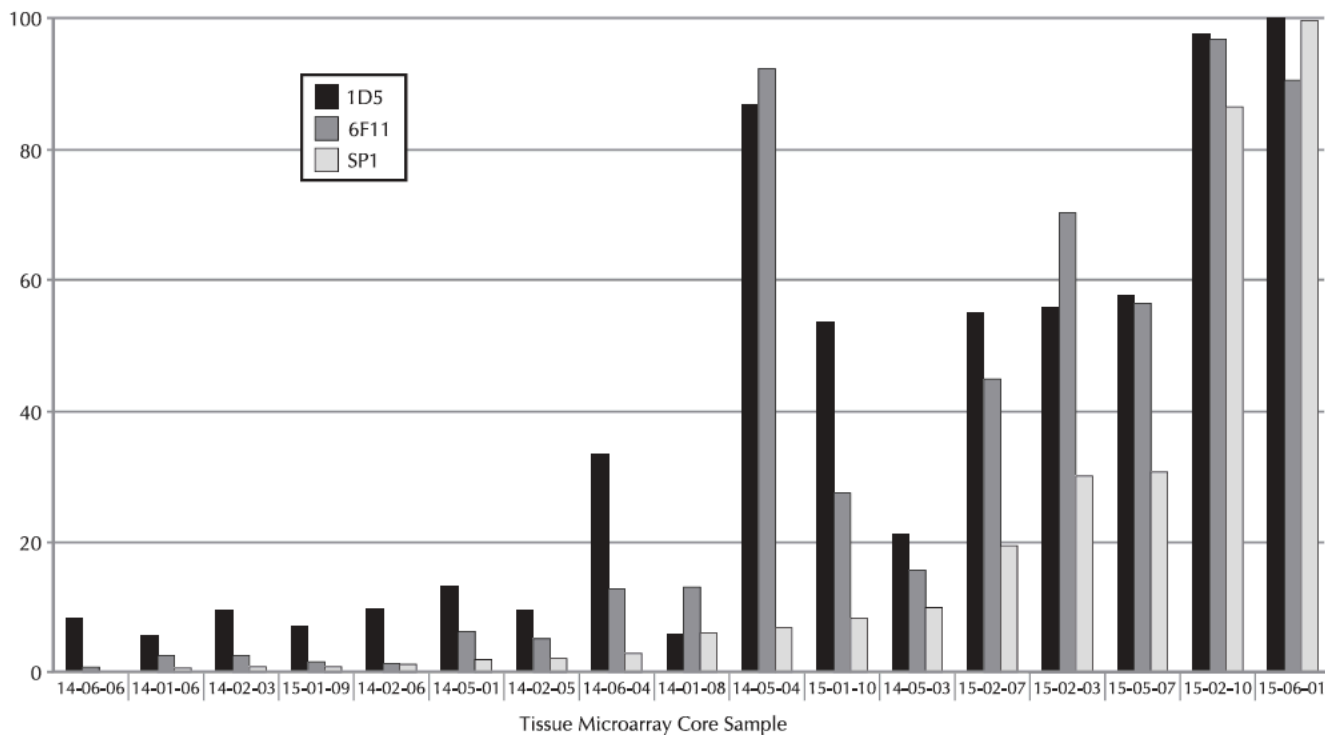
Progesterone Receptor Results  
PM2-03, cont'd

Core-03 Not Graded

Clone	PgR Negative			PgR Positive				No Invasive Cancer Present in Core	Core Tissue not Present
	No Staining	<1%	Total (%)	1-10%	11-50%	>50%	Total (%)		
1E2 (per manuf kit inst)	73	95	168 (23.2)	358	179	20	557 (76.8)	2	-
1E2 (LDT / modified kit)	20	27	47 (29.9)	63	39	8	110 (70.1)	-	1
16	36	19	55 (24.3)	117	49	5	171 (75.7)	1	-
312	-	1	1 (7.7)	6	6	-	12 (92.3)	-	-
PgR-1A6 (1A6)	2	-	2 (50.0)	2	-	-	2 (50.0)	-	-
PgR-636 (636) (per manuf kit inst)	28	6	34 (40.5)	33	16	1	50 (59.5)	-	-
PgR-636 (636) (LDT / modified kit)	13	10	23 (35.4)	26	15	1	42 (64.6)	-	-
PgR1294 (1294)	38	19	57 (32.2)	80	37	3	120 (67.8)	-	1
Rabbit polyclonal	1	-	1 (33.3)	1	1	-	2 (66.7)	-	-
SP2	6	3	9 (37.5)	10	3	-	13 (62.5)	-	-
Y85	2	3	5 (29.6)	6	2	-	8 (70.4)	-	-
Other	4	3	7 (38.9)	8	3	-	11 (61.1)	-	-
<b>Total (1507)</b>	223	186	409	710	350	38	1098	3	2
<b>Total %</b>	14.8	12.3	27.1	47.1	23.3	2.5	72.9		
<b>Intensity of Staining</b>	<b>Weak</b>			<b>Intermediate</b>		<b>Strong</b>		<b>Not Applicable</b>	
	771			451		39		262	

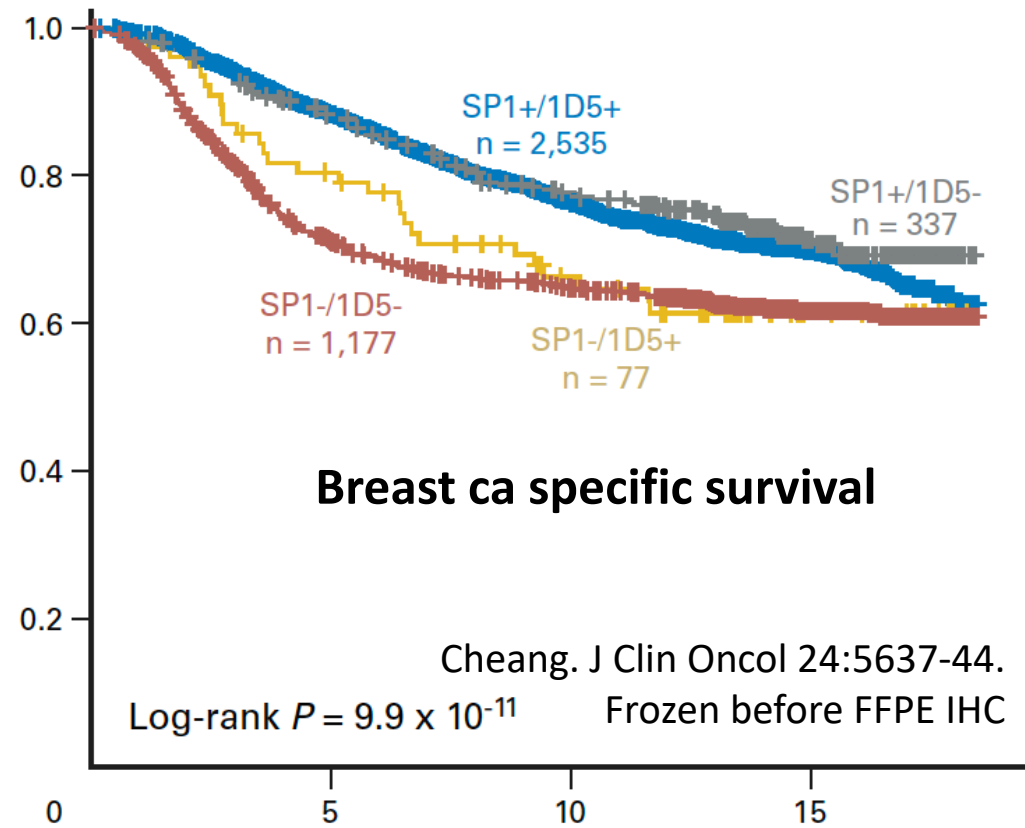
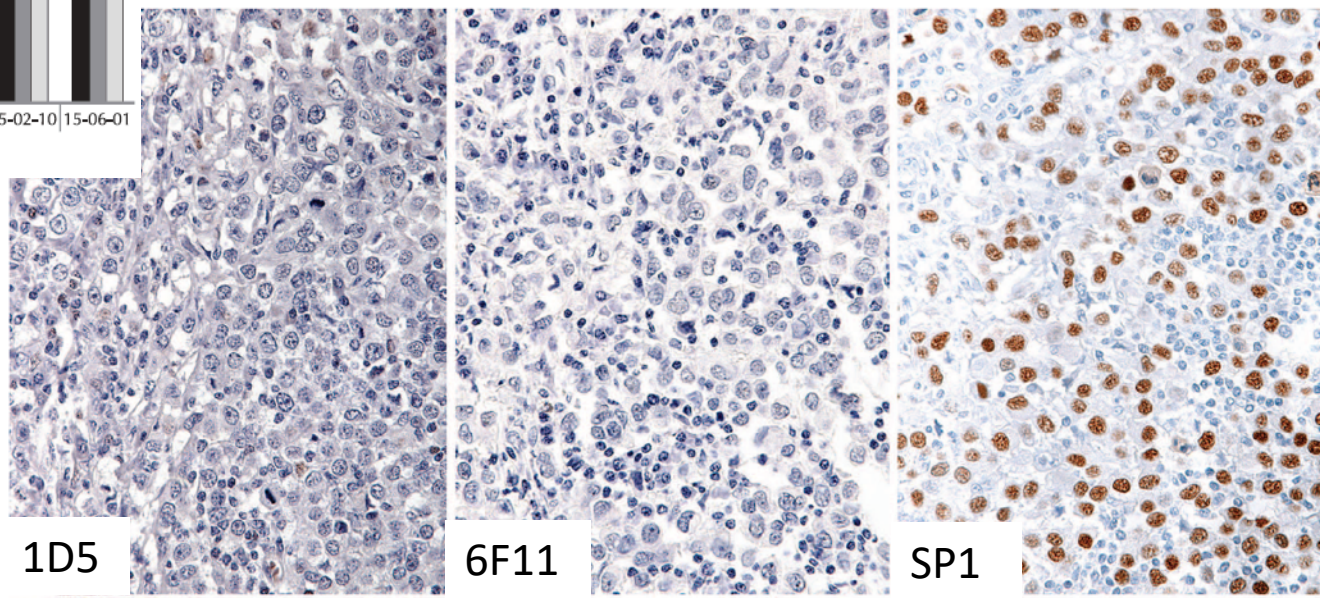
PT data: a wealth of information  
See discussion, results by core, antibody etc

# ER: difference by antibody

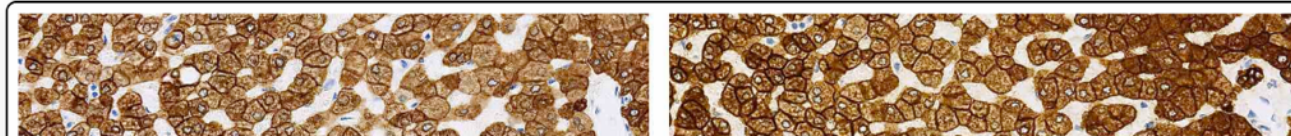


Above: ER CAP PT: TMA cores with difference by Ab (63/80 same)

Troxell. Arch Pathol Lab Med 2017;141:1402-12.



## EQA handy ref


 [Events](#)

4th NordiQC Conference on Applied  
Immunohistochemistry

<a href="#">ER</a>	<a href="#">Estrogen Receptor</a>	<a href="#">Run B28</a>	2019	<a href="#">Link</a>
<a href="#">ERG</a>	<a href="#">Ets-Related Gene</a>	<a href="#">Run 50</a>	2017	<a href="#">Link</a>
<a href="#">FVIII</a>	<a href="#">Factor VIII related antigen</a>	<a href="#">Run 11</a>	2004	
<a href="#">GATA3</a>	<a href="#">GATA3</a>	<a href="#">Run 54</a>	2018	<a href="#">Link</a>
<a href="#">GCDFP</a>	<a href="#">Gross cystic disease fluid protein-15</a>	<a href="#">Run 36</a>	2012	<a href="#">Link</a>
<a href="#">GFAP</a>	<a href="#">Glial fibrillary acidic protein</a>	<a href="#">Run 13</a>	2005	
<a href="#">GLP3</a>	<a href="#">Glypican 3</a>	<a href="#">Run 42</a>	2014	<a href="#">Link</a>
<a href="#">HCG</a>	<a href="#">Human chorionic gonadotropin</a>	<a href="#">Run 11</a>	2004	
<a href="#">HEPA</a>	<a href="#">Hepatocyte antigen</a>	<a href="#">Run 36</a>	2012	<a href="#">Link</a>
<a href="#">HER2 IHC</a>	<a href="#">HER2 IHC</a>	<a href="#">Run B28</a>	2019	<a href="#">Link</a>
<a href="#">HER2 ISH</a>	<a href="#">HER2 ISH</a>	<a href="#">Run H16</a>	2019	

central DNA-binding domain, the hormone-binding domain at the C-terminal, and the transcription-activating domain at the N-terminal. ER mediates regulatory functions of female sex steroids, mainly 17 (E2), on growth, differentiation and function in several target tissues, including female and male reproductive tract, mammary gland, and skeletal and cardiovascular systems. Recently, a second estrogen receptor, termed ER $\beta$ , was discovered. Human ER $\beta$  shares a high structural homology with the previously known human ER, now termed ER $\alpha$ , especially in the DNA- and hormone binding domains. Both receptors bind hormones with similar affinity and their transcriptional activation is identical. The tissue distribution of ER $\beta$  is similar to that of ER $\alpha$  with some differences. In normal and malignant human breast tissue ER $\beta$  is expressed in stromal cells in addition to epithelia. Only limited data are available on the role of ER $\beta$  in normal and neoplastic tissues.

### Neoplasms

ER $\alpha$  is mainly expressed in tumours of female sex steroid hormone responsive tissues such as the mammary gland, endometrium, and ovary. ER $\alpha$  protein is expressed in 60-70% of female breast cancers (ER+/PR- 19-22%; ER+/PR+ 49-53%). Other tumours expressing ER $\alpha$  are meningiomas, salivary gland tumours, some neuroendocrine tumours, and some colorectal and hepatocellular carcinomas.

### Application

The applications of immunohistochemical demonstration of ER $\alpha$  at clinical use of ER $\alpha$  immunohistochemistry is prediction of response to endocrine therapy. Tumours expressing both ER $\alpha$  and PR react positively to endocrine therapy in 50-70% of cases as against below 10% of those negative for ER $\alpha$ . These facts and a number of meta-analyses, adjuvant anti-estrogens administered in most countries to postmenopausal women with ER $\alpha$  (and PR) status can be used to estimate disease-free and overall survival. In immunohistochemical assay, positive steroid hormone status has prognostic value. Secondly, ER $\alpha$  can be used as a tumour marker (see NORDIQC Progestrone receptor, e.g., in the classification of adenocarcinomas).

### Controls

Uterine cervix and tonsil can be recommended as positive tissue controls for ER. In uterine cervix, virtually all squamous and columnar epithelial cells must show a moderate to strong and distinct nuclear staining reaction. Lymphocytes and endothelial cells must be negative. Tonsil is especially found recommendable as a tool to monitor the level of analytical sensitivity for the demonstration of ER. Dispersed follicular dendritic cells in germinal centers and squamous epithelial cells must show an at least weak but distinct nuclear staining reaction. In addition, tonsil can be used as negative tissue control, as B-cells in mantle zones and within germinal centers must be negative.

**Assessments**

ER runs

- [Run B28](#)
- [Run B27](#)
- [Run B26](#)
- [Run B25](#)
- [Run B24](#)
- [Run B23](#)
- [Run B21](#)
- [Run B19](#)
- [Run B17](#)
- [Run B13](#)
- [Run B10](#)
- [Run 13](#)
- [Run B07](#)
- [Run 10](#)
- [Run B03](#)
- [Run B08](#)
- [Run B15](#)

Each run links to pdf with detailed Analysis of protocols and examples of good and poor result

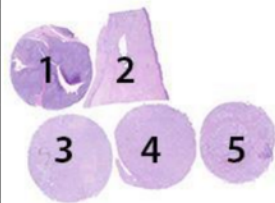
## Assessment Run B28 2019 Estrogen receptor (ER)

### Material

The slide to be stained for ER comprised:

No.	Tissue	ER-positivity*	ER-intensity*
1.	Tonsil	1-5%	Weak to moderate
2.	Uterine cervix	80-90%	Moderate to strong
3.	Breast carcinoma	40-60%	Weak to moderate
4.	Breast carcinoma	90-100%	Moderate to strong
5.	Breast carcinoma	Negative	-

\*ER-status and staining pattern as characterized by the NordiQC reference laboratory using the rAb clones EP1 and SP1.



# What about PR?

## Predictive

- Higher response to endocrine Rx if ER+/PR+ in metastatic, neoadjuvant settings
- No difference in benefit by PR status in adjuvant setting

## Prognostic

- Lower PR, poorer prognosis
- PR helps forecast intrinsic type
- PR is element of IHC4, Magee equations, nomograms

- **“Continue to recommend routine PR testing of invasive...”**
  - Use 1% as positivity threshold
  - Report % and intensity
  - No Low PR category
  - PR optional for DCIS

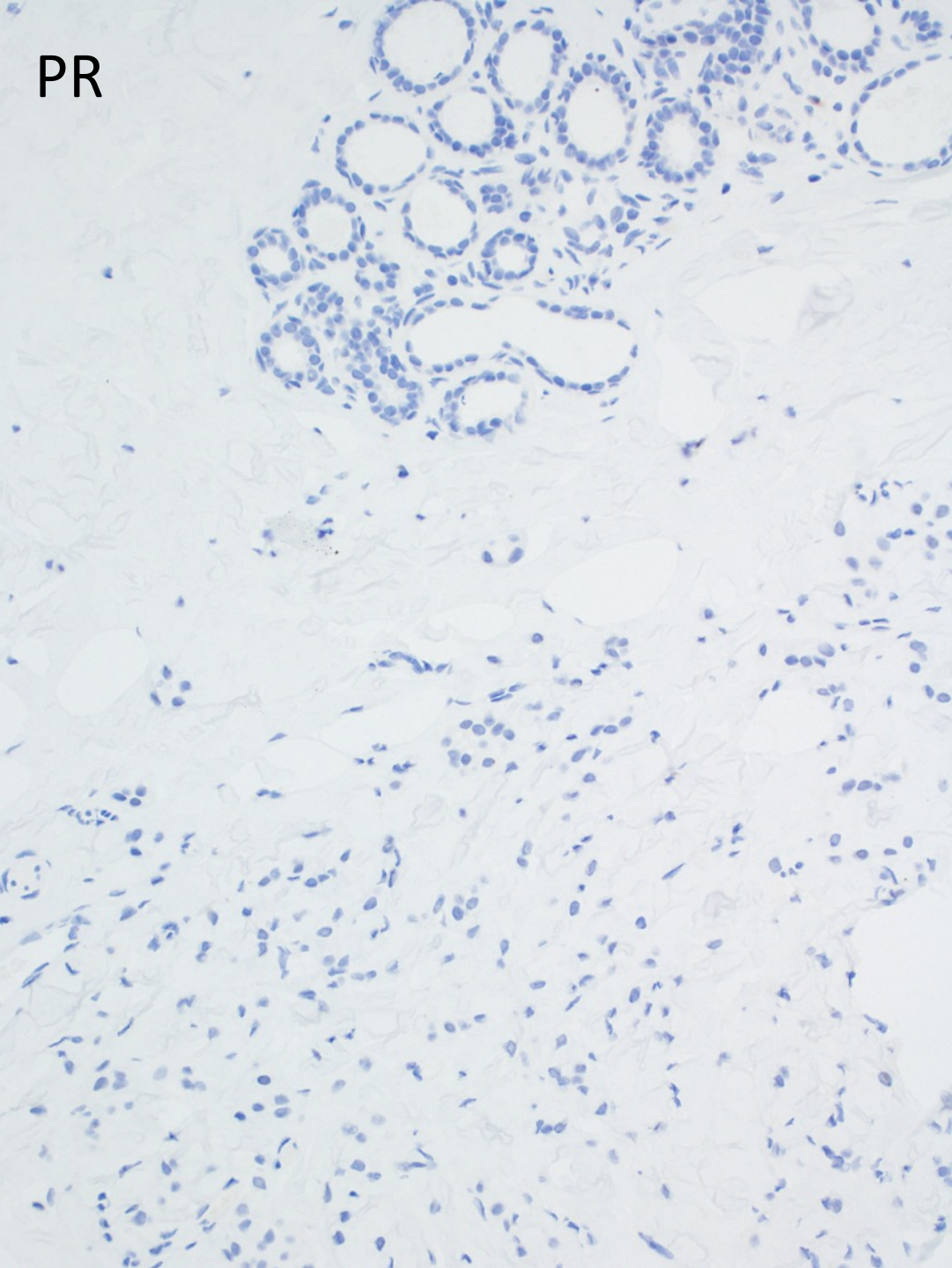
# Does ER-/PR+ breast cancer exist?

- False negative ER in a truly ER+ tumor?
  - Check controls; consider repeat
- False-positive PR in an ER-PR- tumor?
- Tumor heterogeneity?
- ER-/PR+ as a rare subgroup?
- Add endocrine Rx to chemo as per TN breast cancer?

	<b>ER+/PR+ (45%)</b>	<b>ER+/PR- (15%)</b>	<b>ER-/PR+ (4%)</b>	<b>ER-/PR- (37%)</b>
LumA	59%	29%	<b>15%</b>	1%
LumB	23%	30%	<b>5%</b>	2%
Basal	6%	18%	<b>65%</b>	80%



PR



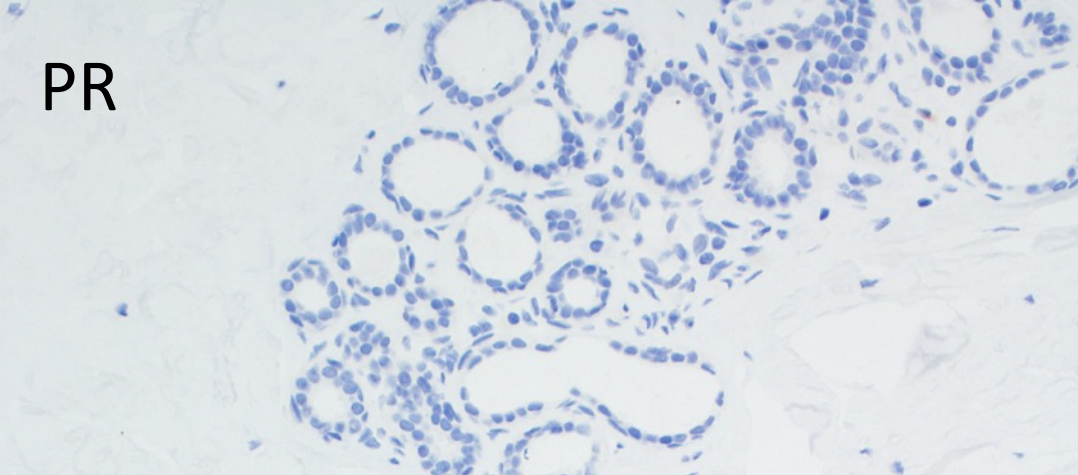
# Troubleshooting

PR stain: ILC with normal breast

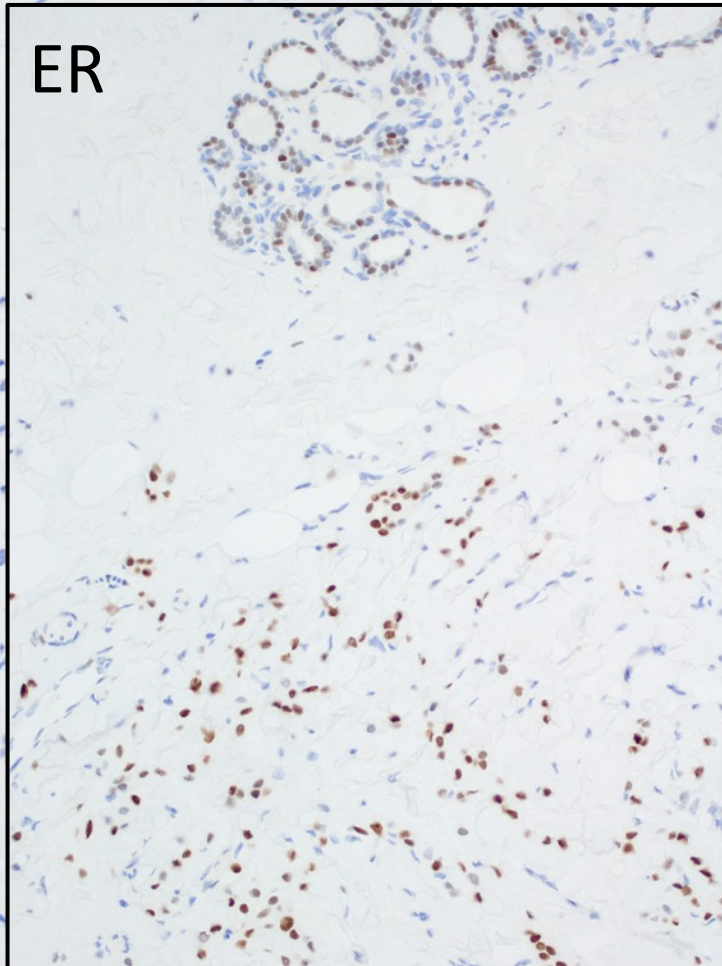
What happened?

Next step?

PR



ER



# Troubleshooting

PR stain: ILC with normal breast

What happened?

Next step?

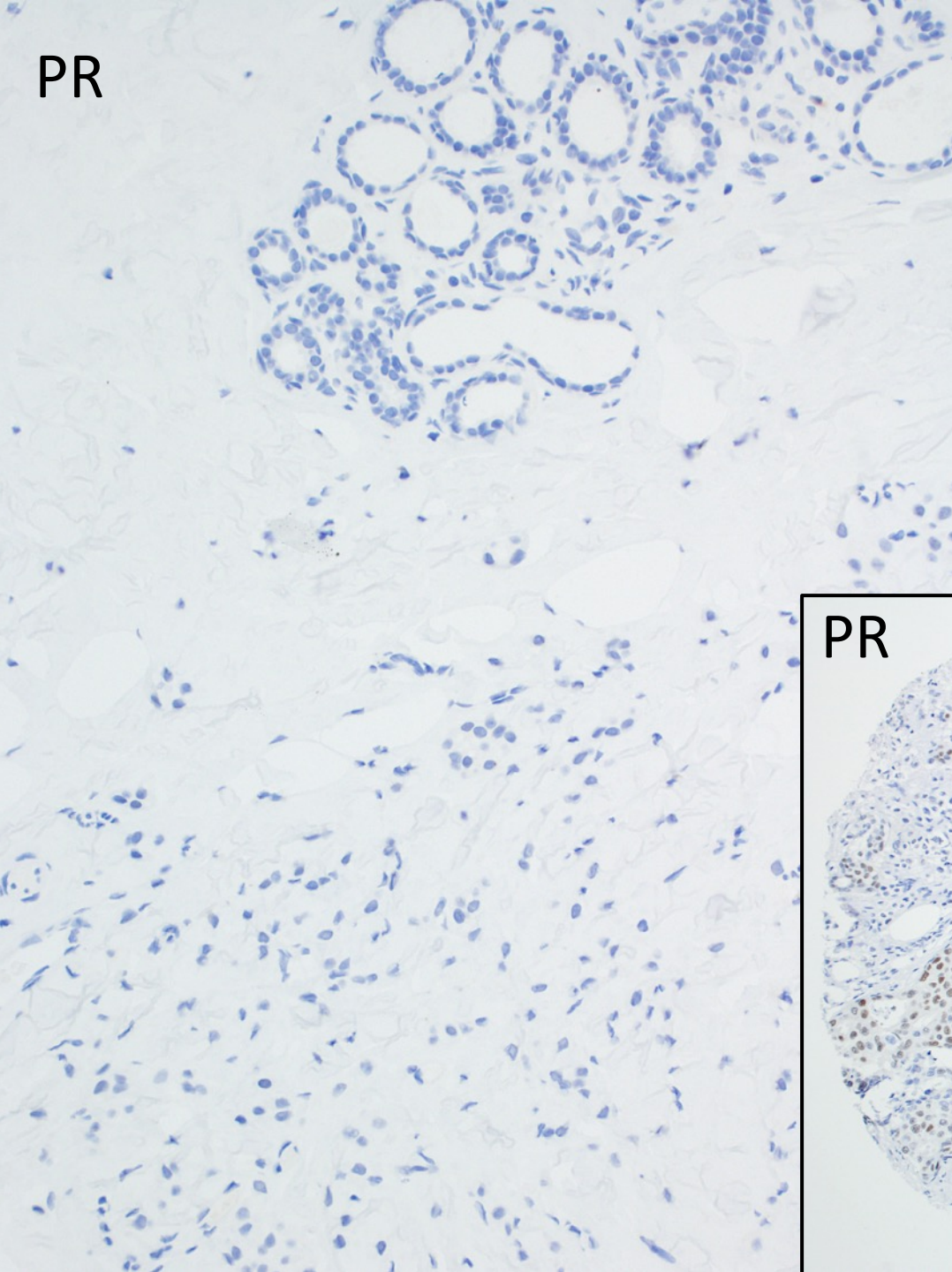
→ Check ischemia/fixation

Ischemia: 1 hr

Fixation: 10 hr 10% NB formalin

ER worked!?

PR



# Troubleshooting

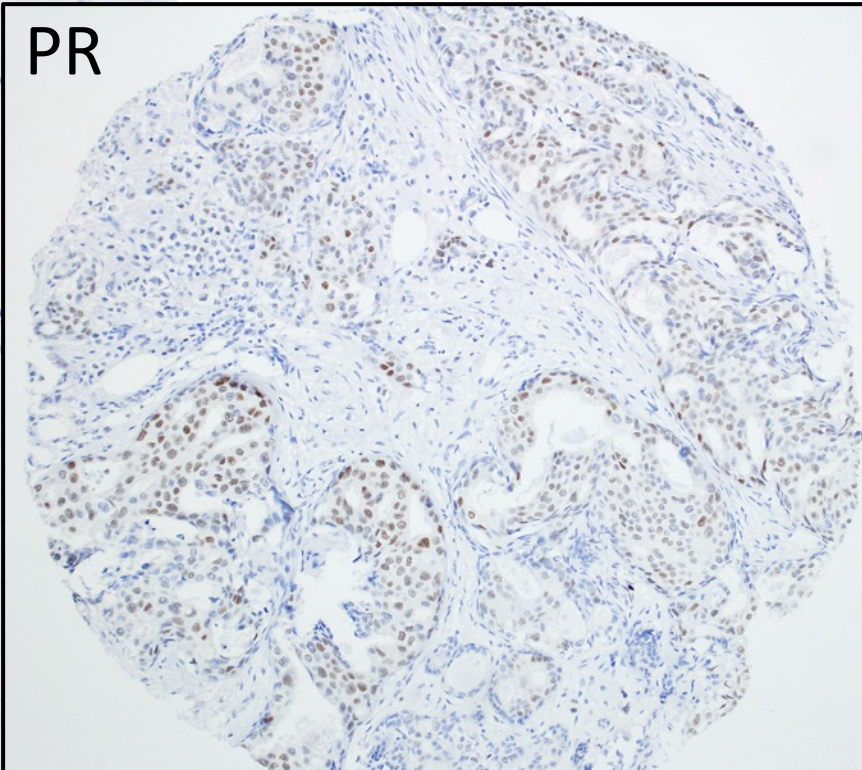
PR stain: ILC with normal breast

What happened?

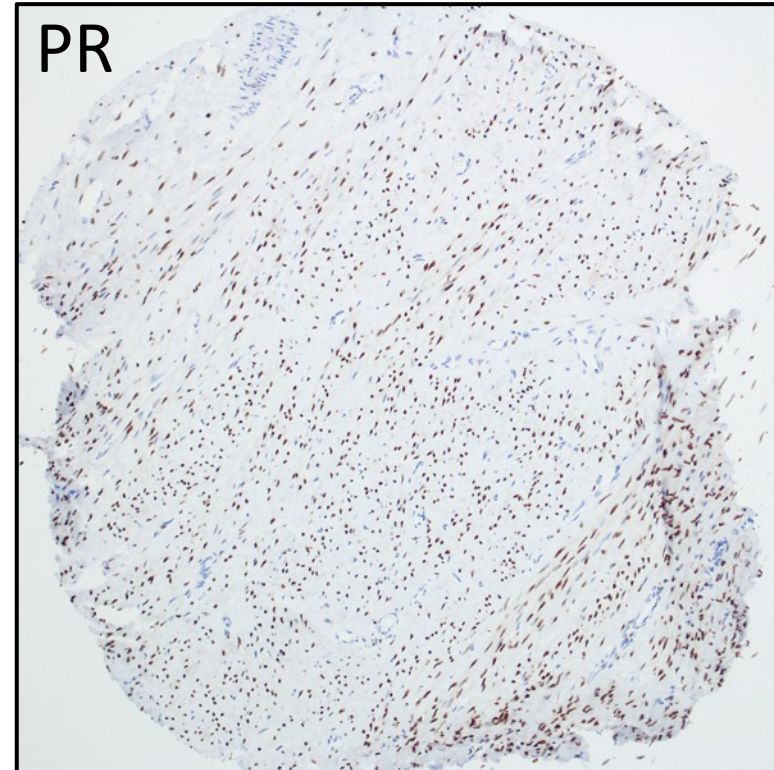
Next step?

→ Check onslide external control

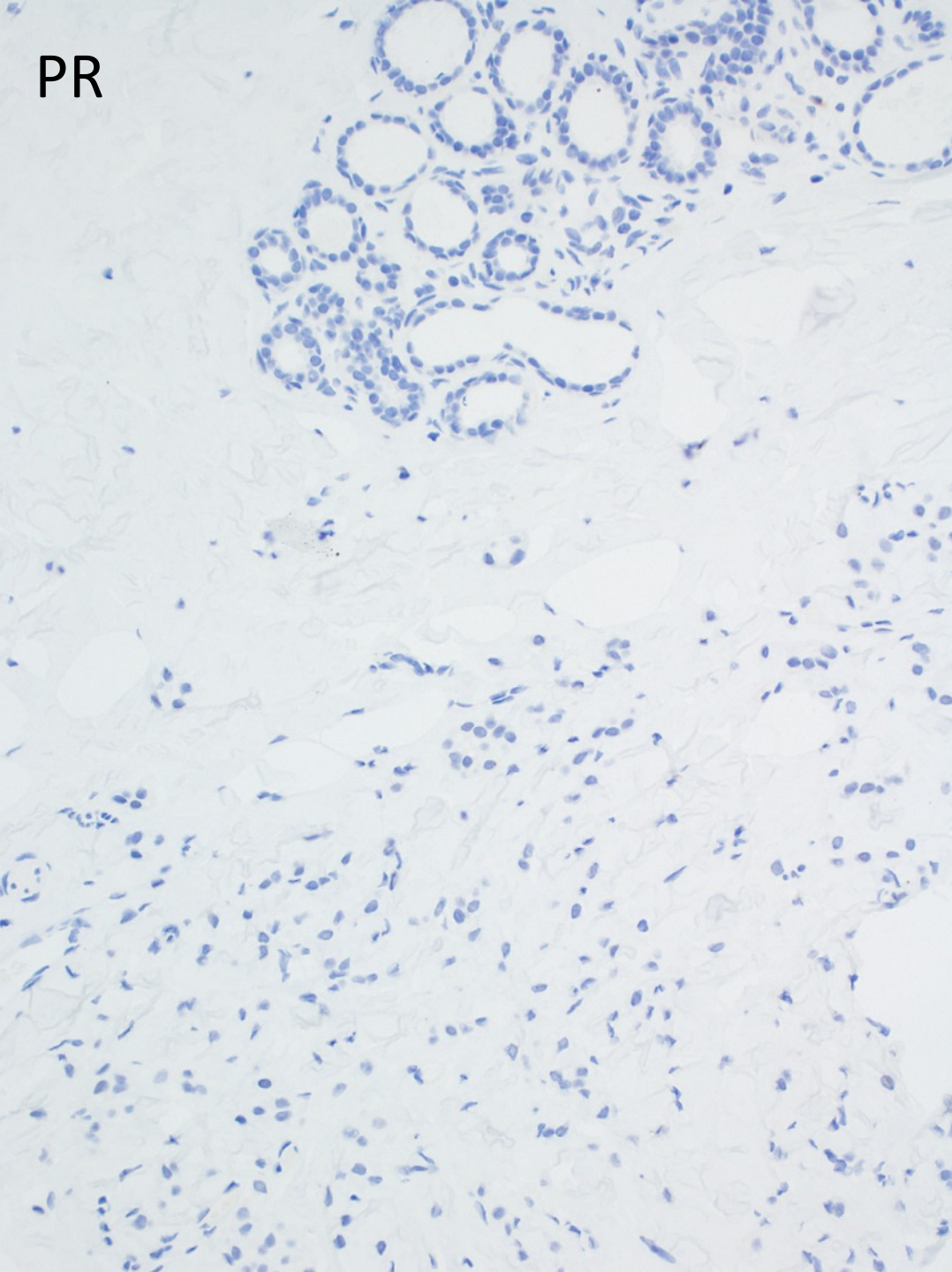
PR



PR



PR



# Troubleshooting

PR stain: ILC with normal breast

What happened?

Next step?

→ Correlate with clinical history

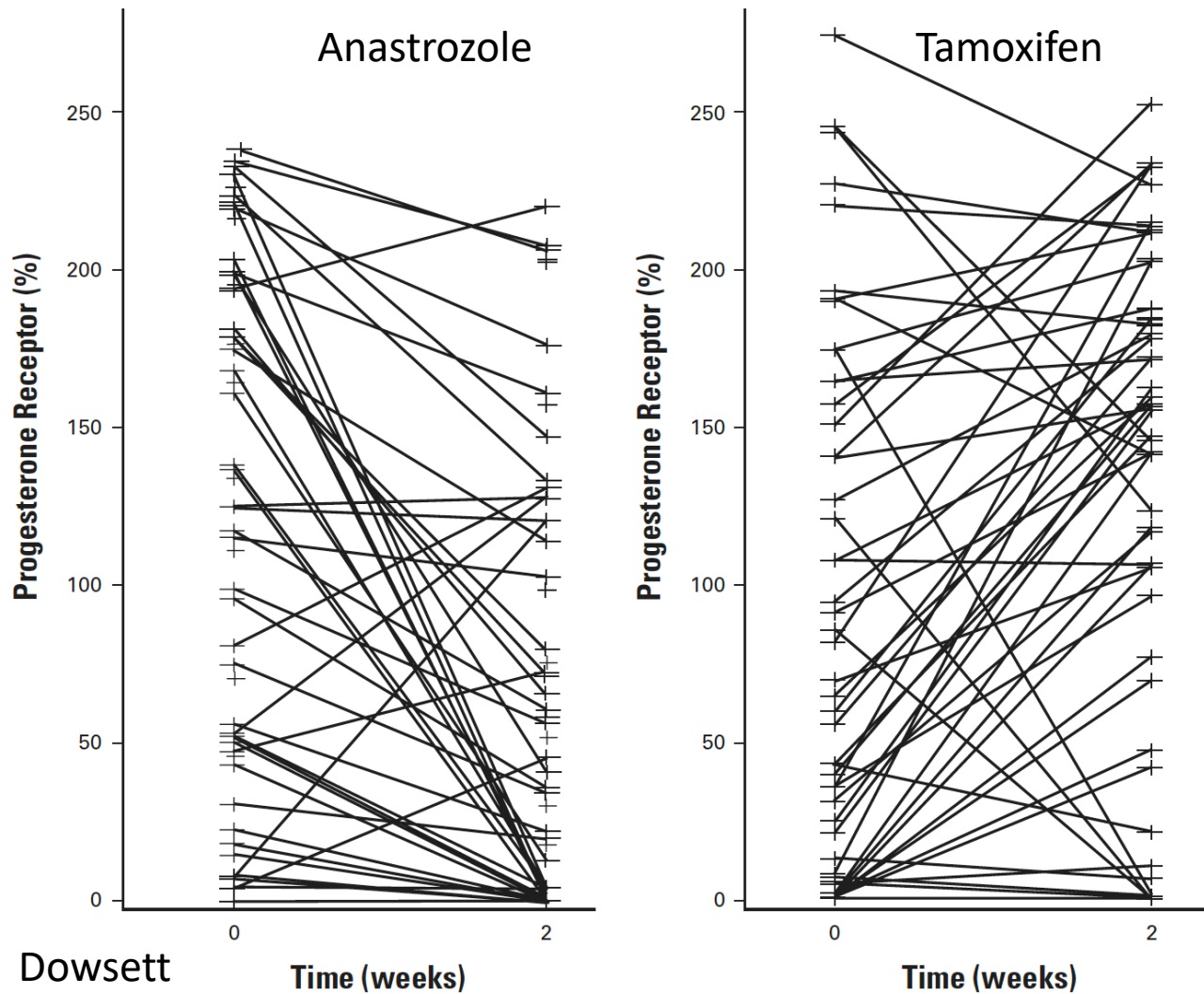
Prior core ER+++ / PR+++

Neoadjuvant letrozole Rx

→ Repeat stain? Same

**Now what?**

# ER PR IHC with endocrine therapy

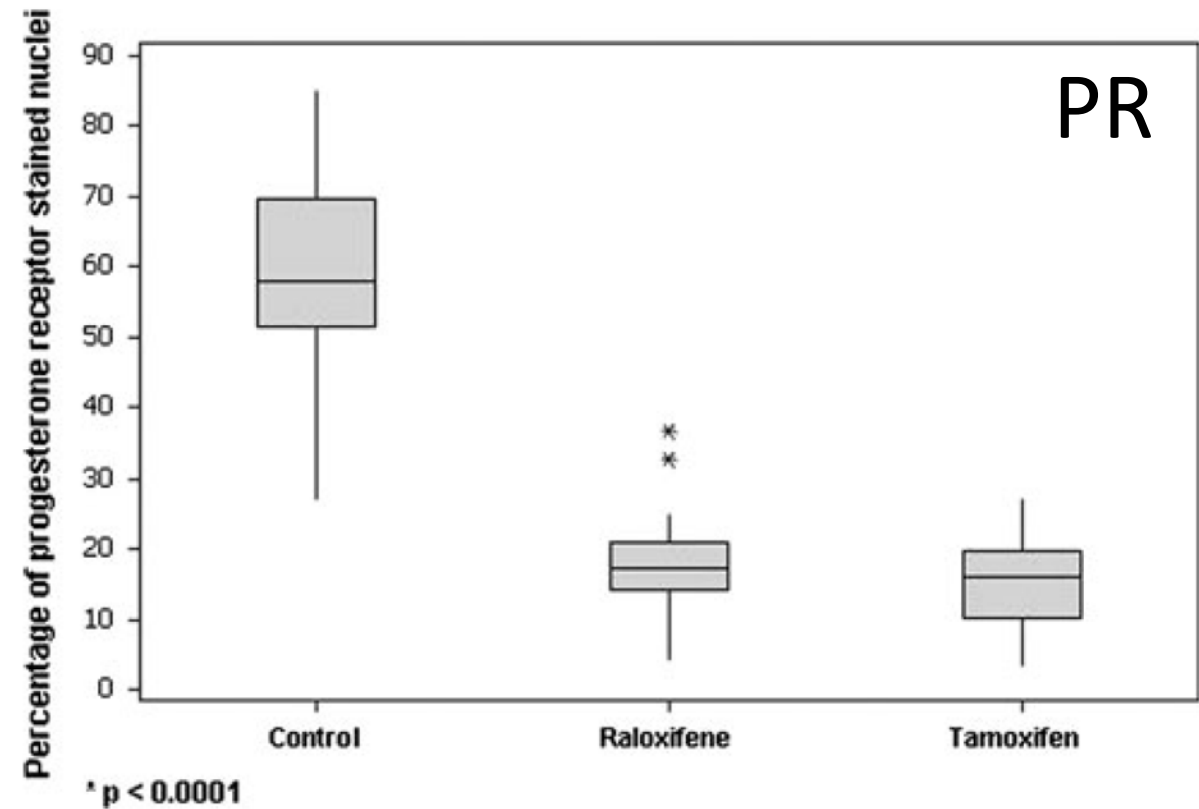
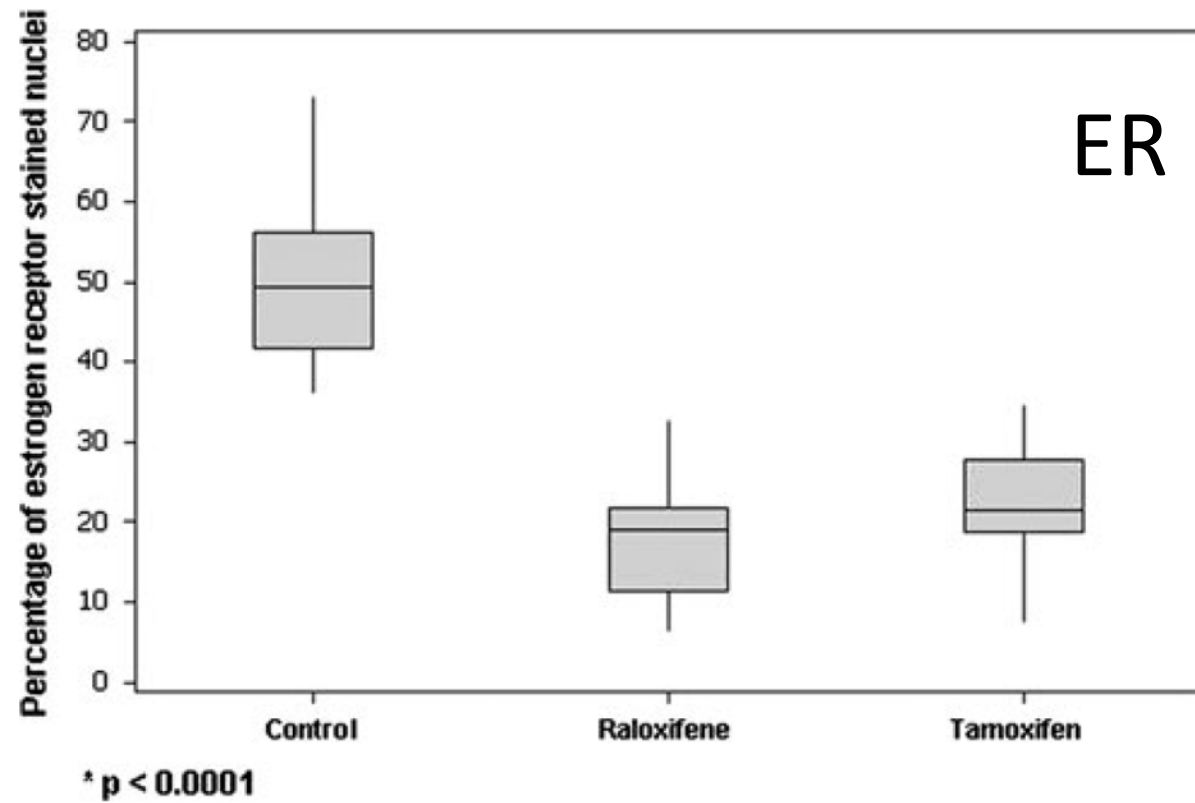


- Profound decrease in PR with Aromatase inhibitor
  - Tumor and normal
  - Letrozole, anastrozole, exemestane
- Effects of tamoxifen may vary over time and differ in tumor/normal

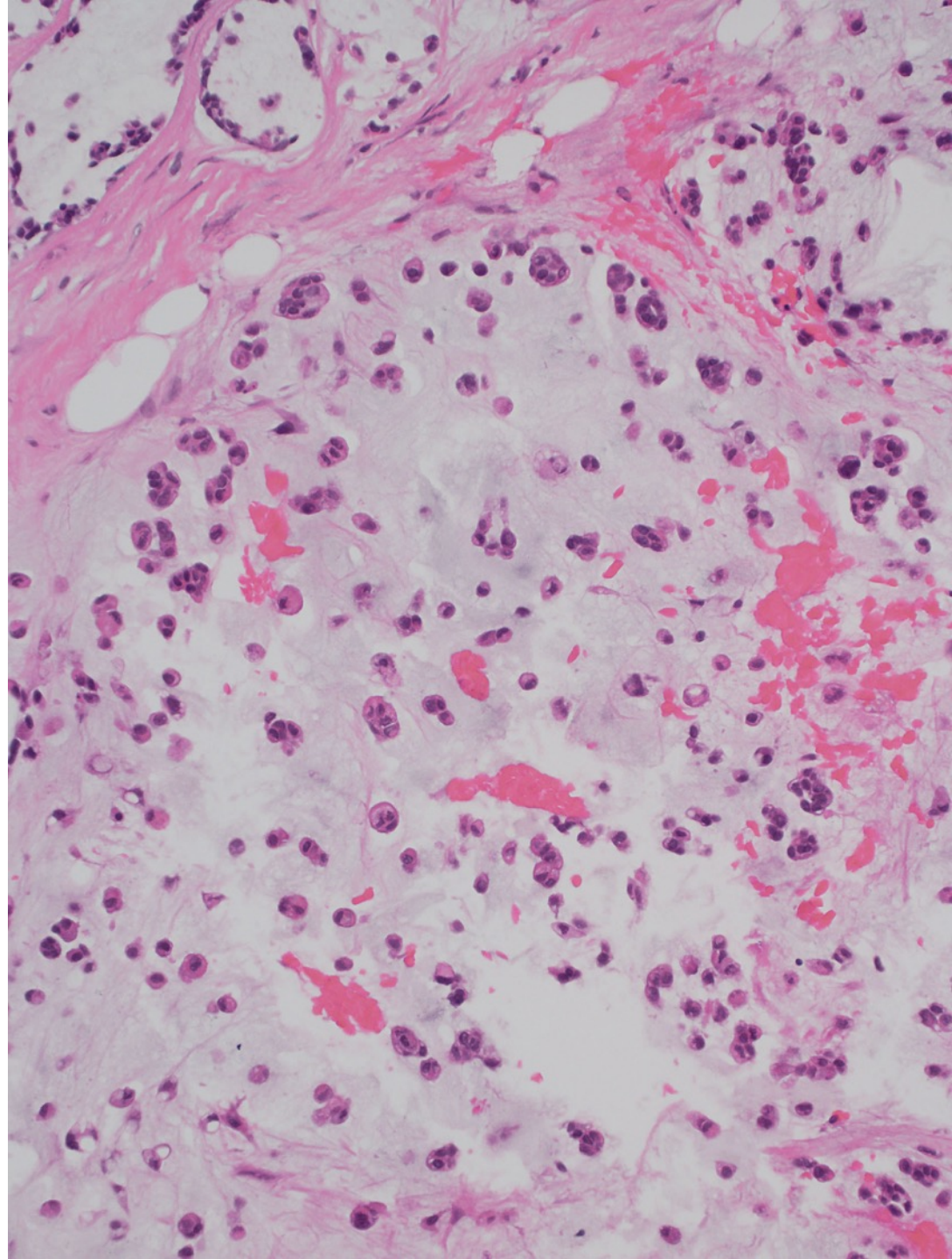
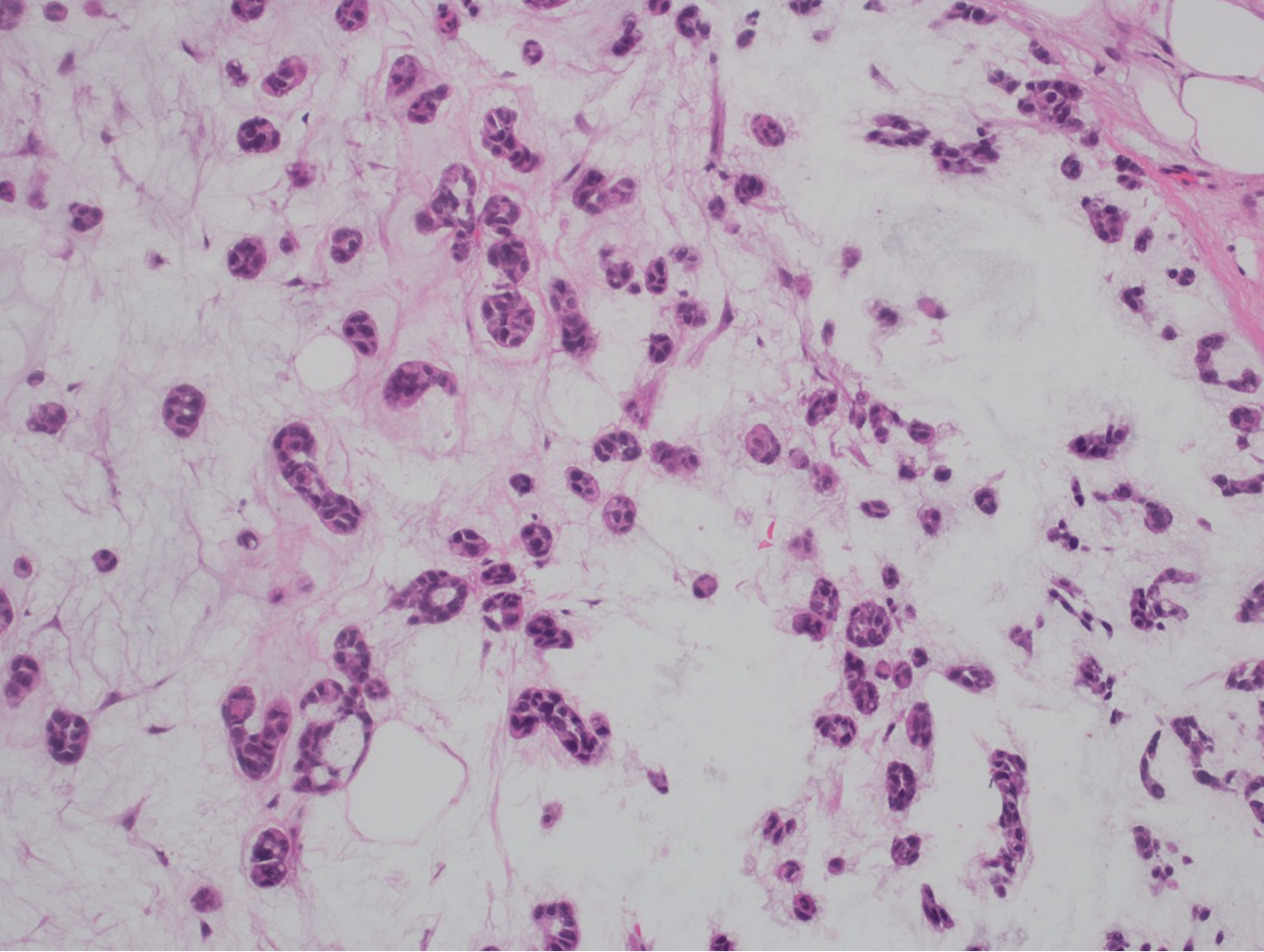
	ER	PR
Tam	Partial decrease	Variable
AI	Stable	Decrease/neg

Miller. J Steroid Biochem Mol Biol. 2005;95:83-9  
 Dowsett. J Clin Oncol 23:2477-2492.  
 Kurosumi. J Cancer Res Clin Oncol.2008;134:715-22

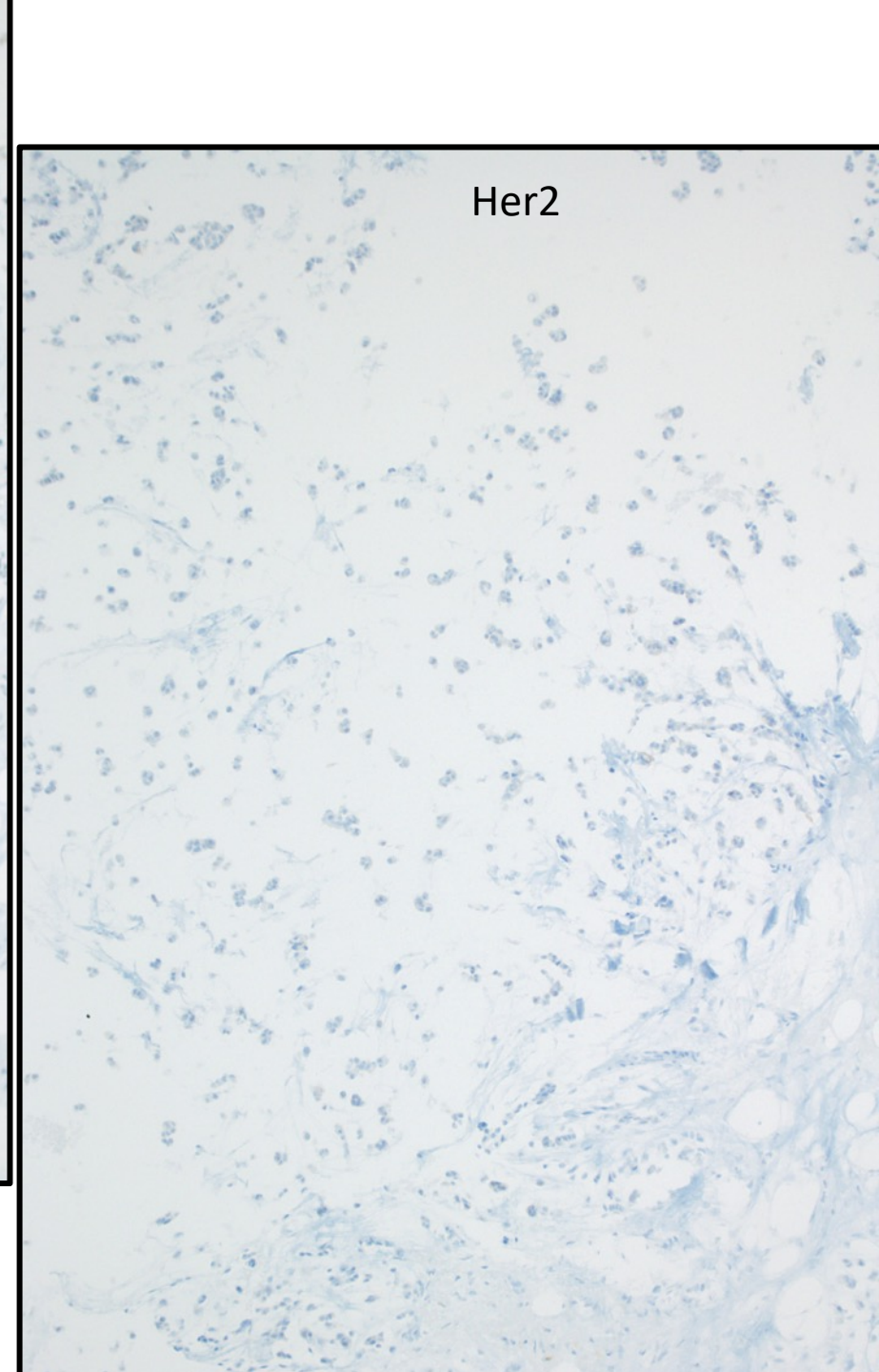
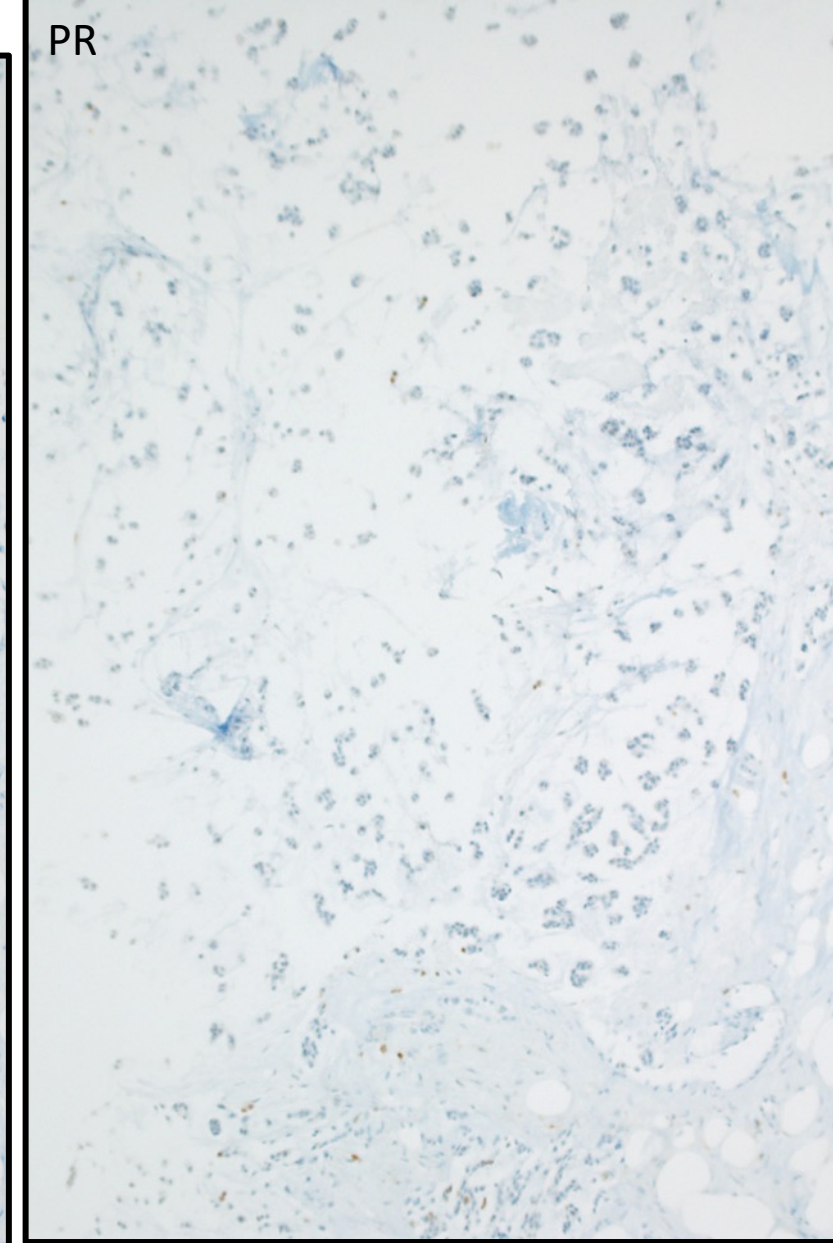
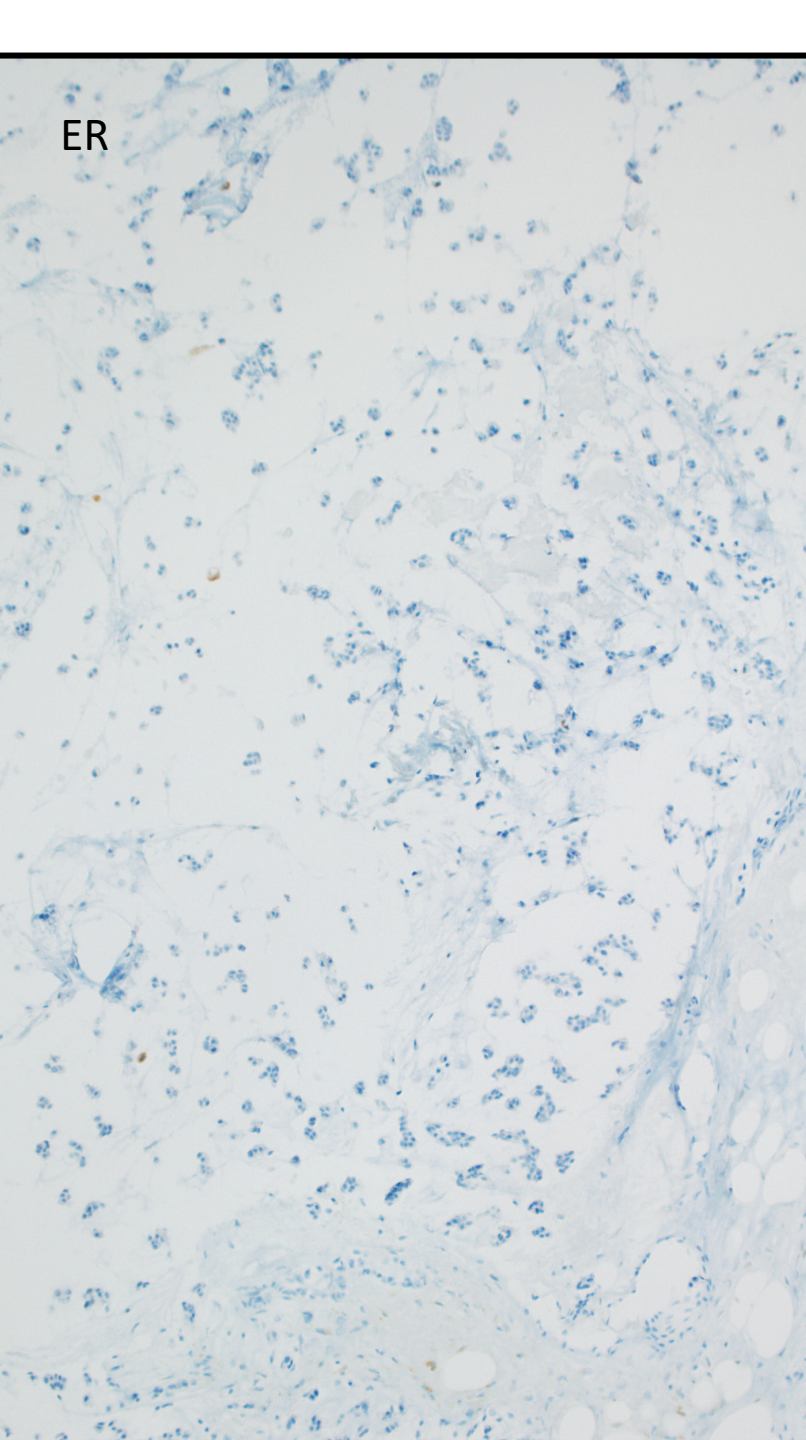
# ER PR IHC with endocrine therapy



Rosal. Breast Cancer Res Treat 2011;125:797-801  
Normal breast, 20 day course

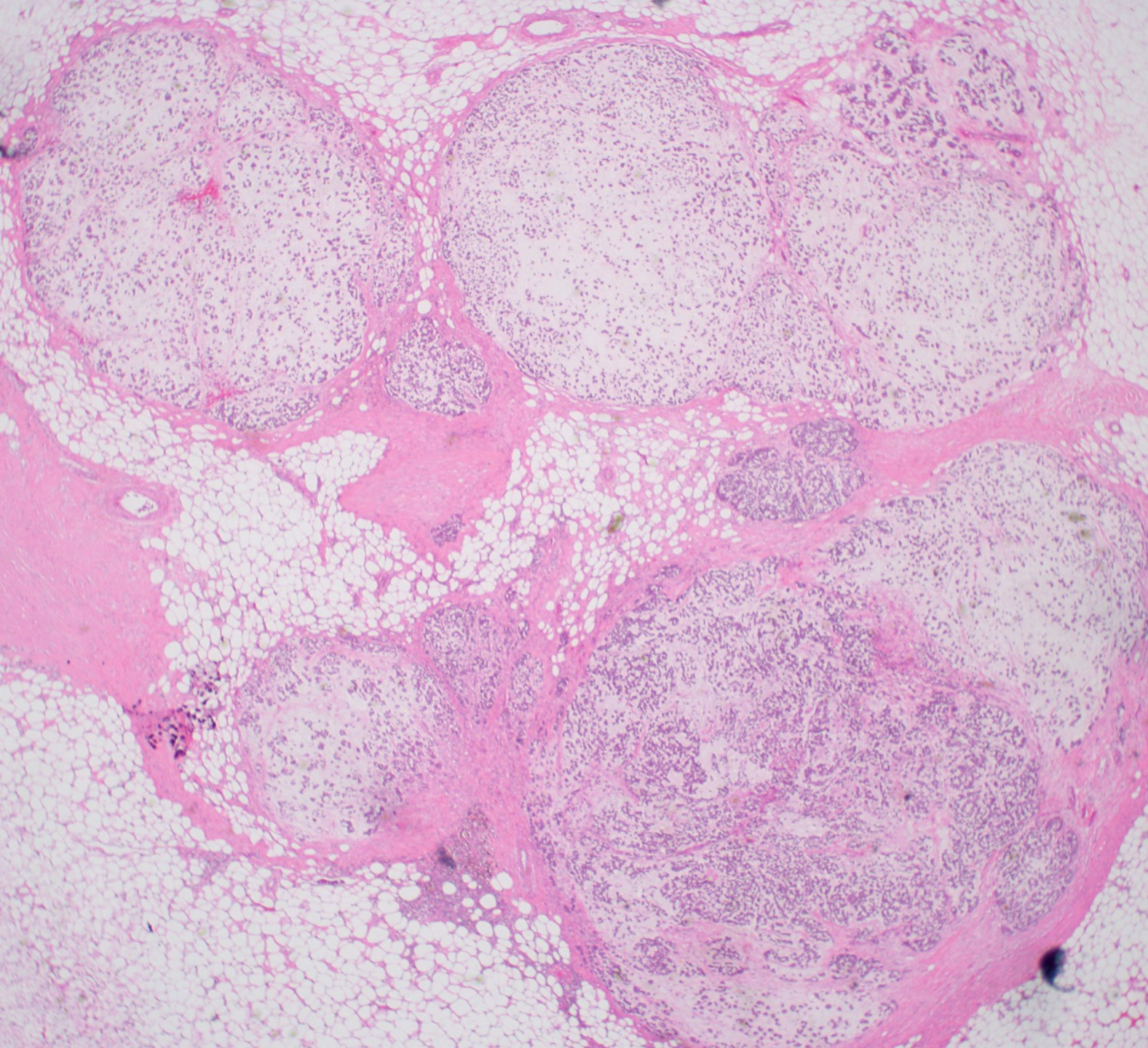


Mucinous carcinoma; 1.1 cm



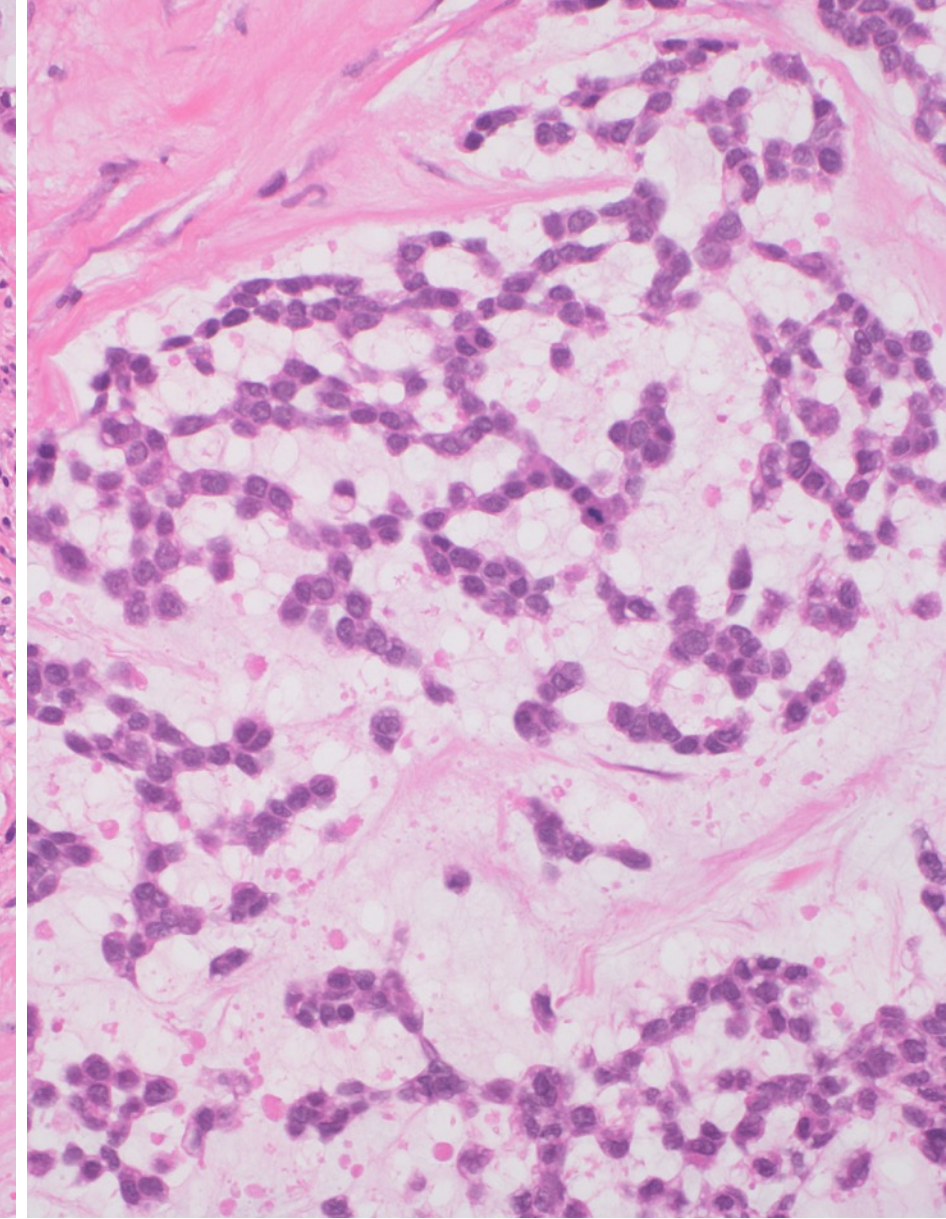
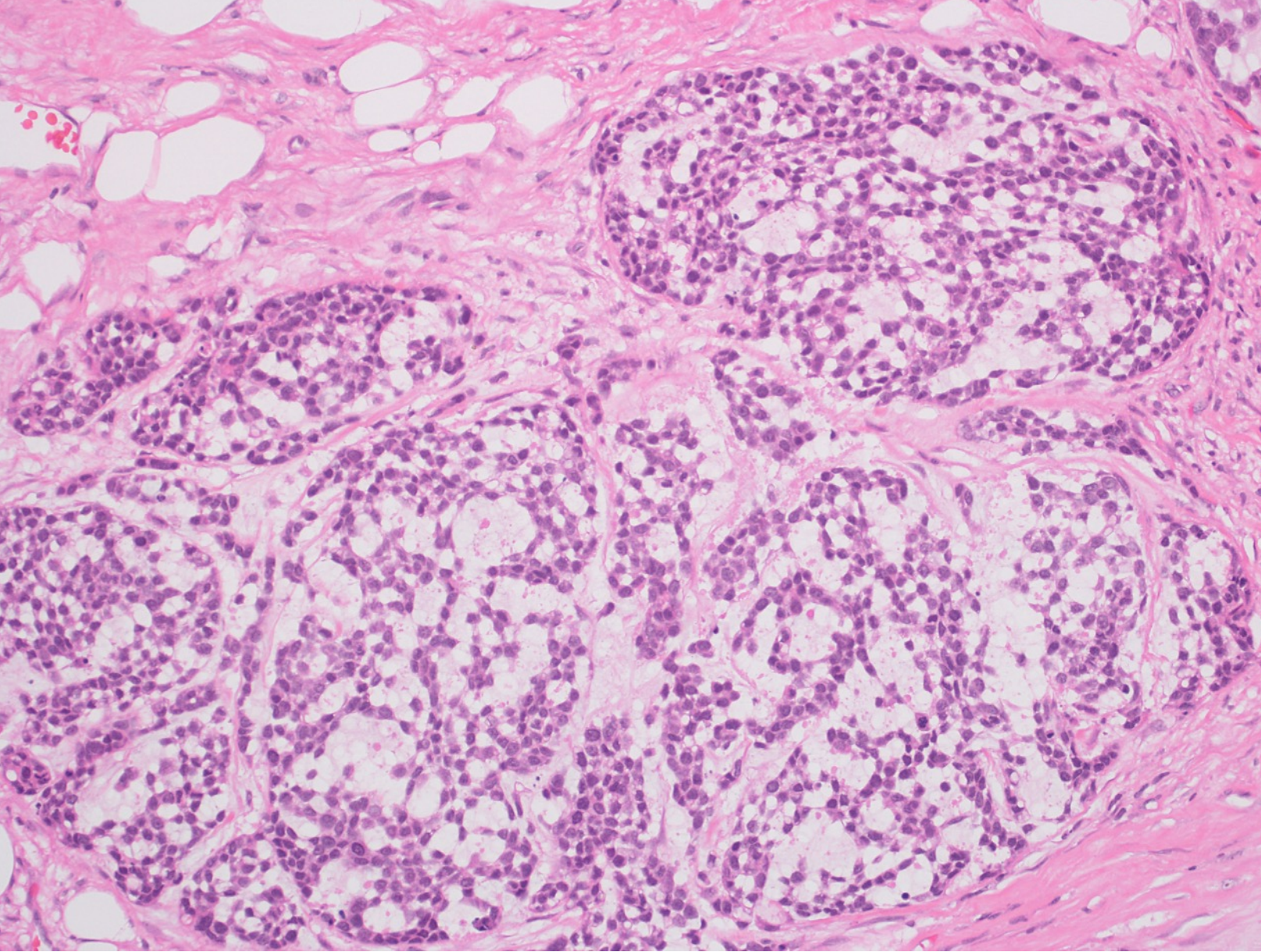
Internal controls +  
Now what??





## Resection

- Multinodular
- Hypo/Hypercellular areas
- ER-
- PR-
- Her2-



LG metaplastic “matrix producing” ddx: of salivary type/myoepithelial; has recurred

# ER: histologic concordance

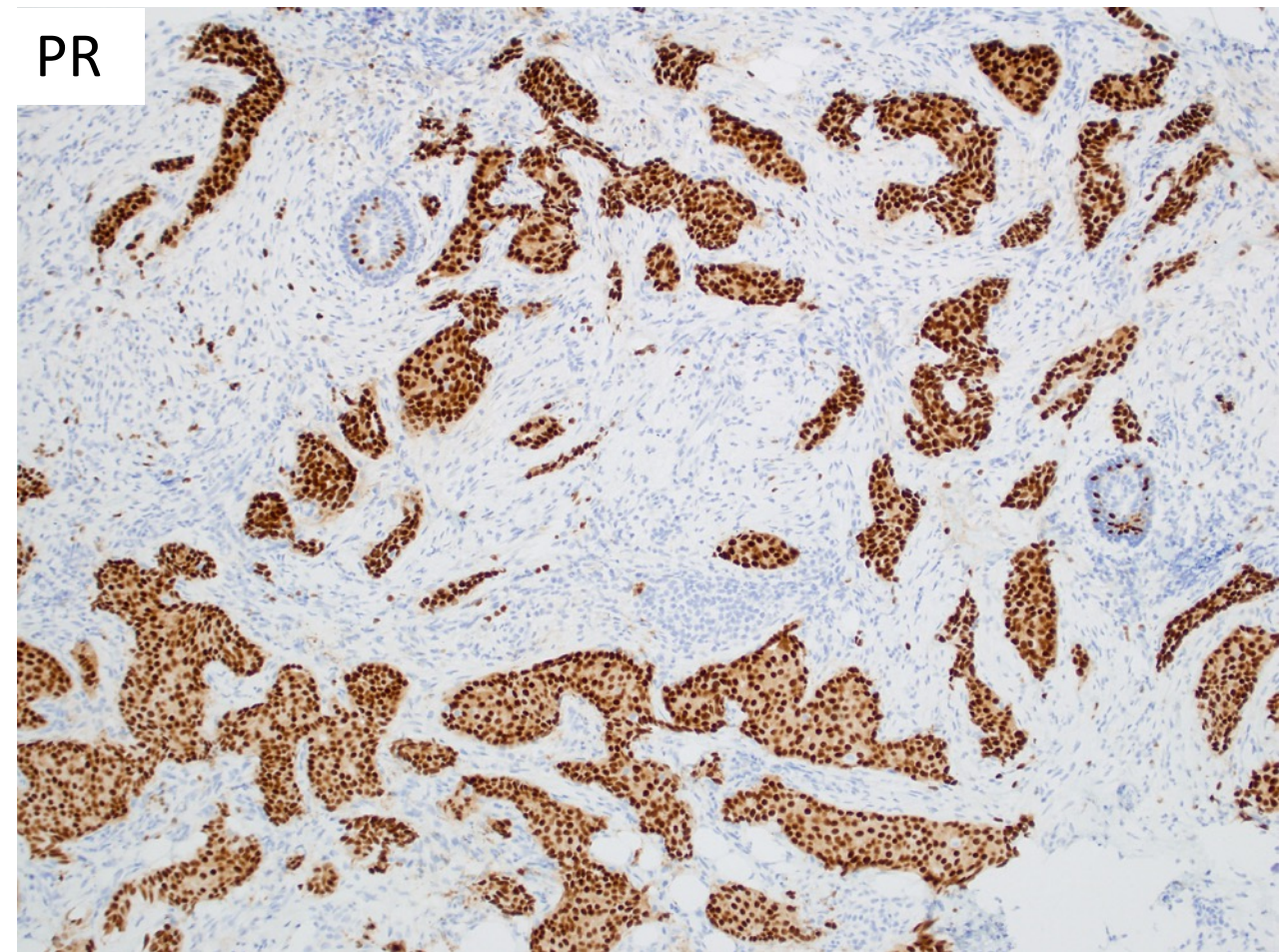
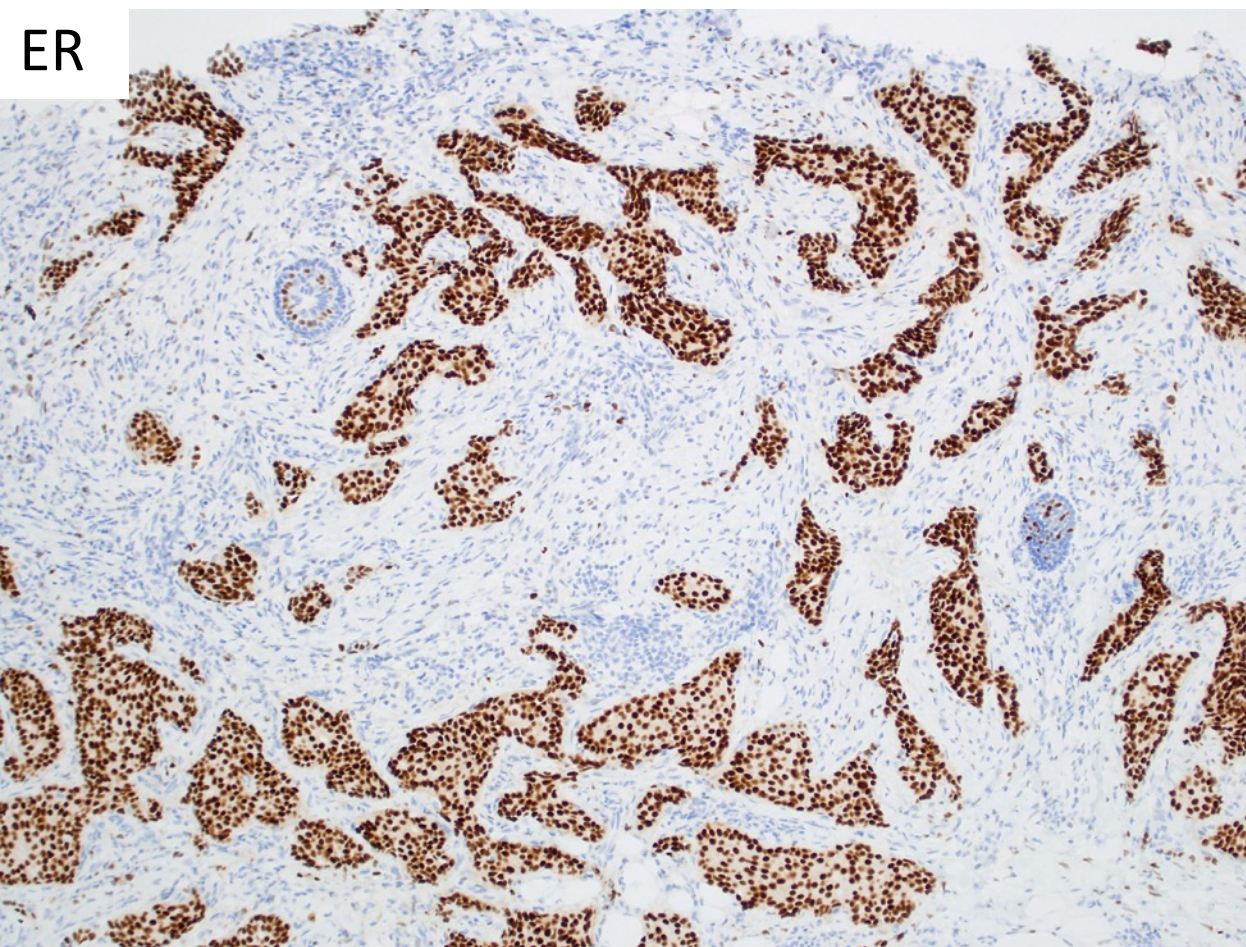
## Expected ER+++

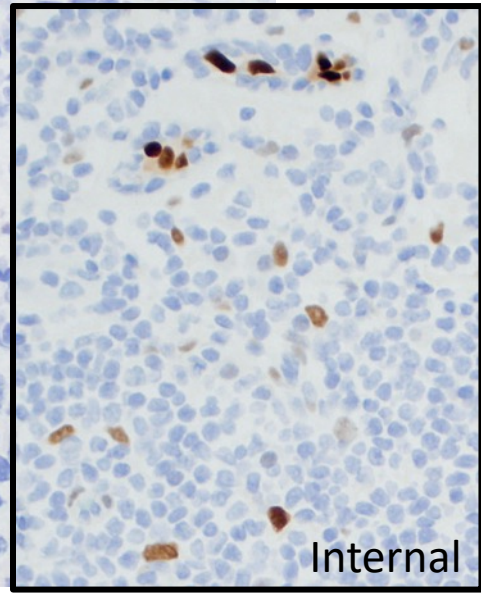
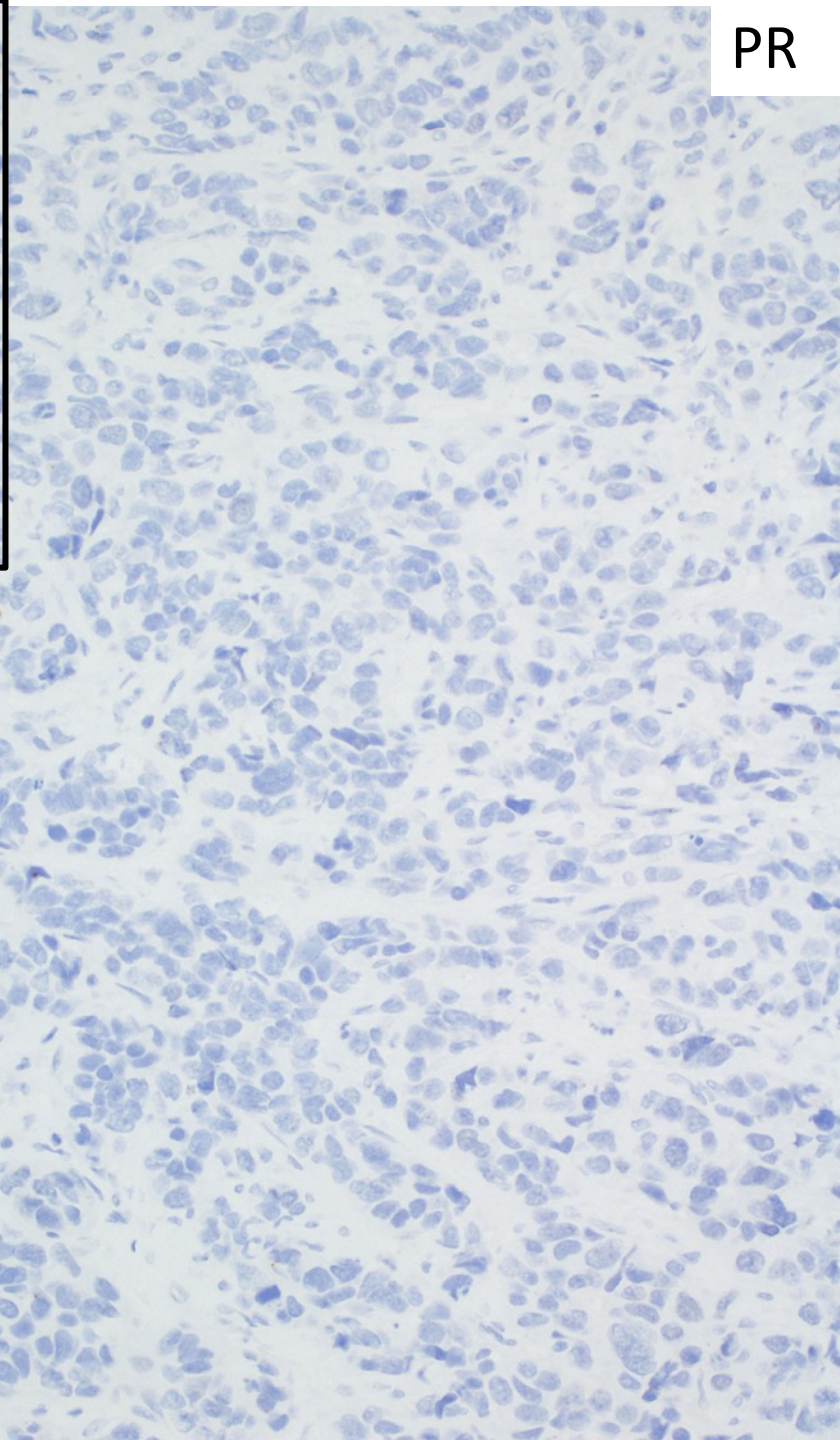
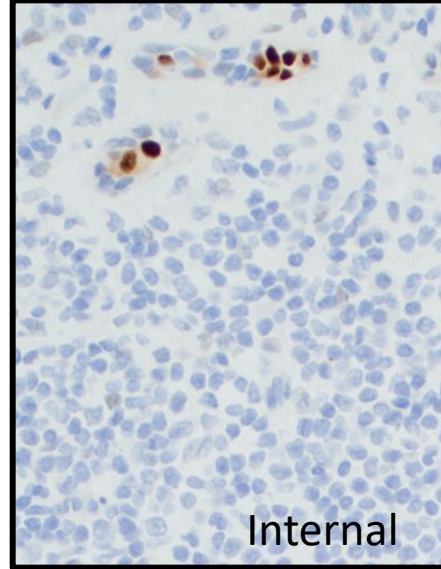
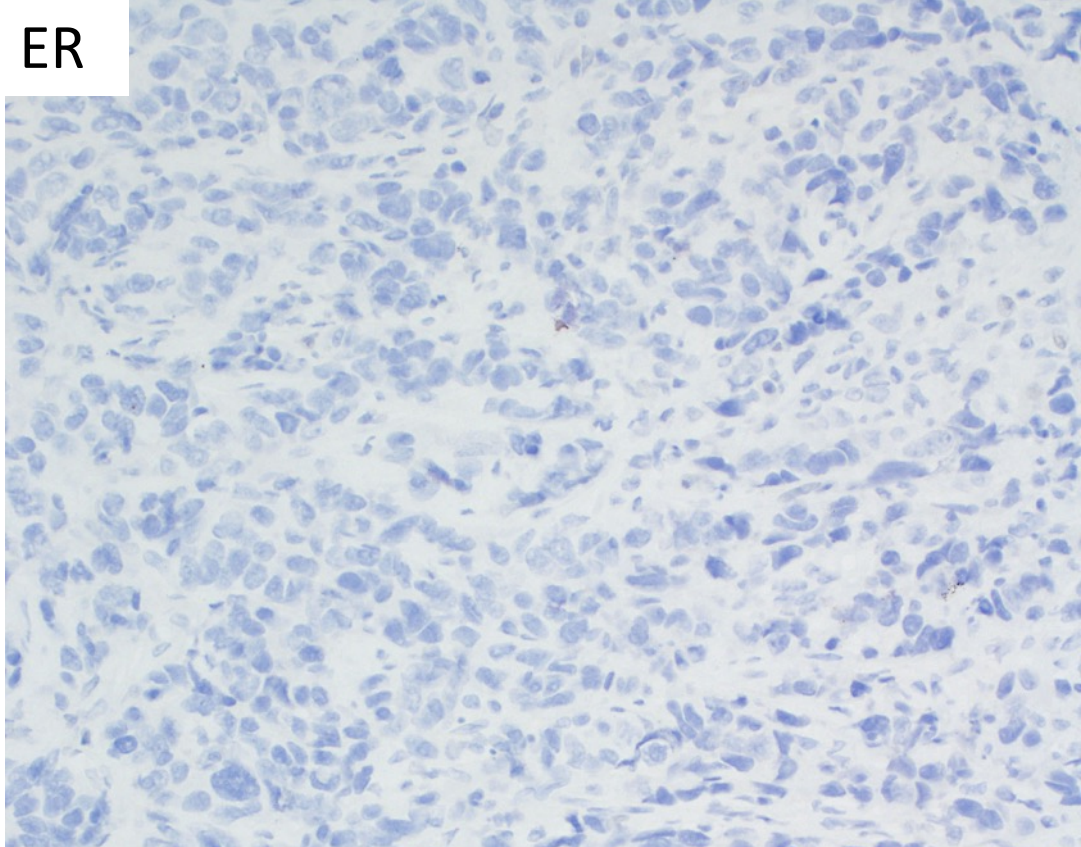
- Low grade IDC
- Classic ILC
- Mucinous
- Tubular
- Cribriform
- Low grade DCIS
- Encapsulated/solid papillary

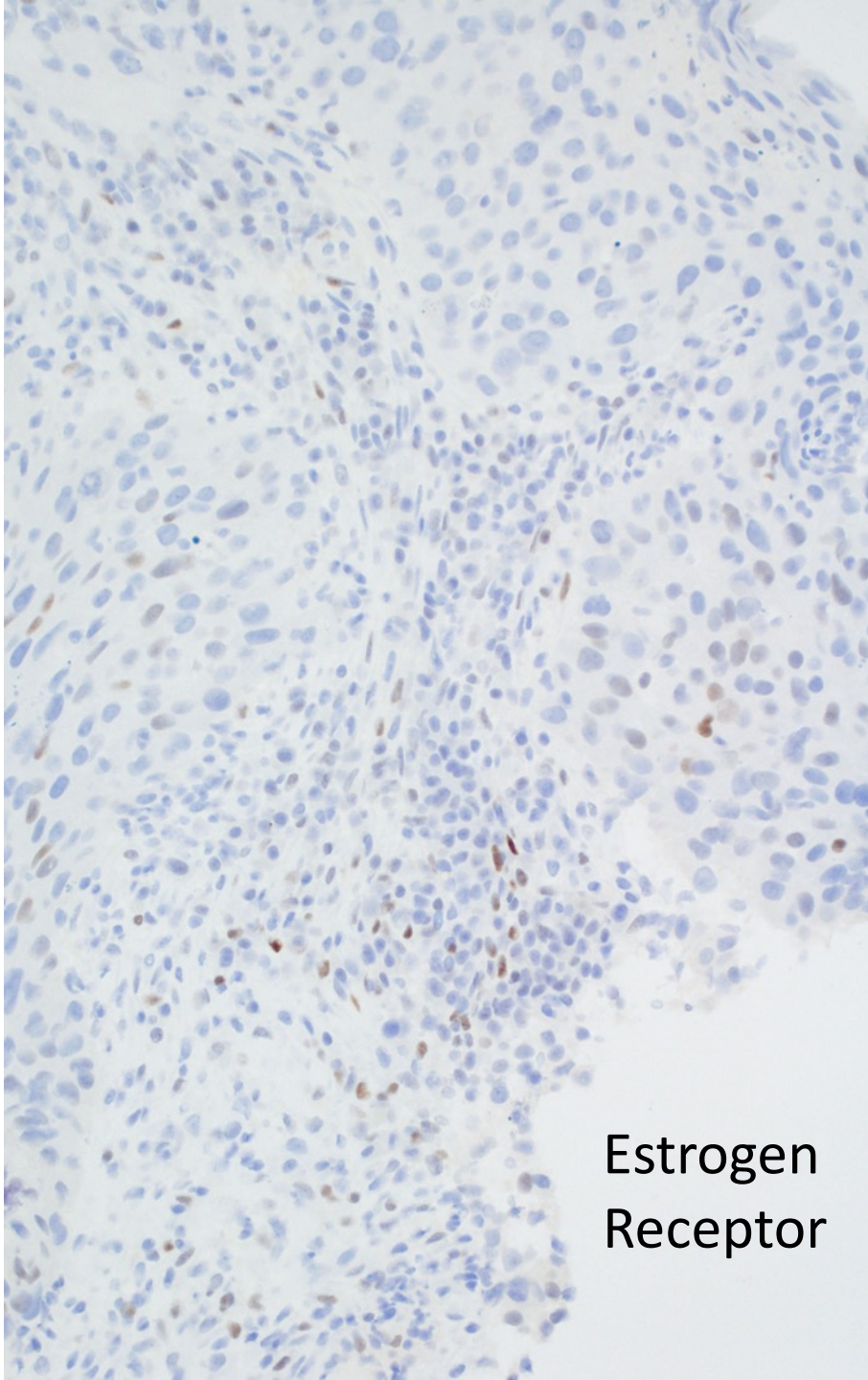
## Low grade, but expected ER-

- Adenoid cystic
- Secretory
- Metaplastic
  - Low-grade adenosquamous
  - Well-differentiated squamous
  - Low grade fibromatosis-like
- Low-grade apocrine
- Microglandular adenosis (not carcinoma!)
- Metastasis (Gyn ER+)

# ER & PR in real life



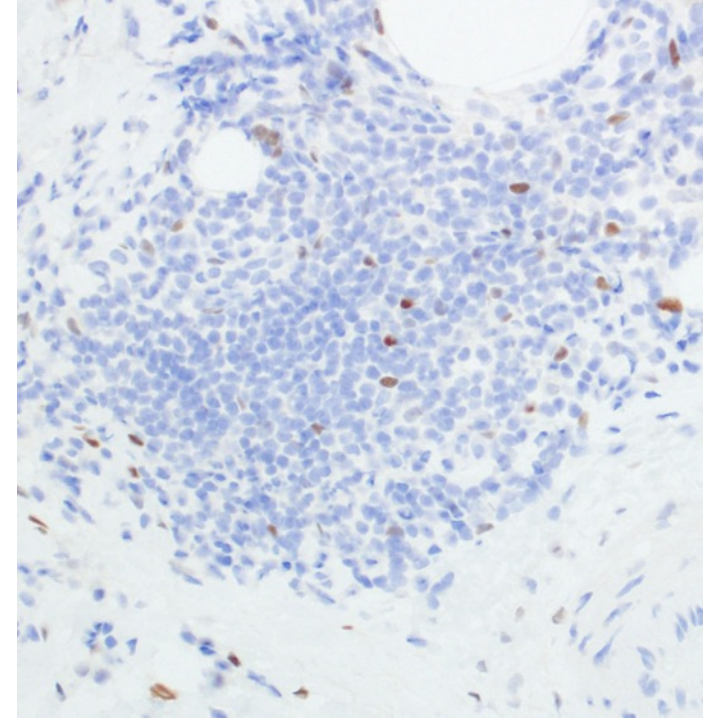
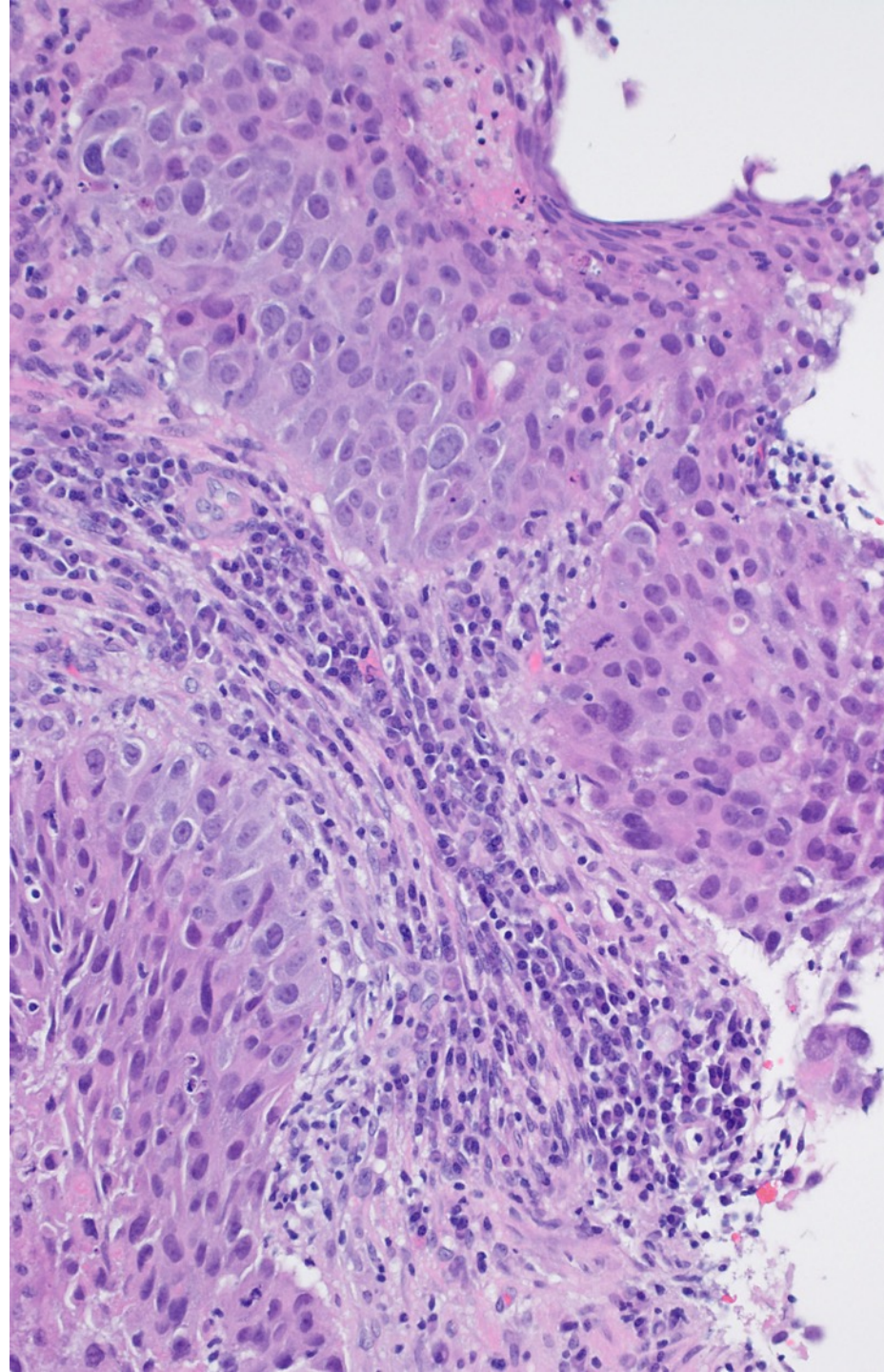
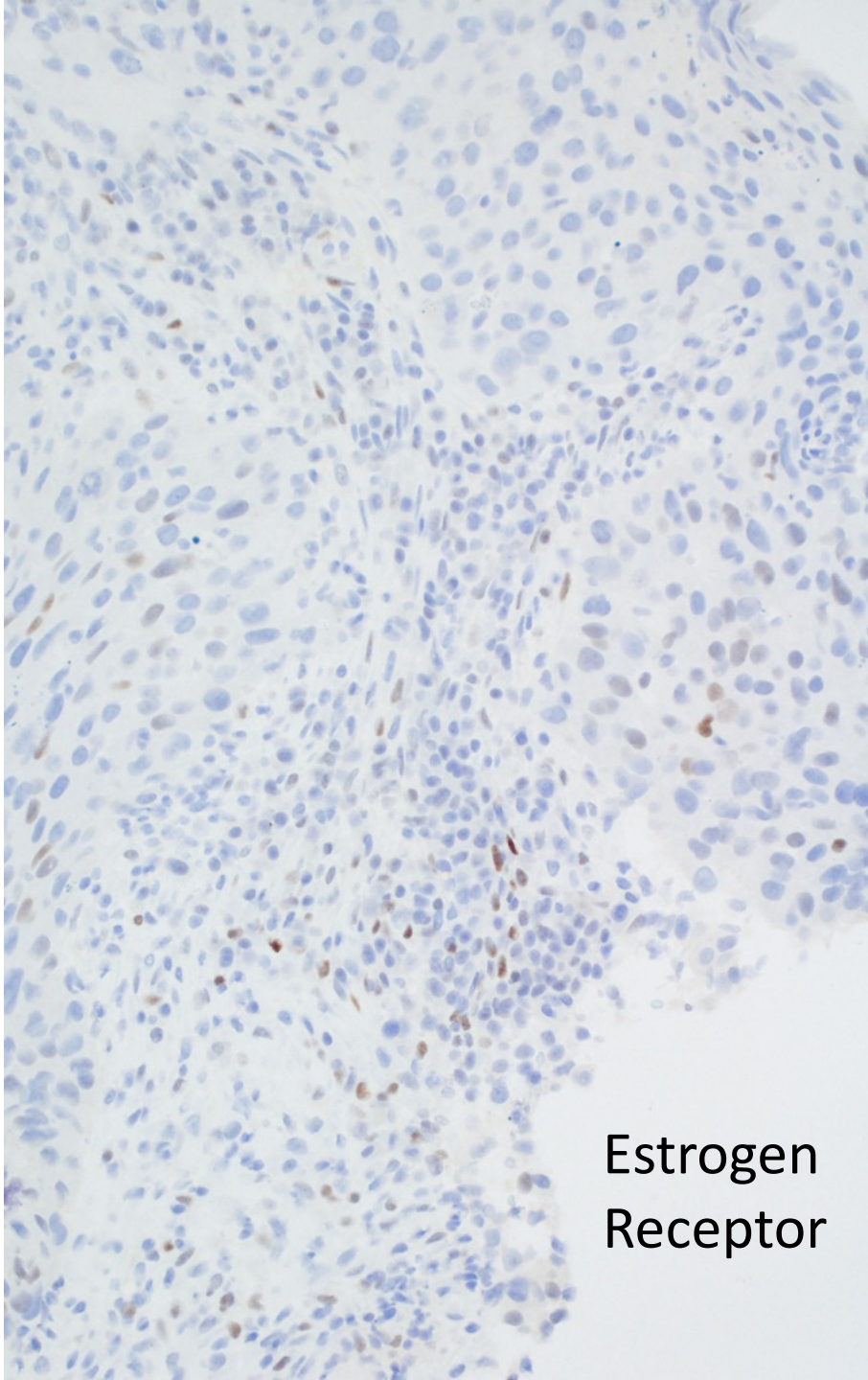




Estrogen  
Receptor

How would you score this ER?

- A. Negative (0 to <1%)
- B. Low Positive (1-10%, weak)
- C. Positive (10-50%, weak)



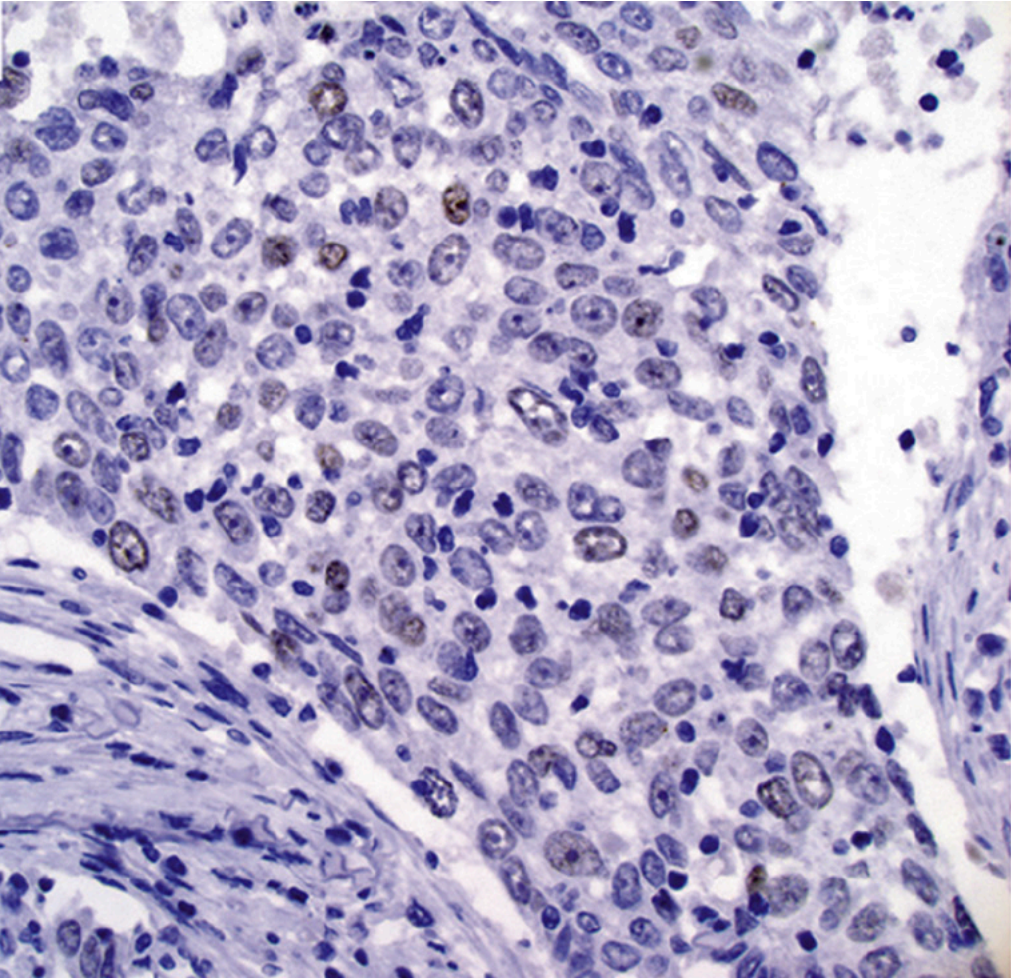
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Allison. *Arch Pathol Lab Med.* 2020;144:545-563

Winters C, Allison KH, unpublished





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Allison. *Arch Pathol Lab Med.* 2020;144:545-563

Allison KH. *Surg Pathol Clin.* 2018;1:147-76

# ER PR: consider retest on surgical specimen

- Initial core biopsy result is borderline, insufficient (or very small), equivocal, unusual
- Result discordant with histologic or clinical findings
- Heterogeneity of grade or morphology on surgical sample
- Questionable specimen handling of initial core (long ischemic time, short time in fixative, alternative fixative used)
- Stanford practice, also retest:
  - Core results from outside lab
  - Post-neoadjuvant chemotherapy

# ER PR: recap

- Perform and report hormone receptor studies as per ASCO/CAP guidelines
  - Attention to pre-analytic (fixation/ischemic time)
  - Attention to internal and external controls (esp. on-slide)
  - Positive threshold:  $\geq 1\%$  of tumor nuclei
    - **New Low Positive category: 1-10+% tumor nuclei, and lab SOP's**
      - May behave more similar to ER-negative; clinicopathologic correlation needed
  - Report % positive nuclei and intensity
  - Proficiency testing, pathologist concordance, benchmark data
  - Test validation

END